



Abundance Autobiography

Personal Money Excavation

Where we are going should have nothing to do with where we have been. Except that it often does. Most of us are making money decisions from a place of fear, not a place of power. This Personal Money Excavation is a deep dive into the foundation of your money beliefs.

Save this worksheet in your Money Mindset Journal.

Please answer openly, honestly and free from judgement.

Make a list of 30 significant money memories from your life.

Yes, 30!!

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