

10 TIPS FOR DOING A 1-2-1



- i) **Introduce** yourself & your Community Sponsorship group.
- ii) Explain why you are meeting with them e.g “We’re looking to talk with others in the community to tell them about the project and hear their thoughts on it”.
- iii) Give them a broad structure e.g “I’ll tell you a bit about me and why I’m doing this, then I’d love to hear about you.”
- iv) Share with them why you’re involved in the community sponsorship project. Draw on your personal story and personal reasons that motivate you. The other person will mirror your level of honesty and depth.
- v) Ask them to tell you a bit about themselves. Let them talk.
- vi) Ask ‘**why?**’ questions. Find out how they feel about the community, social issues, the refugee crisis etc.
- vii) Update them on what stage the community sponsorship project is at and what the group is working on.
- viii) Agree any **next steps**: Are they interested? Do they want to come along to the next session? Is there another way they might like to be involved? It’s fine if they don’t want to. Who else in the community do they think you should meet?
- ix) Thank them – get their contact details if necessary.
- x) Afterwards **ask yourself**: “Do I know what motivates that person?”

Tip: A 121 should be around 30 – 45 minutes.

While the above tips are useful as a guide, don’t let them get in the way of having a natural conversation!

Introduce myself and my Community Sponsorship group:

Why I’m involved in the community sponsorship project:

Questions I could ask about their views on community, social issues, the refugee crisis:

Any stories I can tell about the community sponsorship program:

HANDOUT