



IPEC Module 1 Video 3:

Intro to Intimacy Coordination

Resources

SAG-AFTRA Production Resources for Intimate Scenes:

- SAG-AFTRA has many resources for actors to protect themselves during scenes with simulated sex and nudity including but not limited to:
 - 2020. [Sex, Nudity, and You](#).
 - We recommend bookmarking this page for future reference.
 - 2020. [Quick Guide for Scenes Involving Simulated Sex and Nudity](#).
 - We recommend bookmarking this page for future reference.
 - 2021. [Casting Director's Guide for Casting Roles with Intimate Scenes](#).
 - 2023. [Recommended Standards for Qualifications, Training & Vetting of Intimacy Coordinators](#).
 - 2020. [Standards and Protocols for the use of Intimacy Coordinators](#)
 - 2020. [TV/THEATRICAL CONTRACTS](#) .
 - 2020. [Theatrical / Television MOA](#)
- As of 2024 Intimacy Coordinators are now recognized as union members with SAG-AFTRA! Read about it [here](#). (Contract pending as of January 2024)
- Please note: SAG-AFTRA does not define simulated sex or nudity on their website.

Accreditation Questions (Quiz in Teachable)

- What is an intimacy coordinator?



- What is SAG-AFTRA?
 - Why is it important to know about SAG-AFTRA?
- What does an intimacy coordinator do?
- When do you need an intimacy coordinator?
- What are the recommended standards and training for intimacy coordinators?
- Why are intimacy coordinators important in pre-production, production, and post production?
- Give an example of how intimacy coordinators are advocates, liaisons, and choreographers/coaches in the filmmaking process.

Self-Reflection Questions

- Consider what it is like to work in the film industry. What elements of the industry affect consent and power dynamics? How do you think having an intimacy coordinator in the process would affect those dynamics?
- What are some other examples of moments where production, an actor, or a director may want to hire an intimacy coordinator?
- From the listed areas of recommended standards and training for intimacy coordinators - what areas do you feel robustly prepared for? What areas do you feel you need more practice in? What questions are coming up for you around your training journey?
- What are some ways intimacy coordinators can advocate for actors and crew?
- What are some ways intimacy coordinators can support the process of film making as liaisons between departments?
- What are some ways intimacy coordinators can support the process of filmmaking as choreographers/ coaches?
- How do you feel so far about the job of being an intimacy coordinator? Take some time and imagine you in this work.



- Some prompts you might want to use to guide you are:
 - What elements inspire you?
 - What elements are new to you?
 - Does any element of the job make you nervous?
 - What things do you know?
 - What things do you not know?
 - What things do you not know you don't know?

Embodiment Exercises/Questions

- Imagine what it is like to be an actor on a film set. What things come up in your body?
- When looking at the recommended standards and training for intimacy coordinators list and reflecting on your personal experience so far - how are you feeling in your body? Are you noticing any patterns around how you feel when reflecting on your journey ahead?
- Based on what you know about the history of acting, film, and consent, why do you think an intimacy coordinator could be a valuable asset in the filmmaking process? Check in with your body. What is coming up for you? Are you experiencing any thoughts, feelings, or emotions? Notice them with curiosity.
- When I imagine myself in the role of an intimacy coordinator, how do I want to feel in my body?