

Continuing Education- Essential Oils Resources Links

Once you invest in your health and start your journey with essential oils, the learning opportunities are endless. With the rising awareness in the awesome benefits of bringing essential oils into your daily routine, more and more resources are being created!

Below are some of my favorite resources that have gotten me started and have helped me continue growing my knowledge of how to best use my oils. It is a lot, so don't get overwhelmed. Start small and add to your resources as you see necessary. I started with the Modern Essentials app and only used that for my first year. You can search each oil individually to find out its benefits and uses OR you can search your ailment (mosquito bite, cough, acne, etc.) and it will give you recommended oils and how to use. Super easy!

Apps-

[Modern Essentials](#)

Books-

[Modern Essentials](#), [Emotions & Essential Oils](#), [The Essential Oils Hormone Solution](#)

Accessories-

[AromaTools](#)

Online Communities-

Personal Use:

[Beret Jane Aromatherapy Community - Facebook](#)

[Beyond Lavender Education, Inspiration, and Support - Facebook](#)

[Thrive Journey Essential Oils Community - Facebook](#)

Business:

[Beret Isaacson Biz Builders - Facebook](#)

[Beyond Lavender Biz Builders - Facebook](#)

[Thrive Journey Builders Group - Facebook](#)

Online Resources-

[Daily Mentor Calls - Business Building](#)

