



Cupping Dynamix, LLC

Course title:	Level 1: Foundation of Therapeutic Cupping
Continuing education hours:	7
Instructors:	Amber Wodtli, LMT, BCTMB #1606 Kellie Chamber, LAc., MAOM
Phone:	541-678-4212
Website/E-mail:	www.cupping-dynamix.teachable.com / cuppingdynamix@gmail.com

Cupping Level 1 - Introduction to Therapeutic cupping

Course Description:

This course will prepare the student to gain the knowledge and understanding of Cupping Therapies, and gain confidence to utilize cupping into your lifestyle. *We advise licensed practitioners to take a physical/live class for proper application of manual technique before offering this treatment to patients/clients.

Focus of level 1:

- The history of cupping -Eastern theory with western adaptation
- Indications/contraindications
- Benefits on lymphatic system, dermatome layer, and soft tissue
- Types of cupping (silicone, glass, plastic)
- Skin discoloration and tissue assessment
- Effects/benefits
- Sanitation/safety

Learning outcomes:

The student will be able to:

- Understand the indications and contraindications of bodywork cupping
- Identify and assess the discoloration of the tissue and the texture changes
- Understand and communicate the benefits and effects of cupping
- Implement proper sanitation and safety procedures
- Perform Therapeutic cupping and evaluate the results

Copyright © 2022 Amber L Wodtli & Kellie Chambers

All rights reserved. No part of this class content may be reproduced in any form, except for the inclusion of brief quotations in review, without permission in writing from the authors.