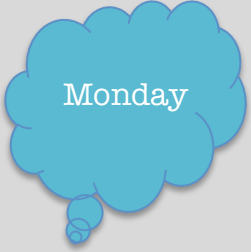
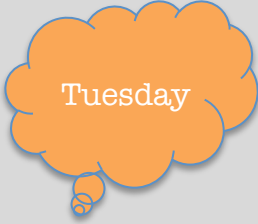

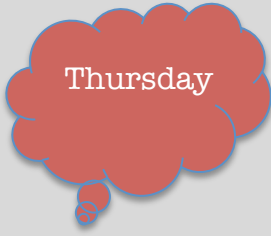



Directions: Use this graphic organizer to document how you feel each day. Be sure to use descriptors that will capture all of your feelings for that time period.

Teacher Burnout Reflection Page

Discussion Questions	 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
Before school I feel...					
During school, I feel...					
After school, I feel...					