

# LESSON 8 STRATEGIST GUIDE QUESTIONS

THE WOMAN SCHOOL

## LESSON 8

### BECOMING AWARE OF OUR OWN ROADBLOCKS

#### QUESTIONS TO GUIDE THE CONVERSATION

1. Do you like the woman that you are striving to become right now?  
What do you like and not like about yourself?
2. Do you have a disposition of humility (regardless of age) that allows you to be open to growing?
3. If you were sincerely honest, would the people around you consider you humble because of your eagerness to listen, learn, and continue your growth?
4. Who are the women that ruffle your feathers and occupy your mental space?  
What is it about them?
5. Knowing we never arrive, are you mindful and intentional about developing your self-image?
6. Do you unconsciously struggle with comparing and judging other women?
7. How is the 'comparison' culture affecting women today?
8. Do you know how to compliment women? Do the people around you feel appreciated by you?
9. Are you open to learning something new even if it makes you feel uncomfortable?
10. Do you feel the need to be right and have all the answers all the time?  
Are you willing to admit that you don't know?
11. How is pride affecting your relationships? What is one concrete skill that will help get rid of this roadblock?