

Amber Wodtli, LMT, BCTMB
Owner

With over 17 years of experience, Amber's expertise in teaching and practicing the art of massage ranges from deep tissue sports massage and myofascial release, to neuromuscular therapies and therapeutic cupping. Her main focus in bodywork is geared toward working with amateur and professional athletes, as well as educating clients on the benefits of recovery and self-care.

As an 11 year teacher in the massage department at Central Oregon Community College, Amber's dedication to her students and their educational experience is held in high regard. Her educational focus ranges from fundamentals of therapeutic bodywork, sports massage, ethical practices, effective office decisions, community outreach, and research development. She started teaching therapeutic cupping classes in 2009 with the intention of creating awareness and resurrecting an ancient art for alternative care practitioners to experience and explore. In 2012 she joined forces with Kellie Chambers, L.Ac. to create Cupping Dynamix; educating health care professionals in the art of Cupping and Gua Sha, integrating both Eastern and Western theory.

Her passion and continued pursuance of knowledge concerning the body—its symmetry and structure - is not only evident in her practice and her teaching, but also in her way of life.

