

You may recall in my introduction to this course, speaking about my song 'Find Myself In You'. I talked about feeling a strong desire to know more about this concept of finding myself in Christ, even after having released the song. Not that we are lost in Christ as believers, but that there is so much more we can be in Him.

This began my meditation journey. Through meditation came countless content, including this course, as I learned to listen to the voice of the Holy Spirit, asking specific questions for purpose and direction. Mind-blowing!

One day it came - the meaning of 'Find Myself In You'. He took me to the dictionary to search for the definition of the word 'find', then gave me the revelation.

A Google search showed 'find' to mean 'recognize or discover (something) to be present'. Therefore in order to find something, it would have already had to be there. God has already given us everything we need for life and godliness - 2 Peter 1:3. It is hence up to us to simply find it in Him!! Is that not powerful? Our identity, authenticity and so much more are already in us and we find them in and through a relationship with Christ. Not just head knowledge.

I hope you truly receive that revelation.

Below is an exciting exercise to illustrate this concept. It should stir you to want to go deeper in finding all you are in Christ, to meditate, be more and soar in Him.

This knowledge should help you peel away self-doubt, limiting beliefs, mediocrity, lies you tell yourself, as these diminish who God is in you and who you can be in Him.

Fill in as many elements of who you are in Christ as comes to mind, then answer the questions below. I have filled in four for you. Now, your turn...

I FIND (discover that which is already present)

MY:

identity worth wisdom love

IN YOU JESUS

For the elements listed, answer the following questions.

How do you envision your life to be if you were truly living this? How will it be different?

What will you do to make it happen?

Make a promise to yourself to believe that you are who you are in Christ. Find yourself, each element in Him. His Word says when we ask it is given, when we seek we will find and when we knock the door will be opened -
Matthew 7:7

By the way, please feel free to watch the music video to my song [here](#). I pray you will be blessed.