



STEP FOUR

PILLAR 3

STAGE: ACTIVATION

Pillar Three: Connection

Contrast: Disconnection

Meaning: Once Peace and Love are understood - Attaining, maintaining and expanding true Connection is the Activation of a healthy, happy and purposeful life.

Mind: Connection

Contrast: Disconnection

Connection is primarily linked to:

- **Direction** - internal guidance;
- **JOY** in your external world - your compass; and
- **NOW** - letting go of the past and future, for all you have is Now.

Staying in a Connected state is vital for your self-awareness, which allows you to embrace your Peace and Love Energy, and allows you to truly be the Master of your choosing.

Body - General Health Pillar:

Brain & Neurological Integration

Contrast:

Brain Dysfunction

Meaning: Any form of Disconnection in the Brain and Neurological Integration can have a significant impact on the body. The Brain and Neurological Integration represents the nervous system and regulates our whole being. Once we see how your Brain Form, Electrical, Soul component and Control Switch are functioning, we can understand how your Connection process has been supporting you or letting you down in the past. It is critical to repair the Connections of the Brain and Neurological patterns for the ultimate in health, confidence and overall well-being for now and into your future.



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Soul - Energy Pillar: Confidence

Contrast: Despair

Meaning: To activate Connection you must sit with the purity of Confidence. To sit in a state of Despair shows that you have moved away from your Confidence in a situation. Maintain the Activation of your Mind, Body and Soul (or Joy) for the ultimate in Brain Health and Confidence in yourself and your life's direction.

Tool - Exercise: Manifestations review with your Practitioner / Positive language connections

Update your manifestation list every two months or after major wins or changes. Rewire your neurological pathways by maintaining awareness of the language that you use for yourself and others and be committed to being positive, grateful and uplifting.

CONNECTION ALLOWS FOR THE ACTIVATION OF LIFE

