



Lower Primary

Last Superhero Standing Game

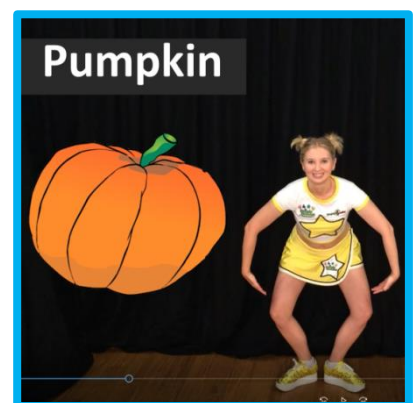
Learning Intention: *In this activity students will learn a sequence of movements to depict different fruits and vegetables.*

Resources:

- Last Superhero Standing Video
- Fruit & Veg Action Cards

What to do:

1. First print out the *Fruit & Veg Action Cards*.
For best results laminate first for durability.
2. Play the Last Superhero Standing Video.
3. Designate a dance area.
4. When the 'Yummy Vegies' Song plays, students will dance along. Teacher will need to pause the video and randomly select one of the Fruit & Veg Action Cards from the pile. The last student to form the action is out of the game. The eliminated student will stand outside the designated area and become a 'spotter' – using their 'superhero eyesight' to spot the last student to make the actions.
5. The game is complete when only one student remains – they win the title of the 'Last Superhero Standing!'
6. Once the game is complete, discuss how students feel after being physically active. Explain how dancing is good for the body and helps keep our bodies strong and healthy.



Extension activity:

Students can create additional actions for other fruits and vegetables. They will need to draw the action card to add to the pile!



Links to the Australian Curriculum

Year Level	HEALTH	Australian Curriculum Content Descriptors
P-2	Personal, Social and Community Health	<i>Contributing to healthy and active communities</i> Identify actions that promote health, safety and wellbeing (ACPPS006)
Prep	Movement and Physical Activity	<i>Learning through movement</i> Cooperate with others when participating in physical activities (ACPMPO12)
Prep	Movement and Physical Activity	<i>Explore how regular physical activity keeps individuals healthy and well</i> (ACPMPO10)
Years 1 and 2	Movement and Physical Activity	<i>Understanding movement</i> Discuss the body's reactions to participating in physical activities (ACPMPO28)

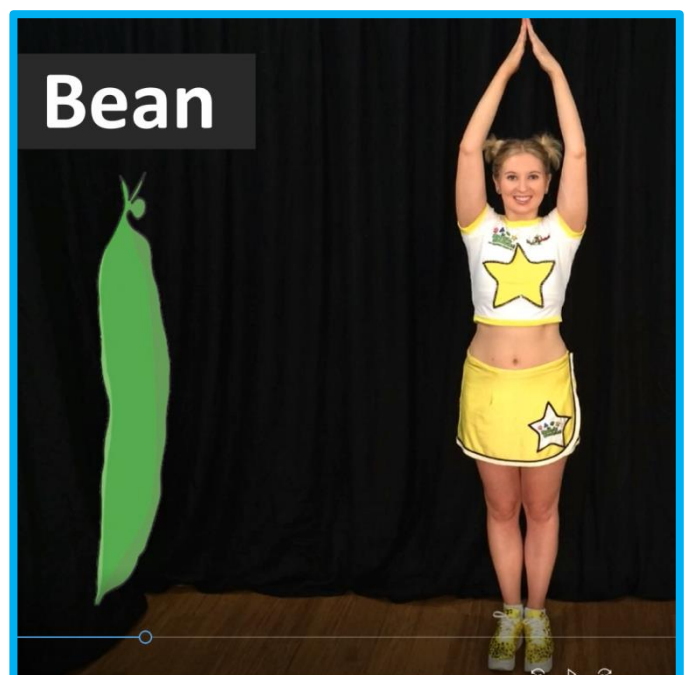
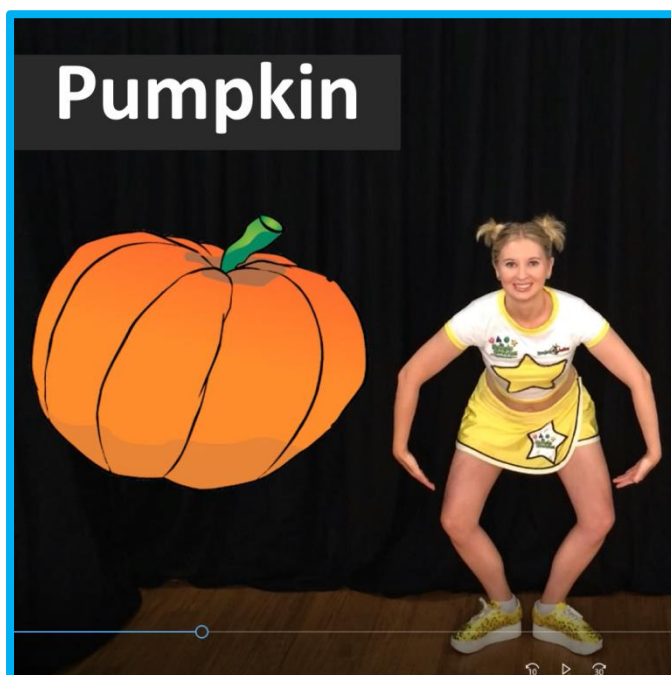
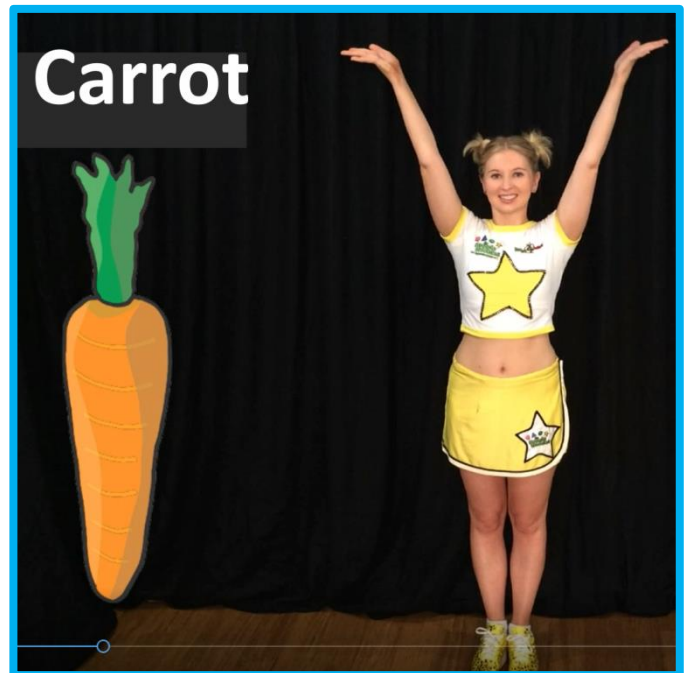
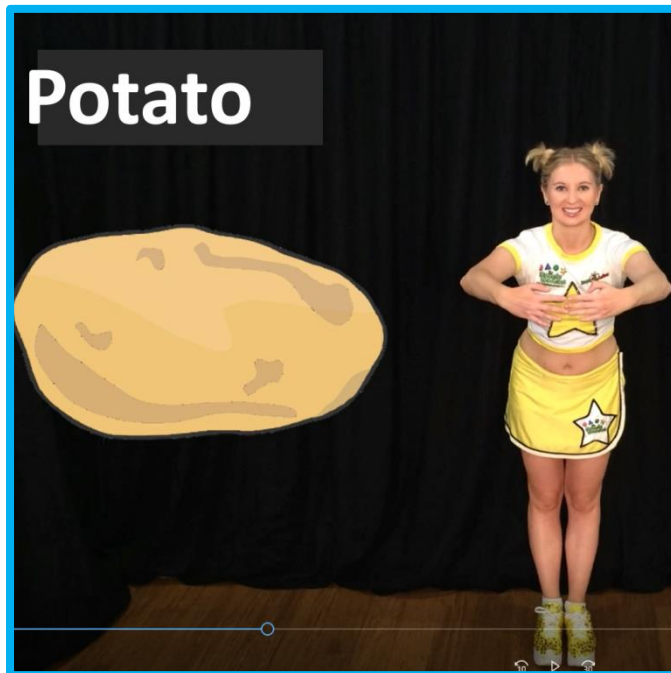
Year Level	THE ARTS	Australian Curriculum Content Descriptors
P-2	Dance	Explore, improvise and organise ideas to make dance sequences using the elements of dance (ACADAM001)

GENERAL CAPABILITIES	
Literacy	<ul style="list-style-type: none"> Engaging with a range of texts and gaining meaning through listening, reading and viewing
Numeracy	<ul style="list-style-type: none"> Using spatial reasoning
Personal and Social Capabilities	<ul style="list-style-type: none"> Supports students in becoming creative and confident individuals and manage their physical wellbeing Develop reflective practice Communicate effectively Work independently and show initiative
Critical and Creative Thinking	<ul style="list-style-type: none"> Organise and process information Transfer knowledge into new contexts



Fruit & Veg Action Cards (1 of 2)

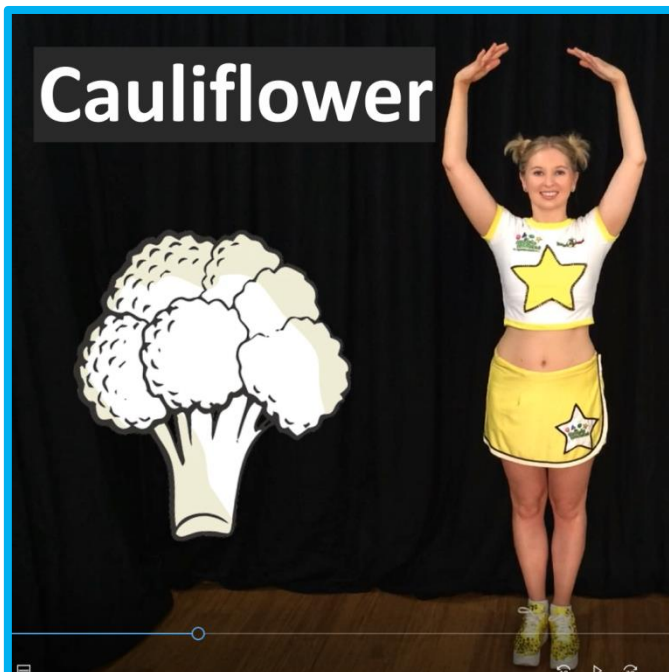
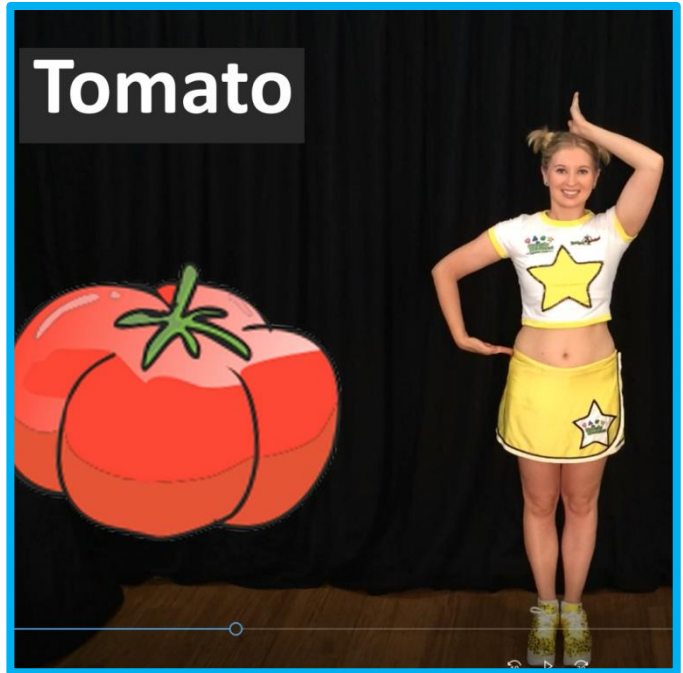
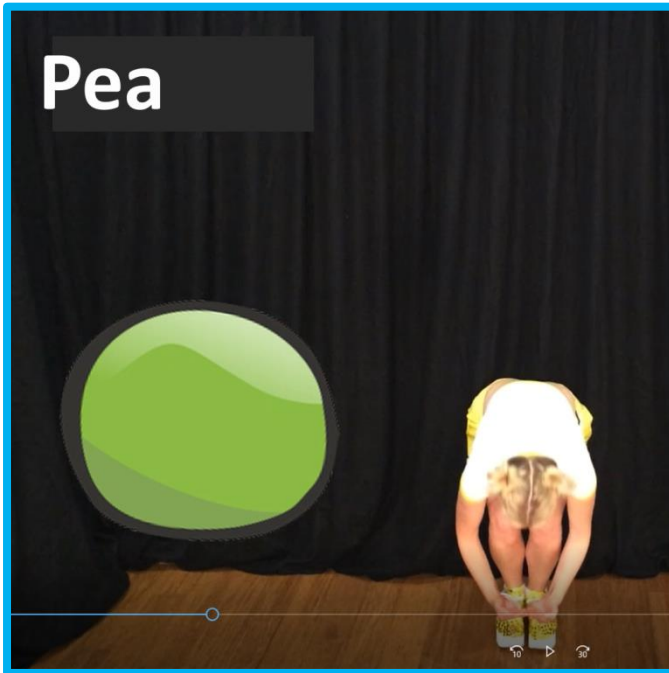
Print out the cards to accompany the 'Last Superhero Standing' Game. Laminate for best results and durability.





Fruit & Veg Action Cards (2 of 2)

Print out the cards to accompany the 'Last Superhero Standing' Game. Laminate for best results and durability.



ABOVE: Students can create additional actions for different fruits and vegetables and draw them on a blank card to add to the pile.