

STARTUP
ENTREPRENEUR
ACADEMY™

Setting you up for business success

Work-Life Balance Worksheet

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As you start to devise your ideal schedule, your answers to these questions will help in creating that life-work balance you're seeking.

1. What are your top three daily priorities? (spiritual, health, family, etc.)

A.

B.

C.

2. What does your current day look like right now from the moment you wake up to when you turn in?

3. How many hours can you devote to working on your business currently?

4. And in your business?

5. What are items you can afford to delegate personally and professionally?

6. What are items only YOU can do?

7. What are some extracurricular activities/hobbies that you'd miss if they weren't part of your daily or weekly routine?

8. Using the included fillable worksheet in this module, map out your ideal day incorporating your three priorities, necessary activities to build your business, and your day's start and end time. It can always change, but use this schedule to ensure you're not only getting items off your to-do list, but also making time for you, your family and your priorities.

Tisha Marie Enterprises

Empowering entrepreneurs to make their business happen.

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