

The Veil

This Veil Prewrite is designed to help you identify your current status as a “**Love Leader**” and then move you through obstacles along the journey. We don’t want to waste any more time toward LOVE Leadership. That’s why this journey is purposely intense. But take comfort in the fact, that it will yield immediate results. So let’s begin the work it takes to co-create a healthy transformation.

Throughout this 4 session journey, we challenge you to be open, be actively engaged and above all, own your truth.

Directions: Complete the following worksheet to account for your truth. Be prepared to discuss your responses during our first session.

On a scale of 1 to 5, How inundated do you allow yourself to be in the LOVE process? (*where 1 is closed off, 3 is cautious and 5 is completely open*)

Describe the most challenging obstacle to being totally immersive in LOVE. Include specific details to support your response and the rating you chose above.
