

SPECIAL TIME WITH TODDLERS

Special time boosts connection, trust, emotional literacy and cooperation.

Positive Parenting Connection - Ariadne Brill

Toddlers thrive when given special attention each day to play and discover with you. These simple activities can help you jump start special time, then follow your child's lead.

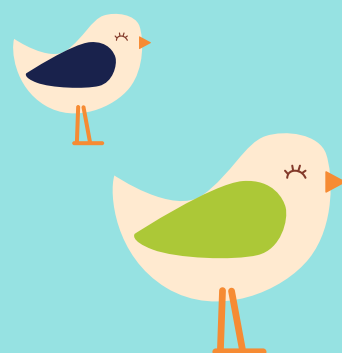
1 BLOW BUBBLES

Catch bubbles by clapping, jumping high, running and walking. Take turns with the wand.



2 WATCH CLOUDS

Look for airplanes in the sky, butterflies, birds, bees and flies. What else do you see and hear?

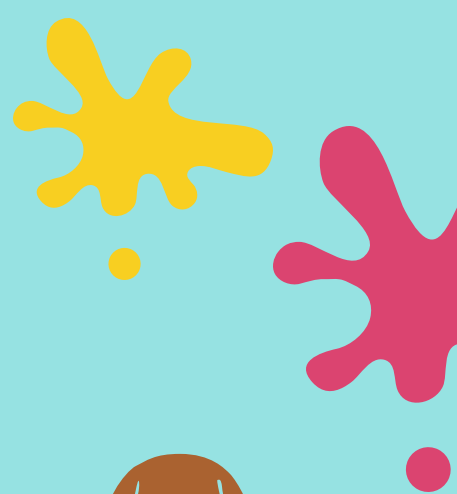


3 COLLECT ROCKS AND LEAVES

Take a walk outside together, touch and feel the textures, look for colors like blue, red and green.

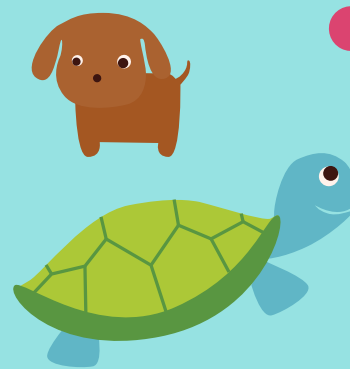
4 PUSH YOUR CHILD ON A SWING

Climb on the slide, step into the sand, play a game of chase. What makes your child giggle?



5 PRETEND TO BE ANIMALS

Crawl like a turtle, roar like a lion, run like a puppy, cuddle like a kitten.



6 SING AND MAKE MUSIC

Clap your hands, stomp your feet. Shake, shimmy, sing. Follow the beat play on a drum, have some musical fun.



7 ROLL AND TOSS A BALL

Bounce it, pass it, hide it, roll it all over the ground.



8 SPLASH SOME WATER

Fill a bucket or a little pool, measure, squish and splash. Spend time together, playing, giggling, having a blast!

