

## THE POWER OF A GENTLE ANSWER

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“A gentle answer turns away wrath . . .” - Proverbs 15:1 (NIV)

“Be angry and do not sin.” - Ephesians 4:26a (ESV)

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

- Matthew 11:28–30 (NIV)

“The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.” Galatians 5:22–23a (ESV)

## 1. AN UNEXPECTED EMOTION: \_\_\_\_\_

**RAGING ANGER**

attacks people.

**\_\_\_\_\_ ANGER**

attacks problems, especially problems that attack people.

## 2. AN UNEXPECTED SURPRISE:

BEHIND HIS \_\_\_\_\_ WAS ANGER

1. anger 2. righteous 3. gentleness

## 溫和回應的力量

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“溫和的回答平息怒氣…” - 箴言 15:1 (當代譯本)

“生氣卻不要犯罪。” - 以弗所書 4:26 上 (和合本)

“「凡是勞苦、擔負重擔的人，都到我這裏來吧，我要讓你們得到安息。你們要負起我的軛，向我學習，因為我內心溫和謙卑；這樣你們就可給自己找到安息。因為我的軛是合適的，我的擔子是輕省的。」” - 馬太福音 11:28–30 (新漢語譯本)

“聖靈所結的果子，就是仁愛、喜樂、和平、忍耐、恩慈、良善、信實、溫柔、節制。” - 加拉太書 5:22–23 上 (和合本)

## 1. 一種意想不到的情感：\_\_\_\_\_

**烈怒**

會攻擊人

**\_\_\_\_\_ 怒**

會攻擊問題，尤其是攻擊人的問題

## 2. 一個意想不到的驚喜：

在他 \_\_\_\_\_ 態度的背後，其實是憤怒

1. 憤怒 2. 義 3. 溫和