PAST CONTINUOUS TENSE

WHEN TO USE?

to express overlapping actions in the past

I was doing homework when mum came home.

The phone rang while I was sleeping.

to talk about habits in the past

She was constantly singing before.

I was training for the tournament every day.

to express emphasis of length of a past action

I was working in my office all day.

He was doing his homework all night long.

HOW TO FORM?

positive form

I / He / She / It was walking.
You / We / They were walking.

negative form

I / He / She / It wasn't walking. You / We/ They weren't walking.

question form

Was I / he / she / it walking.
Were you / we / they walking.