



# My Time with God



## Adore His Majesty in Prayer

Just as the Father has loved me, I have also loved you; abide in my love. John 15:9



## Bless Him through Service

I am the vine and you are the branches. Those who stay united with me, and I with them, are the ones who bear much fruit; because apart from me you can't do a thing. John 15:5



## Incline Your Heart toward His Word

If you keep my commands, you will stay in my love — just as I have kept my Father's commands and stay in his love. John 15:10



## Draw Well Deep in His Love

Stay united with me, as I will with you — for just as the branch can't put forth fruit by itself apart from the vine, so you can't bear fruit apart from me. John 15:4



## Exalt Him with Joy

I have said this to you so that my joy may be in you, and your joy be complete. John 15:11

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Time with God=Abide.

God promises  
He will help you.  
Just ask:

"If you abide in Me,  
and My words  
abide in you,  
ask whatever you wish,  
and it will be  
done for you."  
John 15:7

Therefore if you have been  
raised up with Christ,  
keep seeking the things above,  
where Christ is,  
seated at the right hand of God.

Set your mind  
on the things above,  
not on the things  
that are on Earth.  
For you have died  
and your life is hidden  
with Christ in God.  
Col 3:1-3

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# 67 DAYS



## WHY 67?

According to studies it takes about 67 days to create a habit. Our goal here is to have prayer and Bible reading time daily for 67 days to develop a habit.



## CHECK PROGRESS

Make a list of a morning routine goal with prayer and Bible reading. Use the calendar to track of your progress.



## WHAT TO READ

Use any Bible reading plan or study. Pray about it, God will lead. See the Bible Journal Love Facebook Group for ideas [http://bit.ly/Bible\\_Journaling](http://bit.ly/Bible_Journaling)

## Pray & Plan

*Pick Your Goal*

Describe your perfect Time with God:



*Pick Your Place*

Where you will have this Time with God?



*Pick Your Time*

What time will you have your Time with God?



*What will Help*

How can you prevent obstacles?



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## Week 1 Worksheet

You become 42% more likely to achieve your goal simply by writing it down. The act of writing your goals down requires a level of focus using another part of your brain that will help you succeed.

The simple process of writing down your plan is the big difference between goal-setting and goal achievement.

When you don't have a plan, you don't know how you will reach your destination.

Pray & Plan!

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## Daily Tracking

Take the time to reflect on your actions by daily tracking. Take a few seconds each day to ponder and rate your effort. It will increase the likelihood you will make your habit stick. Track 67 days.

W1. ○ ○ ○ ○ ○ ○ ○ ○

W2. ○ ○ ○ ○ ○ ○ ○ ○

W3. ○ ○ ○ ○ ○ ○ ○ ○

W4. ○ ○ ○ ○ ○ ○ ○ ○

W5. ○ ○ ○ ○ ○ ○ ○ ○

W6. ○ ○ ○ ○ ○ ○ ○ ○

W7. ○ ○ ○ ○ ○ ○ ○ ○

W8. ○ ○ ○ ○ ○ ○ ○ ○

W9. ○ ○ ○ ○ ○ ○ ○ ○

W10. ○ ○ ○ **67** ○ ○ ○ ○

## Notes

Behavior change requires a change in thinking. What will you need to think about differently to keep your Time with God a priority? What is working for you? What obstacles are a challenge? How can you change the obstacle?

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# Track 67 Days

Tracking  
determines  
focus and  
motivates us  
to improve.

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Read Luke 10:38-42. What did Martha think it meant to put Jesus first?

Make a list of your priorities. #1 and 2 should be God and self. Self needs to be before family because you need to care for yourself spiritually and physically to care for others.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

How have you been making time with God in your hectic life? How's that been working for you?

Read Exodus 33:12-14. What promise did God make when Moses explained that he was overwhelmed?

Copy Psalm 105:3:

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# Why Read

1. is God breathed (2 Timothy 3:16)
2. is alive and powerful (Hebrews 4:2)
3. is essential for knowing God (1 John 1:6-7)
4. will help you use your time wisely (Ephesians 5:15-16)
5. is daily direction (Psalm 119:1054)
6. commanded by God for us to to meditate on it (Joshua 1:8-9)
7. will transform your heart (Romans 12:2)
8. will build your faith (Romans 10:17)
9. will teach and train you (Romans 15:4)
10. will make you emotionally stronger (Joshua 1:9)
11. will make you kinder (Colossians 3:12)
12. will make your way pure (Psalm 119:9)
13. will make you more loving (Galatians 5:22-23)
14. will improve your relationships (Isaiah 61:1)
15. will help you be virtuous (Matthew 23:12)

# God's Word?

16. will help you make wise decisions (Proverbs 3:5-6)
17. will help you handle challenges and trials (2 Peter 1:3)
18. will not return void (Isaiah 55:11)
19. will make you wise (Psalm 19:7)
20. is a treasure (Matthew 13:44)
21. will help you live a better life (Job 22:2)
22. will help you not sin (Psalm 40:7-8)
23. to defend against the enemy (Ephesians 6:11)
24. to please God (Colossians 1:10)
25. will bring you joy (Psalm 1:2-3)
26. will help you overcome temptation (John 8:44)
27. will help you find wisdom (Hebrews 5:12-14)
28. will help you hear God's voice (John 10:27)
29. will give you hope (Romans 15:4)
30. will set you free (John 8:32)

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**Start With  
the WHY?**

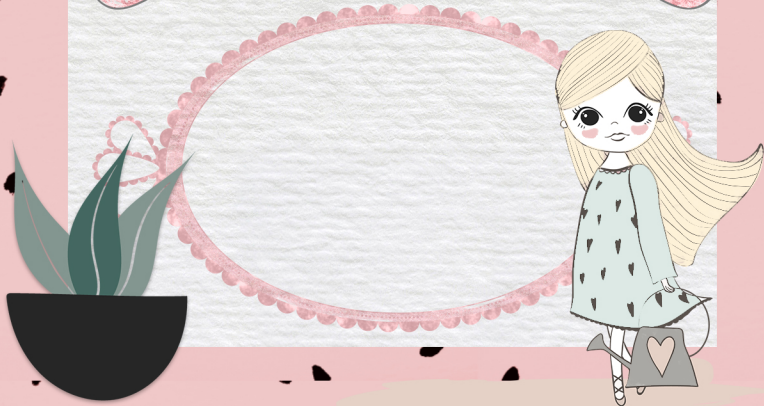
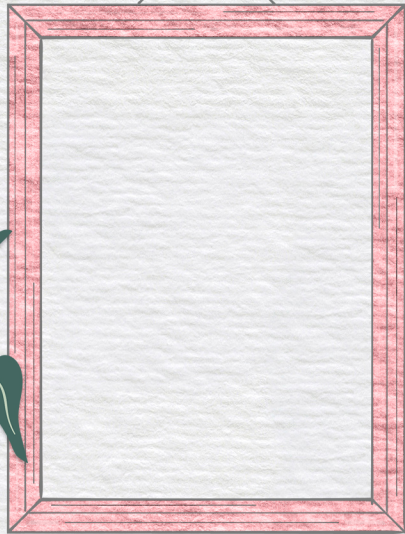
Read this list and  
write some of  
these verses in  
your notebook.

If you start  
running out of  
steam during the  
67 days re-read  
this list.





WHY



WHY



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