



ANDI LOCKE MEARS

Free Yourself from the Fear of Disease



GNM for Practitioners Information



contact@andilockemears.com



www.andilockemears.com

Table of Contents

How to grow your practice with GNM	01
Syllabus for GNM for Practitioners course	11
GNMCare Mentoring Program	17
Discovery Consult	22

You may not copy, reproduce, distribute, publish, display, perform, modify, create derivative works, transmit, or in any way exploit content in this pdf, nor may you distribute any part of this content over any network, including a local area network, sell or offer it for sale, or use such content to construct any kind of database.

5 Ways GNM Can Grow Your Business Faster

01



Maybe you're a new practitioner who lacks confidence. You might even be a seasoned professional who understands the limits of their knowledge and expertise.

You're wondering what your next step is to gain the confidence you desire and to fill in the gaps of your knowledge. More education? Advanced training? More hands-on experience?

Yet you're tired of yet another training that doesn't deliver:

- another nutrition plan that doesn't work for many of your clients
- the natural therapy that is supposed to be "IT" for all your clients, yet isn't.
- a new vibrational energy course that turns out to be super similar to the one you took last year

You want a professional you can count on for support, expertise and knowledge who isn't afraid to share it with you completely.



Hi! I'm a holistic practitioner like you. I owned my own successful wellness center in Maine so I know what it's like to wear many hats from being a holistic health practitioner to administrator to marketer to janitor.

I had to learn to work smart; to deliver information to my clients that would positively impact their lives.

And I was often very successful teaching my clients how to:

- **eat more nutritiously,**
- **strengthen weak systems with my own customized herbal blends,**
- **balance their hormones with homeopathics or**
- **cleanse and detox their system in my Rejuvenation Room or with colon hydrotherapy.**

It was awesome when they felt better and, frankly, it was frustrating when they didn't, especially when I gave them sound coaching and they followed it to the letter.

Have you ever felt that way too?

I wanted better results for these challenging cases so I sought more and more knowledge and attended training after training until I literally stumbled upon something called GNM.



GNM – WHAT???

GNM – what was that? Websites about it didn't make sense. I bought the book. It made no sense either.

A year later, my intuition was not only nudging me, it was shouting at me to sign up and learn it. I had no idea what I was getting myself into, but I signed up and drove to Canada for the first training.

LIGHTBULBS POPPING

Within the first 30 minutes of this training, I understood the basis of German New Medicine and it was the key turning in the lock; lightbulbs suddenly bursting in my head.

Everything I knew about health, wellness, and disease changed in those first 30 minutes.

I looked at my life differently examining every illness I had ever had and putting it into perspective. My entire practice changed when I incorporated German New Medicine into my practice.

Would you like to benefit from this, too?



Those challenging clients? I had all the information I needed to help them get the results they wanted sooner.

It was awesome.

I eventually sold my wellness center, moved to a warmer climate, and devoted myself to teaching and sharing GNM full time.

I created online courses including one that is perfect for you: GNM for Practitioners.

This scientifically supported, step-by-step course is for you because you....

- Want to know the cause of every disease, how it starts, progresses and naturally resolves
- Want to help your clients more than you already are with a scientifically accurate system that follows biological laws
- You're done with guesswork and want real answers

You're done with guesswork and want real answers, especially to help you with challenging, complex cases.

Here's how GNM can help your business:

05



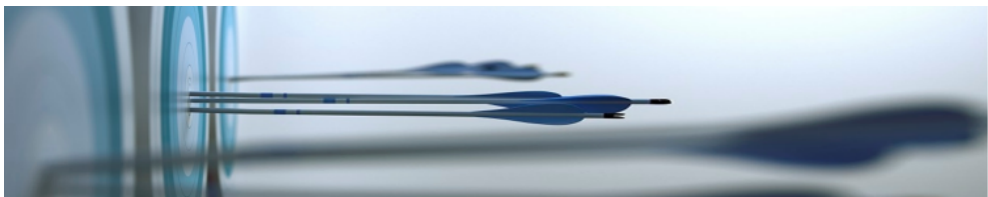
1. Increased Effectiveness = Increased Referrals

Because of having at your fingertips the cause, progression, and natural resolution of symptoms and diseases, you'll be able to use your expertise differently – in conjunction with the Five Biological Laws.

This means you'll be more effective with what you deliver to your clients, and you'll tailor the information you already know and use even further because of knowing GNM.

The process is one where people develop a new understanding of their symptoms and their biological purpose, plus a new awareness of themselves and how to take action to bring their symptoms to a close.

When they reach their perhaps long-elusive health goals, they will be healthier and more empowered which means they naturally spread the word. And you know what this means to you: more clients = more money in your pocket.



Here's how GNM can help your business:

06

2. Accurate Knowledge = Increased confidence

GNM is a vast amount of scientific information that you will be able to easily access and teach to your clients once you have taken my practitioner course, GNM for Practitioners.

As I mentioned above, you will know the cause, development, and natural healing of symptoms and diseases at your fingertips.

This means you will have insights you didn't have before and can make recommendations based on this new foundation of information.

Have you ever said, "I think you're experiencing this because...."

Ambiguity and second guessing are greatly diminished when you understand GNM which gives you a new or renewed sense of confidence.

And, in today's business world, how you feel about yourself and your abilities is an indicator of your success.

"..our state of mind, more than anything 'out there' determines our level of success."

Barbara Stanny, Author of Secrets of Six-Figure Women



Here's how GNM can help your business:

07



3. Expand your audience

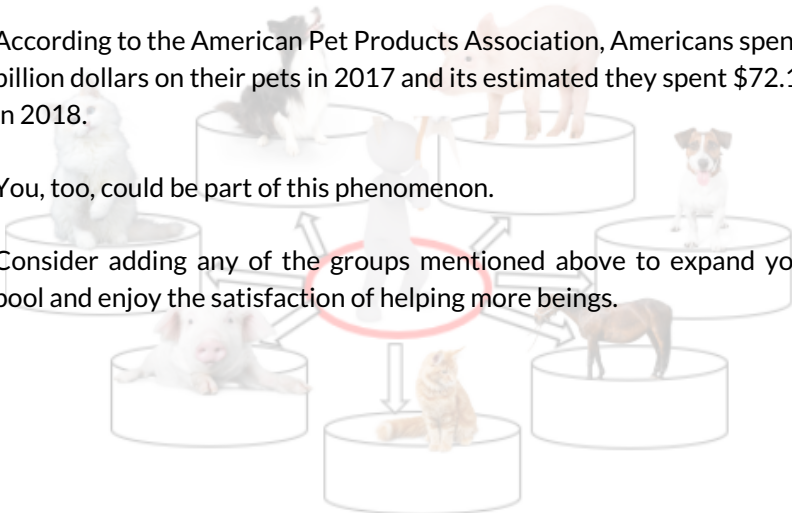
The knowledge of GNM applies to the entire human lifespan including during gestation, newborns, babies, toddlers, children, teens, adults and seniors.

In addition, GNM applies to all living beings which means animals, as well. Cats, dogs, horses, pigs, etc.

According to the American Pet Products Association, Americans spent \$69.51 billion dollars on their pets in 2017 and its estimated they spent \$72.13 billion in 2018.

You, too, could be part of this phenomenon.

Consider adding any of the groups mentioned above to expand your client pool and enjoy the satisfaction of helping more beings.



Here's how GNM can help your business:

08



4. Add depth and breadth to your existing methods

Let's face it. Success isn't always about having more knowledge since smart, knowledgeable people aren't always the most successful.

That being said, having a greater depth and breadth to your existing knowledge because you use it through a GNM lens can open you to opportunities that spark your creative joy that you may not have thought of before.

"If I'd ask my customers what they wanted, they'd have said, "A Faster Horse."” Henry Ford

GNM is the ultimate in thinking “outside the box.” It helps you expand in ways you never knew possible and this new depth and breadth will be an asset to both you, your family, and, ultimately, your clients.

Here's how GNM can help your business:

09



5. Be part of the change.

I'm guessing you went into the holistic/alternative/integrated/functional medicine field because you believed there was a better way of being healthy, right?

Maybe you had a bad experience that turned you towards holistic modalities. Maybe you came through an illness with alternative methods. Whatever your reason, I'll bet there is a passion inside you that your chosen field ignites.

Now imagine expanding that passion. Of being part of a growing movement in America to educate people, to empower them with new knowledge and new skills so they can understand themselves – and their symptoms or illness, including their behaviors – in an entirely new way.

So they make better informed choices. So they understand how to get healthy.

And imagine 1,000 practitioners sharing this knowledge with their clients.

Now imagine 10,000 practitioners sharing this knowledge with their clients.

Here's how GNM can help your business:

10

"Never believe that a few caring people can't change the world. For, indeed, that's all whoever have." Margaret Mead

Americans spent over \$20 Billion on complementary medicine in 2017. This movement is not going away! If anything, it's going to continue increasing.

So, are you ready, willing, and able to be part of this wave? There was never a more potent time to help others than now.

Won't you join me?

Learn German New Medicine now and see where your passion takes you.

[Book a Discovery Consult with me to explore what GNM can do for you, your practice, and your clients.](#)

For more info about GNM including syllabus, cost, and more, visit:
<https://www.andilockemears.com/gnm-for-practitioners.html>



Nutritional
Therapy
Association



Approved for sixteen (16) Category | CEUs

New & Improved Syllabus

11



Because I value my student's feedback, and because I am a lifelong learner, I regularly make changes to this course which may not be reflected here.

If anything, there would be additional content than what is listed here.

Lessons

1 WELCOME & INTRO MODULE

PreClass 1: Course Essentials - Your First Assignment!

PreClass 1: Second Assignment

PreClass 1: Important List for You

PreClass 1: CEU or Certificate of Completion Requirements

PreClass 1: Recommended books

PreClass 1: 3 Subject Areas

PreClass 1: Super Duper Important Survey

PreClass 1: Teleconference Schedule

2 MODULE 1: SETTING UP YOU PRACTICE FOR INCORPORATING GNM

Lesson 1: How GNM Helps Us as Practitioners (SP) (6 mins)

Lesson 2: How GNM Fits With Your Modality (SP) (4 mins)

Lesson 3: How Much to Share with Clients (SP) (6 mins)

Lesson 4: Updating Your Intake Form (SP) (15+ mins)





3 MODULE 2 - PREPARING TO WORK WITH CLIENTS

Lesson 5: Overview of a Session (WC) (15 mins)

Lesson 6: How To Explain GNM: 2 Phase Diagram (DK/WC) (9 mins)

Lesson 7: Goals of the GNM Practitioner (WC) (10 mins)

Lesson 8: Making Sense of the Forms (WC) (1 min)

Lesson 9A: Case Study #1- Julie - ductal breast (WC) (3 mins)

Lesson 9B: Case Study #1 - Julie's Consult (WC) (1 hr)

4 MODULE 3 - DEEPENING YOUR GNM KNOWLEDGE

Lesson 10A: Five Biological Laws lesson (DK) (30 mins+)

Lesson 10B: Five Biological Laws Quiz - pages 1 -14 (DK) (30 mins+)

Lesson 10C: Five Biological Laws Quiz pdf. (DK) (10 mins)

Lesson 11A: Gold List (DK/WC) (25 mins)

Lesson 11B: Gold List Quiz (DK/WC) (10 mins)

Lesson 11C: Gold List Quiz pdf

Lesson 12: SBS Overview #1 (30 mins))

5 MODULE 4 - TOOLS FOR WORKING WITH CLIENTS

Lesson 13A: Five Biological Laws Quiz - pgs 15-30 (DK) (30 mins)

Lesson 13B: Five Biological Laws Quiz pdf (DK)

Lesson 14: Deep Dive into a Session with Clients (WC) (15 mins)

Lesson 15: Assessment Form Lesson (WC) (30 mins+)

Lesson 16: Timeline Form (WC) (5 mins)

Lesson 17: Case Study #2: Alex -muscle weakness, fatigue (WC)(1 hr+)

Lesson 18: SBS #2 (30 mins)

Lesson 19: SBS Review #3 (12 mins)

6 MODULE 5 - ADVANCED INFO

Lesson 20: Visual Mapping Lesson (WC) (10 mins)

Lesson 21: Questions for Pinpointing Tracks (WC) (10 mins)

Lesson 22: Mechanical Issues (DK/SP) (10 mins)

Lesson 23: Symp/Vag Agents Lesson (DK/SP) (15 mins)

Lesson 24A: Case Study #3 - Rochelle - migraines (WC) (1 hr)

Lesson 24B: Case Study: Rochelle 2nd Consult (WC) (16 mins)



New & Improved Syllabus

15



7 LIVE CLASS #2 AGENDA

8 MODULE 6 - FURTHER DEEPENING YOUR GNM KNOWLEDGE

Lesson 25A: Snap Sheet Activity (DK) (45 mins+)

Lesson 25B: Your Finished Snap Sheets Will Go Here (DK)

Lesson 26A: Figuring Out Mysterious Diseases (DK/WC) (15 mins)

Lesson 26B: Figuring Out Mysterious Diseases Quiz. (DK) (20 mins+)

Lesson 26C: Figuring Out Mysterious Diseases pdf

Lesson 27: Your 2 Phase Diagram Lesson! (DK) (1 hr 18 mins+?)

9 LIVE CLASS #3 AGENDA

10 LIVE CLASS #1 AGENDA

New & Improved Syllabus

16

11 MODULE 7 - MORE PRACTICE & MORE KNOWLEDGE

Lesson 28A: Case Study Activity - Yosuke (WC) (1.5 hrs+)

Lesson 28B: Yosuke - Andi's thoughts (WC) (20 mins)

Lesson 28C: Yosuke Follow Up #3 (WC) (12 mins)

Lesson 29: "Therapies"

Lesson 30A: Embryology

Lesson 30B: Embryology Quiz. (DK) (30 mins)

Lesson 30B: Embryology Quiz .pdf (DK)

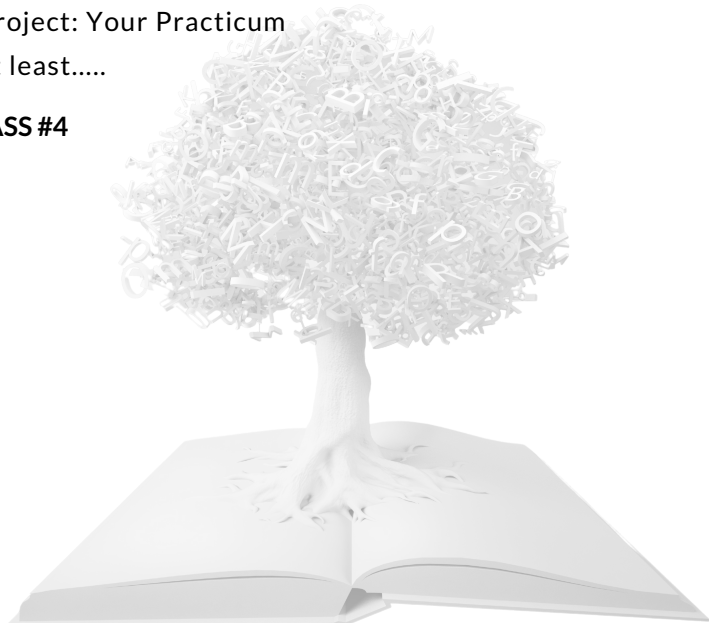
Lesson 31: GNM Death & Dying

12 MODULE 8 - PRACTICUM

1. Capstone Project: Your Practicum

2. Last but not least.....

13 LAST LIVE CLASS #4



GNMCare Mentoring Program

17



The GNMCare Mentoring Program was designed with input from many health and wellness practitioners who completed GNM for Practitioners.

It is designed with the practitioner in mind who wants to be part of a GNM Community and who wants support from colleagues and also mentoring support from Andi.

People learn best and excel the most when they receive encouragement, guidance and support. This is what the GNMCare Mentoring Program can give you.

GNMCare Mentoring Program

18

How the GNMCare Mentoring Program works:

For \$25/month, you will receive:

- Your own Profile Page in the GNMCare section of www.andilockemears.com.
- Your picture & credentials on the Profile Page,
- Access to the 1 ½ hour GNM Masterclass held monthly to discuss case studies and share info with other GNM knowledgeable people. (open to the general public),
- Access to the private, **1 hour meeting** for all GNMCare Mentees; includes a short meeting and then any case studies you want discussed to assist you with your clients,
- Participation in the **GNM Pack*** of your choice! Your GNM Pack is your more local resource and support group. Currently, we have a Canadian Pack and a USA-East Pack. More coming!
- The ability to have Andi ready to answer your questions quickly. In a pinch? Client coming in an hour and you're stuck? Get in touch with Andi!

You would use one of the following:

- What's App text or audio,
- Facebook Messenger text or audio,
- or Signal text or audio.

GNMCare Mentoring Program

19

Then you would send key information to Andi and she will respond as soon as she can - generally within a 2-hour window (shorter if possible) although this could extend to 6 hours.

There is a nominal charge for this private mentoring information:

- \$1.25/minute for audio or text response from Andi (minimum is \$1.25)
- \$1.50/minute for live audio or Zoom discussion
- \$1.00/minute for extra research, agreed upon ahead of time.

***What is a GNM Pack?**

Groups of people in the GNM world are known as “packs” due to the inherent social nature of humans (and animals). Dr. Hamer discovered that for animals in the wild, separation from ones pack is a highly traumatic event and often leads to death.

Humans, too, are social creatures and we naturally congregate in packs: in families, churches, with like-minded people, in countries, etc. We spend a good part of our lives striving to belong. Thus, the pack instinct is normal and natural and we want to support this from a GNM perspective.

As part of GNMCare, you'll be able to join the Pack of your choice, or you could start a new one!

GNMCare Mentoring Program

20

What you will submit to become part of the GNMCare Mentorship Program:

- A signed agreement.
- a 1-2 minute introductory video of yourself describing you and your practice that will be posted on your individual Profile Page,
- 200-word bio of yourself; include info about your practice; to be posted on your Individual Profile Page,
- a photo of yourself to be posted on the group Profile page,
- Answers to these questions:
 - Will you accept:
 - QuickCare:** (This means more urgent, acute issues)
 - In-Depth Consults:** (These are normal, initial consults)
 - Longer-term Support:** (Do you offer longer, or more frequent, support such as a person who has several vital SBS's, or is bedridden, or is in the process of dying or needs frequent support?)
 - Sliding Scale:** (Do you have a price range you offer to people depending on their ability to pay?)
 - Do you Allow Payments Plans:** (Can people pay you weekly/ biweekly/ monthly, etc?)
 - 15 minute meet and greet: (Will you offer a free 15 min session just to meet each other to see if you're a good fit for each other? If not, do you offer anything similar to this?)

GNMCare Mentoring Program

21

Please take a look at our existing GNMCare webpages:

[GNMCare basic info](#)

[Understanding GNMCare](#) (from the public's perspective)

[Practitioners Profile group page](#)

If you would like more information, please email us at contact@andilockemears.com.

Thank you and we hope you will join us!

All the best,

Andi

Book your Discovery Consult

22

Have any questions?
I would love to meet with you in a free 25 minute, Discovery Consult. Email me at contact@andilockemears.com for more information.

[Book a Discovery Consult with me to explore what GNM can do for you, your practice, and your clients.](#)

For more info about GNM including syllabus, cost, and more, visit:
<https://www.andilockemears.com/gnm-for-practitioners.html>



Nutritional
Therapy
Association



Approved for sixteen (16) Category | CEUs