



Module 3 Lesson 5

Ethics and Boundaries

Ethics are the values and beliefs you put in place that helps you and others understand your relationship with Tarot.

Boundaries can be physical, emotional and psychological and keep you in a safe space. They also keep the other person in a safe space.

Exercise 1: You and your Beliefs about Tarot

Before we go any further let's examine what **YOU** believe about the Tarot. People will ask you how it works. It is a good idea to have an answer ready.

Does Tarot work? How does it work?

Do you believe Tarot predicts the future? If so, how far into the future before it becomes less accurate?

Do you believe that humans have free will or that they have a predetermined destiny?

Do you believe the future can change?

Exercise 2: Going to a Tarot Reader

One way to determine your ethics is to imagine going to a tarot reader. How you would *like to be treated* is ultimately how you would also *like to give* a tarot reading.

How would you like to make the appointment?

Would you prefer a man or a woman?

How do you want to feel at the beginning of the reading just as you start?

How would you like to be treated during the reading?

How would you like to be communicated to during the reading?

How do you want to feel at the end of the reading?

Exercise 3: Who will you read for?

It is very important to know who you will read for. It helps you set your boundaries.

Will you read for the following people / questions / situations?

	Y/N
Family	
Friends	
Work colleagues	
Acquaintances	
Strangers	
People under eighteen years of age	
People looking for advice	
People looking for support	
People doing it for fun	
People testing you	
People wanting legal advice	
People wanting financial advice	
People wanting health advice	
People who want to know when they will die	
People who want to know when they will win the lotto	
People who want to know about their children	
People who want to know about their partner	
People who ask if their partner is having an affair	
People who ask if the boss is in love with his secretary	
People who ask if their best friend will find a boyfriend	
People who ask if their sons friend is taking drugs	
People who are depressed	
People who are suicidal	
People who have a diagnosed mental health condition not under control with medication (schizophrenia)	
People who are angry or aggressive	
People who are rude or insulting	

People who ask if they have cancer	
People who ask about fertility	
People who are pregnant and ask if it is a boy or a girl	
People who ask when they will meet their soul mate	
People who ask will they ever get married	

Any other situations you can think of where you would like or not like to read?

Exercise 4: Charging Money

Will you charge money to read Tarot for the following people face to face?

	Y/N	HOW MUCH MONEY PER HALF HOUR?	HOW MUCH MONEY PER HOUR?
Family			
Friends			
Work colleagues			
Acquaintances			
Strangers			

If you do not charge money, will you ask for something in exchange?

If you do not charge money, how will you prevent yourself from giving too much?

Exercise 5: Things to Consider

Other questions you may want to think about...

How many readings will I do in a day?

Will I do readings over the phone?

Will I do readings via email / Skype / Facebook?

Will I charge for readings that are not face to face?

Exercise 6: Boundaries

Will you read for yourself when you are...

Drunk or not fully 'here'

Very depressed

Hysterical

Angry

Tired

Stressed

Exercise 7: Ethics

1) Do you believe everybody is **equal**?

2) Do you believe in **confidentiality**? When would you need to break that confidentiality?

3) Do you believe it is important to be **honest** in a reading?
When would it be a bad idea to be honest in a reading?

4) Can you be **non-judgmental** when you hear about situations or stories? Are there any situations where you feel you cannot remain non-judgmental?

5) How do you want a person **to feel** after you have given them a reading? How can you achieve this?

6) Will you **give refunds**? If yes, when?

Conclusion

I will read for the following people...

I will not read for the following people...

I will not answer questions about...

I will read a maximum of 'x' minutes per reading...

I will do 'x' readings per day maximum...

I will charge / not charge money...

I will give refunds / not give refunds...