

Goals for Module 1: Introduction and Intake

Intimacy Educator Training with Caffyn Jesse

- Set the foundation for an Intimacy Educator training. Offer an overview of the program and describe four different ways to do it
- Describe a new paradigm for understanding intimacy and experiencing erotic touch
- Guide an intake process, and a process of cultivating enriched intentions for the *Outlaws' Journey* of Intimacy Education
- Begin to provide resources for students and practitioners



Self Study -Self-Guided: Going through this program alone, and becoming familiar with ideas that inform a community of practice, is a great way to do this program. As you learn about what could happen in an in-person Intimacy Educator training, resources in this Module will guide you in deepening self-intimacy, and cultivating sexual wholeness.

You can use the intake form provided to reflect on your sexual self, including traumas you have endured, and your joys and deep longings. You can create a mind map, to cultivate your personal awareness of what you want for your sexual wholeness, and for the world. By imagining what it would be like to share this process with others, you forge new neural pathways and create new possibilities for your life.



Client Working with a Practitioner: If you want to do the Intimacy Education program with a Certified Somatic Sex Educator, you can use the materials in Module 1 to understand more about the Intimacy Education journey, and begin it. You will be connected with potential practitioners. After you choose someone you resonate with, schedule 5 sessions, and make a financial commitment, these resources will help

you deepen awareness of your sexual history and your longings. You can decide what you want to share with your practitioner. You will understand the power of enriching intentions to guide your journey, and begin that process.



With a Friend/Practice Partner: In this Module, you will learn about a new paradigm for understanding intimacy and experiencing erotic touch with others, outside of norms, expectations, entitlements and appeasements. You can both use the tools provided to deepen your personal vision of sexual wholeness, reflect on your sexual history and your longings, and co-create a process of safely sharing what wants to be shared with one another. Special considerations for work with friends can guide you both in co-creating a container with clear boundaries and goals.



Working as a Practitioner: If you want to integrate the Intimacy

Educator process into a practice you are already doing, these resources will support you to better understand the vulnerabilities that are stirred when people share their stories. You will understand the power of enriching intentions, for yourself and for clients. Caffyn Jesse and Sophia Faria offer reflections on how they structure an initial intake conversation, before a commitment to work together is made, and then go into a deeper intake process with a committed client. You may want to adapt and personalize the Intake Forms provided. Be sure to note the “Special Considerations for Practitioners” in the Intake section. Read about *Enriched Intentions*, and make a mind map for yourself and your practice as an Intimacy Educator. Be sure to check out the e-book on the *Neural Learning Zone* in Module 2, and have your client read it before you meet, so that you share a common understanding and vocabulary. If you want to adapt these materials to an offering in which there is two-way touch, see the special guidance on “Creating Touch Exchange within a Client-Practitioner dynamic”.