

Hot Productivity Tips from Our Members

Enjoy these productivity tips, which have been shared by our 90 Day Power Plan program participants.

"It's inspiring to hear everyone's successes and how they stay on track. My celebration is I keep going and stay positive rather than second guessing my decisions. Growing forward!" - Trish Dennison

"Just complete one important task each day." Joy Cole

"I have found it helpful to have a daily accountability partner." - Summer Rose

"Expressing Gratitude can help to rewire your brain! What is helping me is to use the the daily print out for my task for the week." - Mary Jones

"Gratitude has been heavily researched by positive psychology researchers and found to offer many health and wellbeing benefits." - William McPeck

"I'm using my imagination more and more--in whatever I want to accomplish. I create images with colors & other visuals, sounds or music, textures. The power of imagination, as you may know, is really great! Join me on the road of imagination!" - Marj Penley

"I fill out each week's tasks on the weekend for the coming week. Just having the steps for the week laid out keeps me on track." - Margaret Reece

"Little successes keep me going. Don't miss the small things because you're waiting for ONE HUGE breakthrough or success. Making a sale on Etsy or selling one book on Amazon encourages me to keep going." - Tracy Tennant

"The big thing that helps me to accomplish so much is believing I can complete the two 90 day goals I set. I purposefully did not overwhelm myself. The other big thing is the commitment I made to myself to achieve the two goals within 90 days." - William McPeck

"I tend to lose sight of just how much I have actually achieved in the past few months because I'm thinking of all there is still to do, but when I think of it I am pleased with how far I have come with my website and course materials. Learning all the time!"

– Lorna Fergusson