

FRIDAY NIGHT LIGHTS for FATHERS & SONS

Game Day Checklist

Game Day 9

→ Womanhood and Manhood



GAME PLAN

- GAME DAY THEME:
BIBLICAL WOMANHOOD + MANHOOD
- GOD'S KEY PLAY:
PROVERBS 31:10 + 1 COR. 16:13-14
- GAME DAY ACTIVITY:
DINNER WITH MOM



SCOUTING REPORT FOR DADS

- READ + REVIEW THE BIBLICAL DEFINITIONS OF WOMANHOOD + MANHOOD



PRE-GAME PLANNING

- COACH YOUR SON ON HOW TO FIND OUT HIS MOTHER'S FAVORITE FOODS, RESTAURANT, AND FLOWER.
- TEACH AND MODEL ETIQUETTE AND RESPECT FOR WOMEN.
- ESTABLISH THE DEFINITIONS OF BIBLICAL WOMANHOOD + MANHOOD.



PLAYBOOK

- YOUR SON WILL INVITE HIS MOM TO DINNER AND WILL HELP MAKE ALL ARRANGEMENTS.
MAKE SURE TO DRESS UP!



POST-GAME ANALYSIS

QUESTIONS FOR SON TO ASK MOM + DAD INDIVIDUALLY.

1. WHAT WAS YOUR FAVORITE PART ABOUT TONIGHT?
2. WHAT ARE SOME THINGS THAT YOU LEARNED ABOUT BIBLICAL MANHOOD AND WOMANHOOD TONIGHT?
3. IN WHAT AREAS DO I SHOW THAT I AM LEARNING TO BECOME A REAL MAN OF GOD?
4. WHAT AREAS DO I NEED TO LEARN MORE ABOUT TO BECOME A REAL MAN OF GOD?
5. TELL YOUR PARENTS HOW MUCH YOU LOVE THEM!



PRE-GAME DAY PRAYER

DURING TODAY'S GAME DAY, WE HAVE ALREADY LEARNED THAT YOUR WORD PROVIDES US WITH BIBLICAL DEFINITIONS FOR WOMANHOOD AND MANHOOD. YOU SENT YOUR SON JESUS TO GIVE US A HUMAN EXAMPLE IN ADDITION TO THE WRITTEN EXAMPLES IN THE BIBLE. AS _____ (YOUR SON'S NAME) AND I PREPARE FOR TODAY'S GAME DAY, CONTINUE TO REMIND US HOW REAL MEN TREAT PROVERBS 31 WOMEN. HELP US TO NOT ONLY KNOW THE DEFINITIONS BUT TO ALSO MODEL THE DEFINITIONS OF HOW REAL MEN BEHAVE. FATHER, I KNOW THAT _____ (YOUR SON'S NAME) LOOKS TO ME TO LEARN HOW TO TREAT WOMEN. IF THERE IS SOMETHING I NEED TO IMPROVE OR REMOVE FROM MY ACTIONS OR BEHAVIOR, PLEASE MAKE ME AWARE OF THIS SO I CAN MORE POSITIVELY MODEL MY ACTIONS AND BEHAVIOR FOR MY SON. WE ASK THAT YOU HELP GUIDE US AS WE PLAN OUR GAME DAY TOGETHER TO PREPARE FOR A MEMORABLE OUTING WITH OUR PROVERBS 31 WOMAN. I WOULD ALSO LIKE TO PRAY THAT YOU ARE DEVELOPING A PROVERBS 31 WOMAN JUST FOR _____ (YOUR SON'S NAME) AS WE SPEAK AND THAT SOMEDAY THEY WILL MEET AND CONTINUE TO GLORIFY YOU!
IN JESUS' NAME WE PRAY, AMEN.

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POST-GAME ANALYSIS



POST-GAME DAY PRESS CONFERENCE

QUESTIONS FOR PARENTS TO ASK SON.

1. HOW DID YOU FEEL INVITING, PLANNING, AND PREPARING FOR TODAY'S GAME DAY?
2. WHAT CAN WE DO TO IMPROVE HOW WE PARENT YOU? IS THERE ANYTHING THAT YOU NEED FROM US THAT WE ARE NOT GIVING YOU?
3. TELL YOUR SON YOU LOVE HIM AND ARE PROUD OF HIM!



POST-GAME DAY PRESS CONFERENCE

MEDIA QUESTIONS FOR MOM

START RECORDING, AND ASK YOUR MOM THE FOLLOWING QUESTIONS:

1. MOM, WHAT ONE THING DID YOU LEARN ABOUT A PROVERBS 31 WOMAN THAT YOU DID NOT KNOW BEFORE TODAY'S GAME DAY?
2. MOM, CAN YOU DESCRIBE IN WHAT WAYS DAD LIVES OUT THE BIBLICAL DEFINITION OF MANHOOD?
3. NAME ONE WAY THAT YOU CAN IMPROVE ON BECOMING MORE OF A PROVERBS 31 WOMAN.
4. TELL YOUR MOM YOU LOVE HER AGAIN-AND MEAN IT.

MEDIA QUESTIONS FOR SON

HAVE YOUR SON START RECORDING AND ASK YOUR SON THE FOLLOWING QUESTIONS:

MEDIA QUESTIONS FOR DAD

HAVE YOUR SON START RECORDING AND ASK YOU THE FOLLOWING QUESTIONS:

1. DAD, WHAT IS THE MOST IMPORTANT THING YOU LEARNED ABOUT AUTHENTIC MANHOOD ACCORDING TO THE BIBLE?
2. DAD, CAN YOU DESCRIBE IN WHAT WAYS THAT MOM IS MORE VALUABLE THAN RUBIES?
3. NAME ONE WAY THAT YOU CAN IMPROVE YOUR WALK IN AUTHENTIC MANHOOD?
4. DO YOU THINK I HAVE WHAT IT TAKES TO BECOME A MAN LIKE WE TALKED ABOUT? WHY?
5. THANK YOUR DAD FOR ALL OF HIS HELP IN PLANNING TODAY'S GAME DAY AND TELL HIM THAT YOU LOVE HIM AGAIN!

1. WHAT WAS YOUR FAVORITE PART ABOUT TODAY'S GAME DAY?
2. WHAT IS THE ONE THING YOU LEARNED TODAY THAT YOU WILL ALWAYS REMEMBER? EXPLAIN.
3. WHAT IS THE ONE THING YOU LEARNED ABOUT THE PROVERBS 31 WOMAN THAT YOU DID NOT KNOW BEFORE TODAY?
4. IN WHAT WAY IS YOUR MOM A PROVERBS 31 WOMAN?
5. IN WHAT WAY DO I ACT LIKE THE DEFINITION OF A BIBLICAL MAN?
6. NAME ONE WAY THAT YOU CAN IMPROVE TO BECOME MORE OF A MAN OF GOD.
7. HOW WOULD YOU RATE TODAY'S GAME DAY? CIRCLE THE RUBIES BELOW:
(1 = NOT SO GOOD AND 5 = AWESOME)



POST-GAME PRAYER

DEAR HEAVENLY FATHER,
WE THANK YOU FOR THE PRECIOUS, INTENTIONAL TIME THAT WE ALL HAD TOGETHER DURING TODAY'S GAME DAY, LEARNING ABOUT THE KIND OF MEN AND WOMEN YOU DESIGNED US TO BE. _____ (YOUR SON'S NAME) AND I ARE SO BLESSED TO HAVE _____ (MOM'S NAME) IN OUR LIFE, PROVIDING PROVERBS 31 BLESSINGS UPON BOTH OF US. WE PRAY THAT BY BETTER UNDERSTANDING YOUR WORD AND THE LIFE OF YOUR SON, WE CONTINUE TO BECOME MORE LIKE THE MEN YOU CREATED US TO BE. AS _____ (YOUR SON'S NAME) CONTINUES TO GROW INTO A YOUNG MAN, MAY _____ (MOM'S NAME) AND I BE GUIDED BY THE HOLY SPIRIT TO BRING HIM CLOSER AND CLOSER TO YOU. MAY HE REALIZE THAT HE IS NEVER ALONE BECAUSE YOU LIVE IN HIM.
IN JESUS' NAME WE PRAY, AMEN.