

## INSTRUCTIONS FOR READING

### THE DEVI MAHATMYAM



#### Parayana: Reading the Devi Mahatmyam

*Parayana is the spiritual practice of devoted reading and studying of a spiritual text from beginning to end.*

#### Different ways to read the Devi Mahatmyam

It is said that Goddess will shower Her grace on those who do this practice with faith.

Each chapter should be read in single sitting. If the Parayana is stopped in between a chapter, the whole chapter should be read again.

#### 1. Throughout the Ten Days of Navaratri:

- Day 1: Chapter 1
- Day 2: Chapter 2 thru 4
- Day 3: Chapter 5 & 6
- Day 4: Chapter 7
- Day 5: Chapter 8
- Day 6: Chapter 9 & 10
- Day 7: Chapter 11
- Day 8: Chapter 12
- Day 9: Chapter 13
- Day 10: Chapter 14

#### 2. In Three Days:

- Day 1: Chapter 1
- Day 2: Chapters 2, 3, 4
- Day 3: Chapters 5 thru 13

#### 3. In Seven Days:

Day 1: Chapter 1  
Day 2: Chapters 2 & 3  
Day 3: Chapters 4  
Day 4: Chapters 5 thru 8  
Day 5: Chapter 9 & 10  
Day 6: Chapter 11  
Day 7: Chapter 12 & 13

#### **4. All Chapters in One Sitting**

Traditionally the entire text of thirteen chapters is recited in Sanskrit.