

TT WEEKLY STUDY PLANNER



TO-DO LIST

Homework and other learning tasks you'd like to get done this week

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

THE TT REVISION METHOD™

Use the method all year to consolidate your learning & improve your exam technique

SUBJECT & PAPER	Test	Result	MID	FFS	AH 1	AH 2	AH 3	Test	Result	MID	FFS
	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>

*MID = Marks I Dropped Sheet *FFS = Frustrating Fails & Slips Journal *AH = Revision Action Hour

ACTION HOUR LOG

4 hours per subject per week - outside lessons - on homework & learning, plus time dedicated to revision. Write your focus & end time *immediately before* the action hour starts. Stop & take a break at the end time.

DAY	End Time	I WILL FOCUS ON:	End Time	I WILL FOCUS ON:	End Time	TT METHOD NEXT STEP:
DAY 1						
DAY 2						
DAY 3						
DAY 4						
DAY 5						
DAY 6						
DAY 7						

TODAY
Plan your day here, or record your 'really must do' tasks
Use pencil or cover this area with a post it note.

For maximum learning, you must take timed breaks.

HABITS

DAY:

Taking timed breaks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Not worrying	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sticking to the focus	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

END OF THE WEEK TREAT: