

## WEEK 1

- Watch lessons 1 + 2 in Supercharged Soil
- Gather your compostables for entire week
- Gather your materials
- Order your worms
- Attend Week 1 Q&A session

## WEEK 2

- Watch lesson 3 in Supercharged Soil
- Go out in Nature and OBSERVE - see if you can collect some biodiversity
- Identify your Carbon source
- Attend Week 2 Q&A session

## WEEK 3

- Go through lessons 4 + 5
- Put together your small worm nursery
- Start piling Carbon for your base pile
- Go out in Nature + collect more biodiversity
- Attend Week 3 Q&A session

# SUPER-CHARGED SOIL WEEKLY PLAN

## WEEK 4

- Watch lessons 6 + 7 in Supercharged Soil + Catch up on material
- Put together all of the biodiversity you have collected
- Attend final Q&A session

## WEEK 5

- Finish putting together your worm pile and bin.
- Celebrate!

## MONTH 1

- Acquire 1 lb of worms either online or from local source
- Set up worm nursery
- Feed worms 5 lb of food per week
- Remember to change location of feeding each week

## MONTH 2

- Feed worms 5 lb of food per week
- Remember to change location of feeding each week

## MONTH 3

- Feed worms 5 lb of food per week
- Remember to change location of feeding each week

# SUPER- CHARGED SOIL FEEDING PLAN

## MONTH 4

- Feed worms once a week in grid pattern around large compost bin
- Optional: Separate out worms from their castings

## MONTH 5

- Feed worms once per week in grid pattern around large compost bin