



Advanced Hypnosis Plan

\$1799/ Advanced Hynosis certification

OVERVIEW & PURPOSE

Advanced Hypnosis takes us to a deeper understanding of the mind, body and spirit connection: the power of our mind, beliefs when it related to dis-ease in our bodies. Advanced looks at Hypnotic techniques, group inductions, personal development, various therapy techniques under different depths of hypnosis. Understanding and mastering Rapid inductions, Deepeners, Age Regression and the importance of anchoring throughout your sessions.

EDUCATION REQUIREMENTS approximate 180 hours

1. Video/Manual/Exercises/Quizzes	20	hrs
2. One on One coaching	10	hrs
3. Zoom Basic overview	4	hrs
4. Workshops	8	hrs
5. Required Reading	60	hrs
6. Movie review	8	hrs
7. Hypnosis		
a. Self hypnosis	10	hrs
b. Personal sessions	3	hrs
c. Practicum	60	hrs

OBJECTIVES

1. Rapidily induce clients
2. Hypnotic Release techniques
3. Age Regression: Guilt, shame, Abandonment,
4. Practice, Practice: Script reading, induction, deepeners:
5. Group hypnosis, convincers, Rapid induction practice