



Which Cup & Where?



	SUPER CUPS	BODY CUPS	FACIAL CUPS	FACIAL BAMBINOS
AVAILABLE IN	MEDIUM PULLS 7 CM	SOFT PULLS 4 CM HARD PULLS 10 CM	SOFT PULLS 4 CM HARD PULLS 10 CM	SOFT PULLS 4 CM HARD PULLS 10 CM
AREA OF BODY	Large muscle groups, back, legs, glutes	Back of neck, arms, shoulders, soles of feet-anywhere from neck/shoulders down	Face, neck, decollette, hands, feet	Eye & lip areas, small faces
EXCELLENT FOR	Muscle recovery, loose skin, broad area work	Fluid retention, targeted pain relief, cellulite	Sensitive or loose skin, uneven skin tone, puffiness, moving lymph	Fine lines, wrinkles, crow's feet, puffiness, congestion
STATIC OR GLIDE?	Static and glide	Static and glide	Glide	Glide

TIP: Have a kit with hard and soft cups but not sure which is hard or soft? Just give them a squeeze!