

CLASS 6

ADHKAAR WITH ISTIGHFAAR

REPENTANCE

Allahs says:

فَقُلْتُ اسْتَغْفِرُوا رَبَّكُمْ إِنَّهُ كَانَ غَفَّارًا يُرْسِلِ السَّمَاءَ عَلَيْكُمْ مِدْرَارًا وَيُضَاعِفْ لَكُمْ بِأَمْوَالِكُمْ وَأَبْنَاءَكُمْ وَبَنِينَ وَيَجْعَلْ لَكُمْ جَنَّاتٍ وَيَجْعَلْ لَكُمْ أَنْهَارًا

And said, 'Ask forgiveness of your Lord. Indeed, He is ever a Perpetual Forgiver. He will send [rain from] the sky upon you in [continuing] showers And give you increase in wealth and children and provide for you gardens and provide for you rivers.

(Surah Nuh 71 : 10-12)

Adhkaar of Day & Night asking Forgiveness

1. **Syed-ul- Istighfar** (The best/most Superior way of asking for Forgiveness from Allah)

لِلَّهِ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ، وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ، أُوذِيَ لَكَ بِنِعْمَتِكَ، وَأُوذِيَ بِذَنْبِي، فَاعْفُرْ لِي، فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

Allaahumma anta rabbee, laa ilaaha illaa ant, Khalaqtanee wa ana 'abduka, wa ana 'alaa 'ahdika wa wa'dika mastata'tu, a'oodhu bika min sharri maa sana'tu, aboo'u laka bini'matika 'alayya wa aboo'u bi dhanbee, faghfirlee fa innahu laa yaghfirudhunooba illaa Ant

O Allaah, You are my Lord, None has the right to be worshipped except You. You created me and I am Your servant. I am faithful to my covenant and my promise as far as I am able. I seek refuge in You from the evil that I have done, I acknowledge before You all the blessings that You have bestowed upon me and I acknowledge my sins. So forgive me for there is no-one to forgive sins except You.

Virtue: If a person dies that night or that morning after saying du'aa for forgiveness he will enter paradise

The Prophet ﷺ said, "*The best way of asking forgiveness is (the above). If he says it in the evening and then dies, he will enter the Garden - or he said that he will be one of the people of the Garden. If he says it in the morning and dies that day - it is the same.*" (Bukhari in Adab Al Mufraad, Tirmidhi, Nisa'i & Ibn Majah)

2.

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

Subhan Allah wa bihamdihi*All Glory is to Allah and all Praise to Him*Virtue

Allah's Messenger ﷺ said, "*Whoever says, 'Subhan Allah wa bihamdihi,' one hundred times a day, will be forgiven all his sins even if they were as much as the foam of the sea.* (Bukhari)

3.

أَسْتَغْفِرُ اللَّهَ وَأَتُوبُ إِلَيْهِ

'Astaghfirullaaha wa 'atoobu 'ilayhi.*I seek the forgiveness of Allah and repent to Him.*

Allah's Messenger ﷺ said: "*O people, repent to Allah, for I verily repent to Him one hundred times a day.*" (Muslim)

Some more Duas that are not part of the Morning & Evening Adhkaar**DUA OF ADAM A.S.**

رَبَّنَا ظَلَمْنَا أَنفُسَنَا وَإِن لَّمْ تَغْفِرْ لَنَا وَتَرْحَمْنَا لَنَكُونَنَّ مِنَ الْخَاسِرِينَ

Rabbana thalamnaa anfusana wa-in lam taghfir lana watarhamnaa lanakoonanna mina alkhasireen

Our Lord, we have wronged ourselves, and if You do not forgive us and have mercy upon us, we will surely be among the losers. [Surat Al-A'raf: 23]

DUA OF YUNUS A.S.

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

Lā ilāha illā anta subhānaka innī kuntu minaz-zālimīn

There is none worthy of worship except You, Glory to You, Indeed, I have been of the transgressors.

The Messenger of Allah ﷺ said: "*The supplication of Dhun-Nun (Prophet Yunus) when he supplicated, while in the belly of the whale was (the above). So indeed, no Muslim man supplicates with it for anything, ever, except Allah responds to him.*" (Tirmidhi)

DUA TO RECITE ON LAYLATUL QADR

اللهم إنك عفو تحب العفو فاعفُ عني

Allahumma innaka 'afuwun, tuhibbul-'afwa, fa'fu 'anni

O Allah, You are Most Forgiving, and You love forgiveness; so forgive me

'Aishah (May Allah be pleased with her) reported: I asked: "O Messenger of Allah! If I realize Lailat-ul-Qadr (Night of Decree), what should I supplicate in it?" He صلى الله عليه وسلم replied, "*You should supplicate: (the above Dua).*"

أَسْتَغْفِرُ اللَّهَ الْعَظِيمَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ

'Astaghfirullaahal-'Adheemal-lathee laa 'ilaaha 'illaa Huwal-Hayyul-Qayyoomu wa 'atoobu 'ilayhi.

I seek the forgiveness of Allah the Mighty, Whom there is none worthy of worship except Him, the Living, the Eternal, and I repent to Him

Virtue

Allah's Messenger صلى الله عليه وسلم said: *Whoever says (the above) Allah will forgive him even if he has deserted the army's ranks.* (Abu Dawud & At-Tirmidhi, Al-Albani graded it Sahih)

رَبِّ اغْفِرْ لِي وَتُبْ عَلَيَّ إِنَّكَ أَنْتَ التَّوَّابُ الْغَفُورُ

Rabbighfir lee wa tub 'alayya innaka anta attawwaabur Raheem

My Lord forgive me and accept my repentance. Indeed You are the Acceptor of Repentance, the Especially Merciful

Ibn Umar said: "In one sitting of the Messenger of Allah (صلى الله عليه وسلم), one could count that he said a hundred time, before he would get up" (Tirmidhi & Ibn Majah, Sahih)

اللَّهُمَّ اغْفِرْ لِي ذُنُوبِي كُلَّهَا بَقِيَّةً وَجَلَّةً وَأَوَّلَةً وَآخِرَةً وَعَلَانِيَةً وَسِرَّةً

Allāhumma'ghfir lī dhanbī kullahu, diqqahu wa jillahu, wa awwalahu wa ākhirahu wa `alāniyyatahu wa sirrahu.

O Allah, forgive me all my sins, great and small, the first and the last, those that are apparent and those that are hidden.

The Messenger of Allah (صلى الله عليه وسلم) used to say (the above) while prostrating himself (Sahih Muslim)

اللَّهُمَّ إِنِّي ظَلَمْتُ نَفْسِي ظُلْمًا كَثِيرًا , وَلَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ , فَأَغْفِرْ لِي مَغْفِرَةً مِنْ عِنْدِكَ , وَارْحَمْنِي , إِنَّكَ أَنْتَ الْغَفُورُ الرَّحِيمُ

Allaahumma innee dhalamtu nafsee dhulman katheeran wa laa yaghfirudh dhunooba illaa anta faghfir lee maghfiratan min 'indika warhamnee innaka anta al ghafoorur Raheem

O Allaah, indeed I have wronged myself greatly and no-one forgives sins except You. So forgive me and have mercy upon me, indeed You are the OftForgiving, the Especially Merciful.

Note: There are many more authentic Duas for Repentance, You can find more on the website...

<https://authentic-dua.com/category/dua-dhikr/istighfar-tawbah/>.

REPENTANCE IN THE QURAN

- *"And O believers, all of you, repent to Allah in order that you may be successful."* [24:31]
- *"Verily, Allah loves those who repent and those who purify themselves."* [Al-Qur'an 2:222]
- *"O you who believe! Turn to Allah in sincere repentance!"* [Al-Qur'an 66:8]

A Muslim's faith may become weak and he may be overwhelmed by his desires. The Shaytaan may make sin attractive to him, so he wrongs himself (commits sin) and falls into that which Allaah has forbidden. But Allaah is Kind to His slaves, and His mercy encompasses all things. Whoever repents after doing wrong, Allaah will accept his repentance, for Allaah is Forgiving and Merciful.

- *"But whosoever repents after his crime and does righteous good deeds (by obeying Allaah), then verily, Allaah will pardon him (accept his repentance). Verily, Allaah is Oft Forgiving, Most Merciful"* [al-Maa'idah 5:39 – interpretation of the meaning]
- *"O you who believe! Turn to Allaah with sincere repentance! It may be that your Lord will expiate from you your sins, and admit you into Gardens under which rivers flow (Paradise)"* [66:8]

The gate of repentance is open to His slaves, until the sun rises from the west. The Prophet ﷺ said: *"Allaah spreads out His Hand at night to accept the repentance of those who did wrong during the day, and He spreads out His Hand during the day to accept the repentance of those who did wrong during the night. (This will continue) until the sun rises from the west."* (Narrated by Muslim)

O my brothers & sisters who has fallen into sins, do not despair from the mercy of your Lord, for indeed the door to repentance is open until the sun rises from the west. The

Prophet ﷺ said, *"Verily, Allah extends His hand out at night in order to accept the repentance of the sinner by day. And He extends His hand out during the day in order to accept the repentance of the sinner by night, until (the day) when the Sun will rise from its West."* [Reported by Muslim]

And how many people have repented to Allah from numerous and enormous sins and Allah has accepted their repentance? Allah commands us to repent so that He might forgive us. But the devils among mankind and the jinn want to turn people away from the truth and make them incline towards falsehood, as Allaah says (interpretation of the meaning):

“Allaah wishes to accept your repentance, but those who follow their lusts, wish that you (believers) should deviate tremendously away (from the Right Path)” [al-Nisaa’4:27]

ALLAH LOVES THOSE WHO REPENT

Allaah is Kind to His slaves and loves those who repent. He accepts their repentance, as Allaah says (interpretation of the meaning):

- *“And He it is Who accepts repentance from His slaves, and forgives sins, and He knows what you do” [al-Shooraa 42:25]*
- *“Truly, Allaah loves those who turn unto Him in repentance and loves those who purify themselves” [al-Baqarah 2:222]*
- *“Say to those who have disbelieved, if they cease (from disbelief), their past will be forgiven” [al-Anfaal 8:38]*

Allaah is Forgiving and Merciful, and He loves the repentance of His slaves. Man is weak. If a person sins then he has to repent and seek forgiveness every time. Allaah is Forgiving and Merciful, and He is the One Who says (interpretation of the meaning): *“And whoever does evil or wrongs himself but afterwards seeks Allaah’s forgiveness, he will find Allaah Oft Forgiving, Most Merciful” [al-Nisaa’ 4:110]*

The Muslim is vulnerable to making mistakes and sins. So he has to repent and seek forgiveness repeatedly. Allaah loves the repentance of His slaves, and accept it. Indeed, He rejoices over it, as the Prophet ﷺ said: *“When a person repents, Allaah rejoices more than one of you who found his camel after he lost it in the desert.”* (Agreed upon. Narrated by al-Bukhaari, no. 6309)

SINCERE REPENTANCE & ITS CONDITIONS

Sincere repentance is not merely the matter of words spoken on the tongue. Rather, the acceptance of repentance is subject to the condition that the person gives up the sin straight away, that he regrets what has happened in the past, that he resolves not to go back to the thing he has repented from, that he restores people’s rights or property if his sin involved wrongdoing towards others, and that he repents before the agony of death is upon him. Allaah says (interpretation of the meaning):

- *“Allaah accepts only the repentance of those who do evil in ignorance and foolishness and repent soon afterwards; it is they whom Allaah will forgive and Allaah is Ever All-Knower, All-Wise.*
- *And of no effect is the repentance of those who continue to do evil deeds until death faces one of them and he says: ‘Now I repent;’ nor of those who die while they are disbelievers. For them We have prepared a painful torment” [al-Nisaa’ 4:17-18]*

Sincere repentance must meet five conditions (in order to be accepted), which are:

1. *Sincerity to Allah, the Most High*: This is by the person doing it only for the sake of Allah and seeking His reward and salvation from His punishment.
2. *Remorse*: for the sin that was committed, such that he is sad he did it and wishes he had never done it. The Prophet ﷺ said: "*Remorse is repentance.*" (Reported by Ahmad and Ibn Maajah; Saheeh al-Jaami', 6802).
3. *Ceasing*: to commit the sin immediately. If the sin was against Allah, then he should a) stop doing it if it was an unlawful act, or b) hasten to do it if it was an obligation that he abandoned doing. And if the sin was against a created being (such as humans), then he should hasten to free himself from it, whether by returning it back to him or seeking his forgiveness and pardon.
4. *Determination*: to not go back to doing that sin again in the future.
5. *The repentance should not occur before the time when its acceptance is terminated*, either by death or by the sun rising from the west. Allah says (in a *hadith qudsi*), "*Repentance is of no effect for those who commit sins constantly until when death faces one of them, he says: Verily I repent now.*" The Prophet ﷺ said, "*Whoever repents before the sun rises from its west, Allah will accept his repentance.*" [Reported by Muslim]

O Allah, grant us the sincere repentance and accept it from us, verily You are the All-Hearing, the All-Knowing.

"Our Lord, indeed we have heard a caller calling to faith, [saying], 'Believe in your Lord,' and we have believed. Our Lord, so forgives us our sins and remove from us our misdeeds and cause us to die with the righteous." Surah Ale Imran, verse 193

BELIEVERS REPENT UNLIKE IBLEES

"Every son of Adam is a sinner, the best is those who repent" (Authentic Hadeeth in Ibn Majah). So every one of us sins, but the true believers are those who repent. Iblees on the other hand, did not confess his sin; he insisted on it, protested and argued with Allah trying to justify his sinful act. This is the crux of the matter that when one transgresses a limit set by Allah, he should admit it to be a sin and wrongdoing on his part, and not try to justify his fault like for example those who deal in Riba. They use arguments like the world has changed, everybody deals with interest nowadays or fixed interest is a universal scheme these days and as such there is nothing wrong in dealing with Riba.

We say to them, "Do not be arrogant and try to justify your wrongdoing. Do not say Riba is not haraam (forbidden), but humble yourself to Allah and seek forgiveness for your sin and confess your weakness and negligence in complying with His Commands - For, this will keep you within the boundaries of Eeman but if you reject the Command of Allah and argue that Riba is not a crime...you may exit the pale of Islam and commit Kufr (disbelief). We seek Allah's Protection from this.

ALLAH'S FORGIVENESS

- *Declare (O Muhammad ﷺ) unto My slaves, that truly, I am the Oft-Forgiving, the Most-Merciful. (15:49)*
- *“O My servants who have transgressed against their souls! Do not despair of Allah’s mercy, for Allah forgives all sins. He is Forgiving, Most Merciful.” (39: 53)*

Al-Ghafur, Al-Ghaffar, Al-Ghafir. These three names refer to Allah’s forgiveness. The name Al-Ghafir means the Forgiver, while the names Al-Ghafur and Al-Ghaffar are more emphatic, indicating that Allah is most forgiving, oft-forgiving. Taken together, these three names occur in the Quran ninety-seven times. Allah says: *“Declare (O Muhammad ﷺ) unto My slaves, that truly, I am the Oft-Forgiving, the Most-Merciful”*. (15:49)

ALLAH FORGIVES ALL SIN WITHOUT EXCEPTION

Allah says: *“O My servants who have transgressed against their souls! Do not despair of Allah’s mercy, for Allah forgives all sins. He is Forgiving, Most Merciful.” (39: 53)*

An example of Allah’s generosity and boundless favour from the Sunnah, Prophet Muhammad ﷺ relates that Allah says: *O child of Adam! However much you beseech Me and place your hopes in Me, I will forgive you without any reservation. O child of Adam! If you have sins piling up to the clouds and then ask My forgiveness, I will forgive you without any reservation. O child of Adam! If you come to Me with enough mistakes to fill the Earth, and meet Me without associating anything as a partner with Me, I will come to you with enough forgiveness to fill the Earth. (Sahih Muslim (2687))*

When, *“Shaytan said to the Lord of Glory, ‘By Your Glory, O Lord, I will keep trying to misguide Your slaves so long as their souls are in their bodies.’ The Lord said, ‘By My Glory and Majesty, I will continue to forgive them so long as they ask My forgiveness.’” [Saheeh al-Jamee (2/32)]*

Allah refers to Himself as the Oft-Forgiving because He created us knowing that our natures would make us prone to sin, and that we would seek His forgiveness and He would forgive us.

This is Allaah, The Ever-Forgiving, The Oft-Forgiving, The Almighty, The Exalted.

إِنَّ رَبَّكَ وَأَسِعُ الْمَغْفِرَةَ

{Indeed, your Lord is vast in forgiveness.}[An-Najm: 32]

Listen to the call of Allaah:

“O My slaves, you err night and day, but I forgive all sins, so ask Me for forgiveness and I will forgive you.” (Reported by Muslim).

O my brothers & sisters in Islam, let us move on, then, to good and righteous deeds, to the company of righteous people, to avoiding deviation after having been guided aright. May Allaah be with us all.

May Allah forgive all of our sins and by His Mercy make us all Inhabitants of Jannah.

Please do rememeber us and the whole Ummah in your prayers!

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