

## *Feminine Aspects Assessment* (Abbreviated)

Which of the following statements resonates for you?

Topic Area	Transformation	Abundance and Beauty	Creative Possibilities
1. Style	I prefer tailored, classical clothing - some may perceive it as more masculine in style - I feel more on equal footing with men dressed in this way. I'm not so interested in the latest fashion.	I love dressing up, my style is quite feminine, sexy & flattering my attractive figure. I love jewelry tastefully selected, colorful silk scarves to enhance my outfit.	Because I prefer being at home with family rather than going out, clothing and make up are not all that important to me.
2. Relation to my body	I'm more connected to my thoughts & ideas than having any particular awareness of my body.	I enjoy and seek out physical touch, regularly, in my interactions with those I love. I love using scented, creamy lotions to create baby-soft skin to be touched.	My body is built for the nurturing of children--holding, hugging. This sort of touch gives me more pleasure than any other. I'm not that concerned about sex for it's own sake--unless I'm looking forward to having another child, a process that I adore.
3. Home and Hearth	I enjoy city living - therefore, I would enjoy a condo. A 'plus' if it was near bookstores and near my work, as I tend to work long hours. You might find my laptop on my dining table along with my paper work as I'm frequently in the midst of my work.	My home has strikingly tasteful color schemes, beautiful art work, lovely art pieces, wonderful to-the-touch fabrics in my furniture, plush carpeting into which your feet sink.	My home often emits the smell of baking or cooking meals. I prefer a house that affords a lot of room for my family, children and children's friends to visit. My home is rarely tidy, but it's well-lived in and is well enjoyed by all.
4. Relationship to Food	I prefer eating out - I don't have time or interest for cooking for myself. I'd rather eat out with a friend and enjoy stimulating conversation with each other.	I'm more desirous of the ambiance where I dine, although I do enjoy good food - I like the sensuality of it...the experience of the textures in my mouth. I would get a kick out of feeding finger-food to my partner while sipping martinis. I enjoy the romantic-ness of it all.	I love having family & children at my home to cook for. I love preparing enough food for everyone to enjoy.
5. Childhood	I loved my books, I learned to knit/ crochet/ sew. I enjoyed playing scrabble, chess--mental activities or activities requiring hand/mind coordination. And/or, I was a tomboy.	I loved playing 'dress-up' -- trying on glamorous clothes of my mother's - walking around in her high heels - putting on makeup.	I loved playing 'mommy' with my dolls--wheeling them in the stroller. Feeding my dolls.
6. Romantic History	I've tended to be attracted to successful partners who I tend to meet through my work life. I'm not all that flirtatious or romantic. My nature is more objective. I'm drawn to partners who are cultured and enjoy city life, intellectual and political interests. I need to be stimulated intellectually.	Earlier, I've tended to attract partners who weren't particularly good for me--creative, moody, emotional, volatile, men who fascinate me, intense relationships, partners who stir me sexually, poetically verbal individuals, unpredictability, charming, sensitive lovers. As I've matured, I prefer a sophisticated, educated partner with good taste and the means to enjoy-- cocktails, linen, flowers, and romance.	I've tended to be drawn to lovers who seek a maternal type of woman. I don't have high expectations of them--they're more "child-like". I tend to give more than I receive. I do appreciate my partner's taking care of me, financially, as I prefer not to work outside the home. I want to feel safe and secure and focus on family and children.

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7. Marriage and/or coupling	I'm more interested in companionship--a mutually advantageous partnership- in marriage rather than passion. We greatly enjoy communicating about events, politics, and our careers. Feelings, on the other hand, are not a topic of discussion.	Marriage in and of itself is less important than the experience of love and emotional/sexual intensity. When that's over--it's over, resulting in a pattern of serial relationships. As I'm not all that jealous, I understand the nature of 'affairs'--I, myself, have tended to be flirtatious with others.	My desire for marriage is for the creation of a secure environment with a responsible partner with whom to make babies and to enjoy raising my children.
8. Relationship to sexuality	In my younger years I put my energy into my career. I tend to feel more related to my intellect than to my sexuality. I'm not so interested in sexual expression as much as other forms of expression--ideas, discussions. I can be a skillful lover if I put my mind to it.	When younger I was rather seductive. I am highly sexually responsive -- easily aroused by my lover. I prefer lovemaking as a regular part of our interactions. My attitude toward sex is more casual.	In my earlier years I was interested in having children--not just having sex. I would just as soon cuddle as make love -- to be honest. Sexuality for it's own sake is not all that important for me--making babies would satisfy me more.
9. Feelings about Children	If I had my druthers, I would focus energy into my career rather than having children. However, I look forward to my children reaching the age of 'reason' so that I can enjoy conversations and projects with them. I prefer that my children demonstrate curiosity, logic and independence and are not crybabies.	I adore inspiring my children's creativity & self-expression and charm them into being well-behaved. I draw out my child's abilities in a way that make her feel beautiful and accepted. I've been told, however, that I have tended toward inconsistency as I may give my child my total attention at one time and then may be off on my own social interests and desires at other times. I'm warm and generous with my children; however, I don't make them the center of my life.	I've had a strong instinctive pull for motherhood--giving birth and nursing my own child would be (is) so fulfilling. Not having a child would create an unmet longing.
10. Favorite Activities	I am very interested in reading up on the current political situations locally, nationally & abroad. I find these discussions with well-informed individuals very stimulating. I support minority group issues; I enjoy museums, lecture series, I look forward to thoughtful discussions following viewing of provocative films.	I love collecting fine art--paintings, ceramics, beautiful clothing and matching accessories/jewelry; I love attending art galleries and parties/open houses of artists. I so enjoy theater, dance and musical performances. I delight in social occasions.	Involvement with family and close friends is my most favored, shared activity. I love cooking for family, friends and their children as well. I find this experience so satisfying--bringing everyone together sharing in a meal--the children playing together. I also enjoy sewing projects, knitting, baking, and making cookies with my children and their friends