

Lesson 1: Children of God

This lesson is great for parents, caregivers, older siblings, babysitters, and anyone who watches or works with kids. Young children are very connected with the Spiritual Realm. They dream, see visions, talk with angels, are prophetic through dreams, prophetic through words, and through drawings. If your child or a child you know ever comes to you with a drawing or explains a dream they had, keep the



drawing. Be sure to write down the dream, and then ask God for the meaning and/or translate the dream or drawing if you know how. If you don't know how to translate dreams, there are resources of some great classes on dream translation by Doug

Addison (who does a great class on Children's Dreams, find the link at the end of the lesson). Above:

Photo by [Anita Jankovic](#) on [Unsplash](#)



Bedtime

You may hear your child say they are afraid of the dark,

or there is something in their room, in their closet, or under the

bed. Please, please listen to that. It probably isn't their imagination. Young kids are very connected to the spiritual realm. They are probably describing an intruder of the demonic realm and/or evil spirit. Instead of ignoring, I insist you pray: "We are sons and daughters of God and evil has no authority here. Be gone! In the name of Yeshua, Amen" or if you say "Jesus Christ, Amen!" Then pray for good dreams and a good night's rest for your child for the evening. That should take care of it. (See also lesson on prayer) I also would like to encourage you to engage your child in prayer with you during this moment. Let them know that they are not helpless and they too have the power to get rid of sprits just like you. Pray together, you can say it and they can repeat it, if they can talk they can pray it too, there is no age limit with prayer. This also encourages them when they encounter something during the night and maybe can't wake an adult or something. Prayer is so powerful when 2 or more pray, make it a whole family thing too if you want. "Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken." (Ecclesiastes 4:12, New International Version (NIV)) Also remember, if you do pray by yourself "The righteous person may have many troubles, but the Lord delivers Him from them all." (Psalm 34:19), even one can put a dent in the solution, even one. So if there is only one, it is ok!

Above: Photo by [Annie Spratt on Unsplash](#)

Nightmares and Night Terrors

Nightmares and night terrors are very REAL things, this is how the enemy keeps children from dreaming good dreams, its' his way of stopping kids from realizing their gifts from God. We want our kids to thrive and follow the purpose God has for their life, so pray them away. Saying a prayer before they hit the pillow and drift off to dream land will take care of it. God protects his children.

Imaginary Friends

If your child has an imaginary friend or talks to someone that you can't see, they are most likely speaking with an angel, however ask

them questions about the friend because the enemy can do this too. Just remember, you are a child of God and have nothing to fear! Ask them a few questions to find out if it is a good friend or a bad friend: what does this friend look like? What do they say to you? Ask them how they feel around their friend – happy? Uneasy? If they feel uneasy, it isn't an angel and rather an evil spirit. If it's an evil spirit – pray about it: “Evil has no authority here, we are children of God, be gone! In the name of Yeshua, Amen!”

Doug Addison explains in his dream class that kids all the way up to 7 years old are very connected to the spiritual realm and as such we should take any instances they come to us with seriously. (See resources for dream class)

It's Time to See Spiritually Not Worldly

The world likes to hide these things and call them complexes, or call it nonsense, suggest kids need therapy or to talk it out but these are very REAL circumstances for people connected strongly to the spiritual realm, so as parents, babysitters, and siblings we need to change our way of dealing with these instances. Think spiritually what would Yeshua/Jesus do? And then take action!

Resources:

Doug Addison's *Dreams and Angelic Encounters – Understanding the Language of Heaven-Workshop*
www.DougAddison.com/Dream-Encounters

Pop Quiz:

1. Young children are strongly connected to the Spiritual Realm?

True or False

2. When your child is talking to someone who is not there to whom is she/he mostly speaking too?

3. What should you do if your child tells you about their dream?

4. What should you do if your child comes to you because they are scared that there is something in their room?

5. Think back to a time when your child or a child you know may have come to you for something, or to tell you something. How did you handle it then? How would you handle it now?
