



TUTORIAL SUMMARY & SUBMISSION INFO

The document is to provide you with all you need to know to submit your tutorial and bonus content activities for CMTE/CPD credit. If you wish you may submit this document with your bonus content activities.

Tutorial outline

Overview

1. Introduction, overview and learning outcomes
2. Sex, drugs & rock n roll - how music and drugs have been linked for centuries
3. Music therapy in early addictions recovery
4. Outcome oriented models of songwriting: Psychoeducational, cognitive restructuring, restorative songwriting and the therapeutic process
5. Experience oriented models of songwriting: Opportunities for processing issues as they emerge
6. Therapeutic frameworks: Stages of change model and the 12-steps program
7. Summary, extra resources & bonus content

Learning Objectives

1. Learn which songwriting forms meet different client needs
2. Understanding the variety of theoretical orientations and treatment models in addiction recovery
3. Feel more confident choosing appropriate methods to match your clients goals

Tutorial Summary

This tutorial is a discussion into the use of songwriting methods in early addictions treatment. Dr Murphy discusses the role of music in the rock and roll scene and how music, alcohol and drugs have been linked for centuries. Looking at the work of Baker, Dr Murphy explores outcome-oriented models of songwriting such as psychoeducational, cognitive restructuring, restorative songwriting and the therapeutic process. Looking at how best to match clients' goals as they emerge, Dr Murphy also covers experience-oriented models of songwriting and discusses how to go about this with workbook examples for you to try. The stages of change model is presented as a process that clients undergo as part of their addiction rehabilitation followed by a discussion of the 12 step program and how the songwriting methods discussed can align with the first 3 steps of the program. The tutorial closes with a summary, extra resources to provide you with further reading and three bonus content options to deepen your understanding of this topic.

Submission for CMTE/CPD Credit

On completion of your online tutorial you will automatically receive a certificate of completion to verify you have completed your tutorial. You can submit this to your CBMT/CPD organization as a professional development activity. For MT-BC's in the US and Canada you can submit your certificate in the workshops/independent learning category as an 'other continuing education opportunity'.

Bonus Content Activities

WORKBOOK

If you have completed the workbook as a bonus content activity then you can send it to jacinta@musictherapyonline.org for verification. Once your submission has been verified you will be emailed a certificate of completion for the workbook for 1 CMTE/CPD credit.

ARTICLE REVIEW

If you have completed an article review as a bonus content activity then you may be able to submit this directly to your CMTE/CPD organization for 2 CMTE/CPD credits per review. If you require a certificate of completion then please forward your completed review to jacinta@musictherapyonline.org to receive your completion certificate. You can then submit this to your local CBMT/CPD organisation.

SUPERVISION

If you have completed 1:1 supervision as a bonus content activity then you may ask Dr Murphy to provide you with written confirmation of your session/s. You may then submit this to your local CPD/CMTE organisation according to your local CBMT/CPD guidelines.

CBMT Domains

For MT-BC's in the US and Canada you can submit your certificate in the workshops/independent learning category as an 'other continuing education opportunity'.

This tutorial covers the following CBMT Board Certified Domains:

II REFERRAL, ASSESSMENT, INTERPRETATION OF ASSESSMENT AND TREATMENT PLANNING

B Assessment - 3 a, b, c, d, e, f, g, h. 4 a, b, c, g, h, j, k, l, m.

D Treatment planning - 2 a, b, c. 9.10.11.12.

III TREATMENT IMPLEMENTATION AND DOCUMENTATION

A Implementation - 1 b, d, e. 2 a, b, e, f, g, h, k, l, v, z, ff, kk, ll, rr, ss, uu. 5 d, i, k, l, m, r, s, t, u, v, w, y, bb.

V PROFESSIONAL DEVELOPMENT AND RESPONSIBILITIES

A Professional Development - 2.3.

THANK YOU!

Thanks very much for purchasing a music therapy online tutorial. I hope you've enjoyed your MTO experience and feel you have learnt something new and exciting! Best of luck on your learning journey and please get in touch if you have any suggestions or feedback. x Jacinta