

Bring Yourself into Creation

It will benefit you to read the lecture and watch the video

1. Define the word 'nothing' in your own words.
2. Define the word 'nothing' using the dictionary.
3. Define the word 'creation' in your own words.
4. Define the word 'creation' using the dictionary.
5. Give a title to the circumstance you will be working on for this lesson.
6. Say/write all there is to be said.
(Note: You may want to work on this one in your journal for more space.)
7. Ask yourself, is there anything else?
(Note: You may want to work on this one in your journal for more space.)

9. Be aware of the possibilities, what are they?

10. What actions do you see to take?

11. What way of being can you put into place with this circumstance?

12. What could the future for this conversation look like?

13. What do you authentically want the outcome to be? This is your intention that we will work on deeper in a different lesson.

Take Action

- Download the Self-Awareness Worksheet and watch the video.
- Journal and ponder this with a friend.
- Comment in the group.

Empowerment Program Participants Group

<https://www.facebook.com/groups/329320037979757/>