



All About Cups

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OVERVIEW & PURPOSE

To learn about & identify several types of cup /bra inserts for better results in dressmaking.

Information Cited/Books Used

Teacher gathered materials

OBJECTIVES

Observe several types of cup inserts, understanding the difference between them and how to apply them for ideal results.

MATERIALS NEEDED

None

ACTIVITY

Note Taking

Introduction

One of the telltale signs of a high quality dress is, having as much support built into the dress as possible. Making sure that the wearer's body is complimented and accentuated in it. This lesson in cups breaks down a few different cups used in dressmaking.