## The "Groups of Four" Challenge

This guitar technique mini-course deals with one of the most challenging patterns you can play on the guitar, the infamous "Groups of Four". This is a pattern that offers many benefits when mastered, both in terms of technique, but also in terms of improvisation facility.

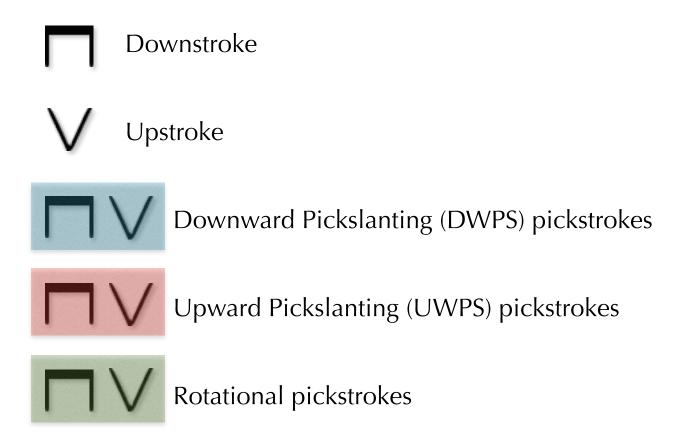
I will be adding video instruction in the future, but for now this package contains **9 exercises**:

- PDF format (these include pickslanting color coding)
- Guitar Pro format, which can be used with the GP speed trainer.
- Download link for MTC: <u>Musician Training Center</u>, through which you can access these exercises in the cloud based "public drills" section, for use with the MTC play along trainer.

## Picking Strategies covered:

- 1. Legato
- 2.DWPS
- 3.2WPS Economy Picking
- 4.2WPS Alternate Picking

The pdf files include detailed notation, tablature, plus pickstroke and *pickslanting* instructions:



If you are not familiar with pickslanting concepts you should definitely check out <u>Masters in Mechanics</u> by Troy Grady. It is in my opinion the most comprehensive and effective study on the subject of picking technique, plus much more.