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# ADVANCED HYPNOSIS MANUAL

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The Advanced Hypnotherapy course is designed for practitioners looking to elevate their skills with sophisticated hypnosis techniques. This comprehensive program covers rapid induction, deepening techniques, age regression, subconscious narrative alteration, emotional release from memories, future pacing, and group session dynamics. By integrating these advanced methods, participants will learn to conduct seamless and transformative hypnotherapy sessions. Ideal for certified hypnotherapists and mental health professionals, this course will empower you to facilitate profound changes in your clients, enhancing your practice and effectiveness as a practitioner. Learning Outcomes: By the end of this course, you will be proficient in advanced hypnotherapy techniques, capable of facilitating deep and transformative sessions. You will be adept at rapidly inducing hypnosis, deepening the hypnotic state, guiding age regression, altering subconscious narratives, releasing emotional blockages, future pacing, and conducting group sessions. This course will empower you to integrate all these elements into a cohesive hypnotherapy practice, enhancing your effectiveness as a practitioner. Who Should Enroll: This course is ideal for certified hypnotherapists, mental health professionals, and practitioners seeking to expand their expertise and elevate their practice to the next level. Join us in this advanced hypnotherapy course and unlock the full potential of your therapeutic abilities.

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HYPNOTHERAPY PROFESSIONAL COLLEGE, LLC

Jupiter, FL

# ***WELCOME***

## **Course Information**

There are three aspects to this course that you will need to complete to receive your certificate of completion in Advanced Hypnosis. You will have a downloadable certificate of completion, your Advanced Certification from HPC will come in the mail after you complete the Master Hypnotherapy Certification course.

### **1. Online Training**

Upon registration you were given access to the online HPC learning site. This platform lays out all your requirements in an easy-to-follow step-by-step structure. If you have questions about how to use the platform you can email our staff at [info@hypnotherapyprocollege.com](mailto:info@hypnotherapyprocollege.com).

Advanced course students are required to complete the required reading, practicum, self-hypnosis, workshops and video assignments complete with quizzes.

Once enrolled your course will open, you start at the top, working your way through the course, quizzes.

We ask that you join our Facebook page for upcoming overviews, trainings online and in person, Hypnotherapy news.

### **2. Practicum**

You will find step-by-step instructions for completing your practicum in the online training platform. You can begin your practicum after completing the lessons under Student Training Manual. You will find a Session Tally spread sheet to help you keep track of your practicum hours and clients. You will find this under each course under forms.

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