

THE ULTIMATE GUIDE TO ACCELERATING YOUR CHILD'S MEMORY AND LEARNING

**65 Quick Learning Tips, Memory Tricks, and Study
Hacks Resulting In Less Study Time and Stress**



ANDREA STEPHENSON

www.SimplyOutrageousYouth.org

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wwwSimplyOutrageousYouth.org | amills@SimplyOutrageousYouth.org

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Please know that I only recommend resources I like and highly recommend.

Dedication

To my best friend Danielle,

I am so happy that we have maintained our friendship since college. I am proud to know you. The wife, successful attorney, and mother you have become are an inspiration to me. Thank you for proofreading my books and always being there for me. Love you.

Andrea

About Me

Hello, and thank you for purchasing my e-book! My name is Andrea Stephenson, and I am a wife and mom of two boys.

I am a social worker who created the organization Simply Outrageous Youth (SOY). SOY was created because of the need to teach our children learning techniques and life skills using fun and hands-on methods.

As a young student, I made good grades. However, it did not come easy, as I was constantly frustrated while studying.

I used the rote learning method to study which was repetitive and boring.

I figured there had to be a better and more engaging way to learn.

Therefore, I begin researching various memory tricks, study tips, and test taking skills that accelerated learning in a fun way.

While pregnant, I did extensive research on how kids' brains develop and how to engage them in fun learning methods even as babies.

When both my sons were born, I constantly played and interacted with them to create a strong bond. I saw how much they loved learning. This interaction coupled with my research resulted in them being able to spell using phonics at 21 months.

Believe me, it was not my intention for them to learn this so early. However, this is what happens when you use fun, playful, and accelerated learning methods with children.

Once I became a homeschooling mom, I wanted to teach my sons learning techniques so, they would view studying as enjoyable.

As a result, learning and studying has become a game for my oldest son.

He knows memory tricks for reading comprehension, spelling, memorizing Bible verses and chapters, mathematical operations, lists, and facts.

I am also teaching him study techniques and test taking skills.

Currently, my youngest son is 21 months, but I plan on teaching him these learning tips as he gets older.

My purpose in writing this book is to share quick learning tips so you can apply it and teach your children.

Once you implement the tips in this e-book, you will be amazed at how simple learning, memory, studying, and test taking will become for your children

My goal is to open your eyes to a newer, quicker, and fun way of learning.

Let's start this fun adventure together!

Andrea Stephenson



<https://simplyoutrageousyouth.org>

amills@simplyoutrageousyouth.com

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Section 1 Memory Tricks/Learning Skills

How to Remember Lists in a Fun Way

You are going to love this quick tip! This is a fun memory trick to remember lists in order like the eight planets. The planets are Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, and Neptune.

You can use memorable sentences!!!

Take the first letter of each word that you need to memorize and create a fun sentence.

Here is a great sentence. "My Very Elderly Mother Just Served Us Nuts."

M in My = Mercury

V in Very = Venus

E in Elderly= Earth

M in Mother = Mars

J in Just = Jupiter

S in Served = Saturn

U in Us = Uranus

N in Nuts = Neptune

If you use this strategy, then you will remember lists in order easily.

How to Cut Children's Learning Curve in Half



Here is a great tip to speed up your child's learning in a simple manner.

It is through learning information with the intention of teaching someone else.

If your child knows they have to teach you what they learned, then they will pay closer attention to the information.

When your child teaches you information, they get to learn it twice.

They learn it on their own and again through educating you.

This is also a great way to make memories and bond with your child.

Try This Experiment to Help Kids Remember Information Faster and Effectively

Let's talk about how your child can remember information faster and more effectively.

Sleep is great for brain function.

When we sleep, the brain processes and digests information we learned during the day.

It also stores new memories during sleep.

So, if there is something your child needs to remember, have them review it right before going to bed.

Then have them recall it in the morning.

You will be surprised at how much of the information your child can recall.

This is because the brain has had time to process the information during sleep.

Try it and see if it works.

One Secret for Kids to Remember School Facts FAST!

Here is a trick that is easy to do.

I will use the subject, Geography, for my example.

My son had to learn the five oceans.

He was able to memorize them in 5 minutes.

We used a memory trick called Acronyms.

We made up the word SIPAA.

The S is for Southern Ocean.

The I is for Indian Ocean.

The P is Pacific Ocean.

The first A is for Arctic Ocean.

The second A is for Atlantic Ocean.

Acronyms are quick and easy memory trick your child can use to remember lists.

This trick uses your child's imagination and creativity.

How to Make Remembering Information Fun for Kids

The answer is metaphors.

Metaphors are comparisons between two things.

One thing your child knows.

The other thing your child does not know.

Let's use writing as an example.



For young children to remember the difference between writing a lowercase b and d, tell them d has a dirty diaper.

Diapers are full of poop and it is in the back (the curved lined is in back of the straight line).

The lowercase b has a big belly.

Bellies are in front (the curved line is in front of the straight line).

While children are learning to write the number 2, tell them it is the same shape as a swan.

However, this will only work if the child is familiar with swans.

My son remembered how to write 5 by drawing a big belly with a cap (hat) on top.

Metaphors are fun to use!

They can be used for people of various ages studying any subject.

I hope this helps!

3 Ways to Make a Boring Subject Interesting to Kids

When learning is connected to a feeling like joy, happiness, anger, or sadness, it can be more memorable to children.

If learning is associated with boredom, (which is how many students feel in school), they will forget it.

You can encourage your child to take control of their feelings when it comes to learning.

They can do this by being active with learning.

There are three ways to do this.

The first way is to take notes.

Challenge your child to be creative while taking notes.

Instead of only writing words, they can draw funny pictures associated with the information.

They are using creativity and humor while taking notes and attempting to remember the information.

The second way is to create a song about what they are learning to a familiar tune like "Happy Birthday."

The third way is to recall the information to you or someone else but in a creative way.

Instead of your child verbally recalling the information to you, they can create a role play or video with the information.

As a result, your child is connecting fascination, curiosity, joy, and humor in how they are remembering new information.

The Secret to Helping your Child Remember Complex Information

Complex information is when you have to remember more than three items, formulas, charts, or diagrams.

It is best to memorize this by writing it down.

Your child should practice writing this information before taking a test or doing their schoolwork.

When they write down new information, this will free some brain capacity.

Also, kids will develop muscle memory because their hands are going to remember how to write the information.

They will develop visual memory because their eyes will visualize how the information looks.

Once your child takes the test, they should “brain dump it.”

This means they should write all the information they remembered just before taking the test.

This will free up brain capacity during the test as well.

How to Explain Things to Kids so they Learn it Quickly

The solution is the Multimedia Learning Theory.

First, verbally explain the information to your child.

Second, accompany your explanation with something visual, like a picture.

The combination of the verbal and visual components works well with working memory.

It also makes better use of your child's working memory.

If you are explaining something new to your child, and you don't have a picture, show them how to do it while talking.

This creates a visual component to learning as well.

3 Steps for Giving Young Children Instruction so they Follow Through



Have you ever given your child instructions with multiple steps and they forgot step two?

This probably happened because young children's working memory is limited.

It is usually fully developed when a child is 14-years-old.

When a child is 14, they have a working memory of an adult.

The first step to giving instructions is to be brief and use the least amount of words possible.

The second step is to ensure your child is looking at you while you are giving them instructions.

Step 3 is to give kids directions one step at a time.

Tell them step 1 and make sure they get it done.

Now move on to step 2, and check to see if they completed the task.

Repeat this process until the full task is done.

How to Stop Repeating Yourself to Kids when Giving Instructions

Have you ever told your child to do something and they didn't do it the first time?

Then, you find yourself repeating the instructions until they listen?

I have a solution for you.

I found myself constantly repeating myself to my kids and figured there had to be a better way.

This is something I have been working on.

When I do it, it works!

However, I must admit I sometimes forget especially when I am in a hurry.

The first step is to ensure your child is close to you.

Next, have them look you in the eye.

Third, tell them the instructions with the least amount of words as possible.

Next, have them repeat the instructions to you.

Then, make sure they complete the task.

Afterwards, tell them the next task (that's if you have multiple steps you want them to complete).

This way you are breaking down the task so they don't forget the instructions.

How to Give Your Child Directions Without Constant Clarification

When you give your child directions, are you constantly repeating yourself afterwards?

Does this frustrate you?

If so, try this tip.

It is simple and you may be doing this currently.

Just write the directions down.

If your child can't read, draw a picture.

Be sure to review what you wrote or drew with your child.

Have them repeat the directions to you to ensure they understand.

If they forget the directions, they can refer back to your note or drawing.

Being a Slower Learner Can Be a Good Thing

Does your child get frustrated with learning new things?

I remember considering myself a slow learner in school especially when it came to history.

I could not keep all the dates and events straight.

While studying for a history test, I just burst into tears out of frustration one night.

I spent hours studying for that test just to get a B-

If your child has witnessed this, then I have good news for you.

Today we will discuss why being a slower learner has advantages.

All of us are faster learners in some topics and slower learners in other topics.

Being a slower learner means having a slower working memory.

Faster learners tend to have faster working memories.

Have you encountered people who are considered "smart" or "geniuses?"

These people always have their hands raised in class or often know the right answer to questions.

They have faster working memories.

However, sometimes when they make errors, it is hard for them to deal with this.

These students are used to being right all the time.

It is hard for them to change their thinking.

They will sometimes use their intelligence to rationalize why their wrong answer is right.

However, slower learners know it takes them a while to understand and memorize information.

They absorb information slowly.

But, if slower learners make errors, they can change their thinking, and they are more flexible in their learning.

They are able to look deeper into a subject and fill in the gaps of uncertainty.

This is an advantage in learning.

Both faster and slower learners are successful learners.

So, being considered smart or a genius is not the only way to be a successful learner.

One way to accelerate your child's memory and prevent frustration while studying is to learn memory tricks.

I wish I would have known about these while I was in grade school.

My studying time would have been fun and cut in half.

Why Stress can be Great for Learning



There are different types of stress.

There's chronic stress which has a negative impact on your cardiovascular, immune, and reproductive systems.

Then there is transient stress, which is considered good stress, because it releases neural chemicals.

The release of neural chemicals may explain why kids and adults are more focused and efficient when studying for a test.

Transient stress also releases hormones such as adrenaline and cortisol.

This may help to explain why people can remember a presentation for school or class.

Transient stress can improve cognition, working memory, and physical strength.

So, a little bit of stress is good.

However, too much stress is harmful.

How to Prepare Children to Sleep for Better Learning

Sleep is great for learning because it helps kids process what they learned during the day.

It also puts their brain in diffuse mode which means they are thinking but not about anything particular.

Furthermore, sleep helps children solve problems they had during the day or week.

One way to prepare children to sleep for better learning is have them write (or draw) a to-do list for the next day.

This will help clear children's mind and assist them in remembering what they have to do the next day.

It also helps kids to relax.

The next tip is to have children put their smart phones and tablets in another room.

As a result, they won't be bothered by bright lights and notifications.

If your child has bright lights in their room from computers or electronics, they can use a sleeping face mask.

The third tip is to use a weighted blanket.

They soothe the nervous system through deep pressure stimulation.

This helps calm children's mind and body.

One Secret to Learning Difficult Information Easily

Have you felt frustrated when learning a new and difficult subject?

I have, and it was not a good feeling

This advice comes from the Jeopardy Champ, James Holzhauser.

He had a 32-game winning streak on Jeopardy.

He was asked how he learned the information needed to do well on Jeopardy.

James said he read children's books.

Children's books have colorful images that appeal to the brain.

They use simple language so kids can understand difficult information.

I can attest to this.

I have learned about solar power, electrical circuits, and plumbing through reading children's book with my son.

So, if you have to learn a complex topic, see if there is a children's book on it.

You will learn it faster.

5 Ways to Keep Kids Engaged in Learning

This is a topic most educators think about constantly.

The tips below should be helpful.

The first way is to tell a compelling story that is connected to the new topic.

Interesting stories keep kids' attention.

It will encourage them to want to know more about the topic.

The second way is to use humor.

We know that humor is a great way to keep anyone's attention.

Third, ask a question that will create curiosity.

You will need a question that children will want to know the answer to.

Fourth, add some music.

This is a great way to set the mood for learning

The last tip is to go outside.

You can go outside to learn or stand and stretch during brain breaks.

One Mistake Parents Make When Giving Instructions

Do you have a young child that sometimes refuses to listen when you give them instructions?

It could be the way you give those instructions to your child.

My youngest son loves to throw toys, especially cars.

I used to tell him to "stop throwing toys."

However, he heard the word "throw" and continued to hurl the toys across the room.

Instead of telling him what I don't want him to do, I started emphasizing what I want him to do.

Now, I tell him to place the toy down.

Then I show him how to do it.

Once I tried this, he placed the toy down like I showed him.

This is not a "one and done" action.

I have to give him reminders.

I also have to remind myself to use this method.

However, I am not constantly repeating myself like I was before.

Just remember young children are often learning something new, and it takes time to master it.

But, using this technique will help them learn faster.

This method can be used in any type of instruction whether it is with school work, chores, or showing your child a new skill, etc.

Three Ways to Hook Children into Learning Something New

When you hook children, that means you are making them curious so they want to learn more about the new topic.

The first way is to tell them a case study or a real-world problem.

If you are teaching children about water, you can say the following...

"Only 3% of the world's water is drinkable. Half of that 3% of water is trapped in glaciers and ice caps. So, will we run out of clean drinkable water?"

This will make them curious and want to know the answer to this question.

The second way to hook children is to do something funny.

If you are teaching your child a new family recipe, you could dress up as the lunch lady or gentleman.

You could wear a hair net or cap over on your hair and have a big spoon in your hand.

This will most likely be funny to them, and they will be curious about what you are going to show them.

The third tip is to do an experiment.

If you are teaching them about rocket design and space, go outside and create an [Alter-Seltzer Rocket](#).

Then create an interesting question around the experiment.

How to Turn your Car into a Fun Learning University for Kids



I will tell you two ways to do it.

One way is to have them listen to audiobooks in the car.

We have listened to a ton of children's audiobooks over the past six years.

You can borrow them from the public library.

It is a great way to introduce kids to wonderful stories, facts, and new words.

In addition to learning new words, kids will learn their correct pronunciation from the actors reading the story.

The second way is to have your child listen to kid friendly podcasts.

We love listening to podcasts like *Brains On* and *But Why*.

These podcasts answer kid's questions about science-based subjects and how our world works.

How to Easily Get Information into Children's Long-Term Memory!

The solution is called space repetition.

This method is opposite of cramming.

An example of cramming is if your child has a test, they will study for it the night before.

After they take the test, they will probably forget the information one hour or two later.

Space repetition is when your child is learning the information a little every day.

If they have a test next week, they may study for 30 minutes every day until the test comes.

I use this method to teach my children many concepts like numbers, alphabet, or science.

My son is in a program at church where he needs to learn Bible verses weekly.

If there are seven verses in a chapter, then we will learn a verse daily.

This method gives his brain a break from learning the information.

These breaks give your brain a chance to process the information.

As result, your child will learn faster and it will be encoded in their long-term memory.

How to Help Kids Become Independent Learners



The solution is the **Three Before Me Strategy**.

If your child is stuck, has a question, or is experiencing a challenge, they may come to you often to help them solve the problem.

However, you can help them become an independent learner.

The **Three Before Me Strategy** is when your children consult or view three resources before coming to you for help.

They can ask one person, look in a book, or find a creditable website on the Internet.

Children can also read two books and ask another parent or a sibling.

Or they may find two creditable websites and read a book.

They are basically looking at three resources (no matter the order) before they come to you.

If they can't solve their problem after doing the **Three Before Me Strategy**, then they may ask you.

It is important to have the resources available and to demonstrate how to use them.

This will help them do research, solve their own problems, and become independent learners.

How to Keep Children's Attention when Teaching them Something New

I will give you an example.

Let's say you want to take your child fishing.

You tell your child the objective/goal is to learn how to fish.

Instead of telling them this, concentrate on a focus question or statement.

The question could be "Are there are more bass or blue gill fish in this lake."

This question will peak your child's curiosity, and their brain will want to find the answer.

Once you get to the lake, they will want to learn how to fish so they can answer the question.

You may find that there are more bass fish in the lake.

It may take multiple fishing trips to find the answer.

Once they find the answer, they will remember it forever.

Introducing new concepts this way will put the information in their long-term memory.

Remember to concentrate more on the focus question or statement instead of the goal or objective.

5 Fun Ways to Get Babies/Toddlers to Talk

I know children do this at different times but there are fun ways to speed up the process.

Below I will explain how to expose your child to more words in a fun way.

The first way is reading.

I started reading to both my sons when they were born.

I read all types of children's books to expose them to more words.

The second way is to talk to your child often.

If you see your child looking at something, name and describe what it is.

You can describe the shape, color, texture, or what it is used for.

You can also tell them stories about the object.

The third tip is singing.

Although I can't sing, I often sing to my children at night when they wake up or as they are playing during the day.

Singing is one of the fastest ways kids learn new words.

The fourth way is doing movement and dance.

Nursery rhymes such as *Head, Shoulders, Knees and Toes* or *Wheels on the Bus* are great for learning.

When playing these songs, do the movements with the child.

They will learn where their body parts are located and the motions of a bus which leads to comprehension.

Last tip is to listen to children's music all the time.

We love Toddler Radio on Pandora.

I play this in the house often.

Also...

I have written a book called [Teach Your Toddler to Read Through Play: A Detailed Account with over 130 Games/Activities, Tips, and Resources.](#)

It is a story of how my son learned the sound out words at 21 months.

I know reading and talking are two different things.

But the book shows how he learned how to talk and read simultaneously in a fun way without flash cards or workbooks.

I also have an online course showing you videos of the process as well.

[You can check those out here if you are interested in learning more.](#)

How to Repeat Yourself so Kids Learn Faster

I know as parents we hate to repeat ourselves to kids because it can be annoying.

However, there is one way to do it so they learn faster.

It is through songs.

Have you ever been around small children and the "Clean Up" song comes on?

You will see kids starting to clean.

Children have heard this song repeatedly, and they know what to do when it comes on.

When I am brushing my youngest son's teeth, I will sing the song "This Is the Way we Brush our Teeth."

He knows to open his mouth so I can brush and floss his teeth.

If you put information to a song and repeat it, kids will learn faster.

Songs are fun, children can dance to it, and it usually has a great beat.

If older kids need to learn something new, they can put the information to the tune of a familiar song like "Happy Birthday."

One Mistake Parents Make when Reading Aloud to Kids

The mistake is failing to make the book entertaining or engaging to their children.

Some parents may read the words in the book, close it, and say "the end," instead of making it more engaging.

If there are animals in the book like lions or elephants, make those animal sounds while you are reading.

If there is a quiet moment in the book like someone is sleeping, whisper while you are reading.

When there is a loud or exciting event, project your voice to capture that moment.

The best way to learn the art of making books engaging for kids through reading aloud is to get children's audio books.

You can borrow these from the library.

Audio books often have professional actors reading the words.

They know how to make books entertaining for kids.

I have a resource for you in our library.

It is called 10 Ways to Make Reading and Rereading a Story Fun for Adults and Kids.

[Check it out by clicking here.](#)

Section 2 Study and Test Taking Hacks/ Proper Environment

If You Don't Know the Answer to A Multiple-Choice Question, Do This...

This is a strategy that will reduce your child's anxiety while answering a multiple-choice question on a test.

This strategy should be done only if your child has no idea what the answer could be.

If they think the answer is between two choices like A and C, then they should engage their brain and take an educated guess.

When they have no idea what the answer is, they should choose **one answer** for all these types of questions.

I always choose C. However, your child could choose A. They need to keep choosing A.

This will give your child a 25 percent chance (if there are four choices) of getting the answer correct.

Because your child has a plan for these types of questions, it will reduce their anxiety while taking the test.

They will not waste time looking at a question they don't know the answer to.

It also gives them more time to concentrate on other questions during the test.

The Best Study Light During the Day



Do you know which light is the best for studying.

It is natural light, the sunlight.

Sunlight has a positive impact on your mood, especially your eyes.

It helps minimize stress on your eyes from reading and writing.

So, get your kids outside, whenever you can, to study and to play!

You may also position your child's desk in their room (or another room in your home) near the window.

It is very beneficial.

The Best Study Lights at Night

Previously, I told you the sun is the best light for studying during the day.

You are probably wondering what is the best light for studying at night?

Below are three night light sources that are beneficial for your child and you as the parent.

1. Table and Desk Lamps.

- Desk lamps are great because they are adjustable. You can also illuminate your workspace without brightening the whole room.

2. Wall Mounted Lamps

- This is great for the child who likes to read in bed.

3. Pendant Lighting

- It gives you direct light and is sturdy as it fastens to the ceiling.

How to Create A Quiet Study Environment with Surrounding Noise

Do you have a child or know of one whose mind wanders while doing their work?

You could have a conversation with another child, and this causes the working child to get up and see what you all are talking about.

That's 20 minutes wasted.

Or your child hears footsteps coming down the hall, and they must get up to see what's going on. This leads to a conversation.

That's 15 minutes wasted.

Imagine your cellphone rings and your child wants to know who is calling.

That's 10 minutes wasted.

One way to keep your child focused during these times is to have them wear either of the following...

- Earplugs

- Earmuffs

- Noise canceling headphones.

I personally like noise canceling headphones. They signal "do not disturb."

If you like the earmuffs option, try 31 dB Peltor earmuffs.

How to Get Kids to Want to Learn Any Subject

What to know how to get your kids to want to learn anything?

It is three simple steps!

I will give you an example as we go through the steps.

1. Get children curious about the topic

One day, we walked on a nature trail and saw a huge turtle covered in mud.

We asked our kids the following questions:

Why does it have mud on it?

What does it eat?

Where does it live?

After asking these questions, they were curious about the answers.

2. Let children experiment and play with the topic through experiments, activities, experiences, and projects.

An example of a project is to create the turtle's habitat.

You will need rocks, leaves, dirt, water, etc.

Research why the turtle lives this way.

3. Introduce the lesson in a way that connects to the experiment, activity, or the child's environment

During our lesson, we discussed how turtles help humans.

We found that turtles are scavengers.

They eat things like dead plants that helps to maintain our lakes and rivers.

You can use this three-step process with any subject.

Let's say you want to introduce your child to a mathematical concept like fractions.

You can bake cupcakes or use a pizza cut into slices to peak the child's curiosity.

Why Bonding Can Lead to More Learning for Kids

One of the most meaningful relationships a person can have is with their parents.

For many, the parent-child bond is unbreakable and lasts forever.

The parent is also the child's first teacher.

When children go to school, professional teachers become their primary educational instructors.

However, if the child has a bad relationship with their school teacher, do you think they will want to listen to their instruction?

If the child and parent are always fighting, do you think they will be receptive to what their parents are trying to tell them?

I know sometimes as parents we have to tell our children things they don't want to hear.

However, I have learned that there is balance.

One of the best ways to create balance is to bond with our children.

When we bond with our children, they will be more receptive to learn or receive information from us (whether its information on life skills, academics, etc.).

I've learned this the hard way.

Bonding with children could mean taking a day trip or cooking with them.

Another great way to bond with children is to play games (video games included) with them.

Games create great conversation, promote teamwork, and encourage supportive environments within the family.

One Mistake Kids Make When Studying for Tests

Here's the one mistake kids make when studying for tests.

When a child is studying for a math test, they will often use the math example or solution as a guide to help them do their homework.

Or if a child is studying for a vocabulary test, they will look over the words and definitions.

Afterwards, the child thinks they have done enough studying.

In the two examples above, the child is putting the information in their working memory.

Working memory is temporary.

It is better for them to put the information in their long-term memory.

So, if they are studying for their math test, they need to do some or most of their problems **without** the math example and solution.

When studying for a vocabulary test, they could make flash cards, look away, and see if they can recall the word and definition without referring to their notes.

This will put the information in long-term memory.

This will ensure they know the information for tests and in various environments like at home or school.

We can only hold about 4 pieces of information in our working memory and then it is gone.

Remember to encourage your child to study independently using the tips mentioned, and the information will be in their long-term memory.

Why Rote Learning for Kids in School is Ineffective. Do this instead...

Rote learning happens when you need to remember something and you repeat the information to yourself over and over.

Then, your brain surrenders and says okay I will learn it.

First, rote learning is boring and it takes longer than the method I am about to show you.

Rote learning does not use your child's creativity and imagination.

Many times, your child is going to forget the information once they take the test.

A more effective way to remember information is with memory tricks.

We use various memory tricks to learn vocabulary, definitions, the periodic table, poems, Bible verses, facts, lists, etc.

An example of a memory trick you probably used in school was "Please Excuse My Dear Aunty Sally" for order of operations in math class.

Using memory tricks is a more effective and fun way for your child to remember information 2 or 3 times faster.

They will begin to like studying even when they dislike the topic they are learning about.

Isn't that exciting?!

5 Ways to Create A Distraction-Free Study Environment for Kids

The first tip is to have your child study in a place that is quiet and noise free.

The second tip is to get your child noise cancelling headphones if you don't have a quiet study area.

The headphones will block out noise in the environment.

Third, you want to ensure your child has the right study light.

Sunlight is the best light because it decreases strain on the eyes when your child reads and writes.

You may put their study desk near a window to get natural sunlight.

You can also have them study outside if the weather is warm.

If they are studying at night, get them a desk lamp.

Fourth, have your child study in a clutter free environment.

This means removing piles of papers and books.

All school supplies should be in one place like a cup, drawer, or pencil box.

Clutter free environments help to clear the brain.

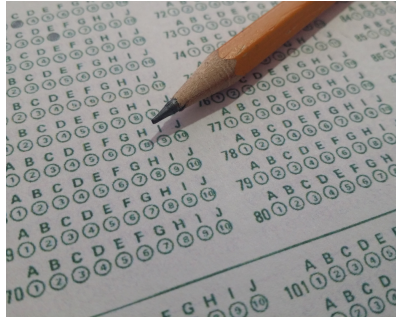
This makes it easier for your brain to receive new information.

The fifth tip is to remove all electronics like smart phones, tablets, and computers.

If your child needs the computer for school work, then ensure they only have the necessary tabs up for studying.

You don't want your child to have access to social media while studying.

One Proven Way to Decrease Anxiety while Kids are Taking Tests



This method is great for when your child needs to remember a lot of information like facts, codes, formulas, dates, lists, etc.

The method is called "Brain Dumping."

Once your child sits to take the test, they will first write down everything they can remember for the test.

They should write down math or science formulas, acronyms, codes, dates, etc.

This will free their mind during the test.

As a result, they can concentrate on more difficult questions during the test.

It is called a "Brain Dump" because they are dumping information out of their brain onto paper.

It may feel like cheating but it is not.

Why Multitasking for Kids is a Mistake



Research shows that people who multitask are less productive than those who focus on one task at a time.

When your child is multitasking, they waste brain energy.

Imagine someone throwing two balls toward you at the same time.

It's hard to focus on catching two balls as opposed to one.

This is how studying can be when a child is multitasking.

Your child may be doing math homework but in between practice problems, they are texting.

If the phone used for texting is put away, and they just focus on math, your child will perform better in school.

Remember to remove any distractions during study time to prevent multitasking.

One Secret to Preventing Procrastination in Kids (especially while studying)

Try Creating a Procrastination Prevention Chart!

Hear me out.

You will create two columns on paper.

One column will be labeled **Distractions**.

The other column will be labeled **Solutions**.

On the **Distractions** side, write behaviors that cause your child to procrastinate like "Smart Phone."

On the **Solution** side, write how to prevent the **Distraction** like "Put smart phone in another room while studying."

Let's keep going.

In another row write....

Distractions = "Noise in Home"

Solution = "Wear Noise Cancelling Headphones to Block Noise"

In another row write...

Distractions = "Sibling talks to me while studying"

Solution = "Create Do Not Disturb Sign for Door"

This is a way for your child to preplan solutions to distractions while they are studying.

It will help them focus more while studying and become an independent problem solver.

One Proven Way Kids Can Do Well on Standardized Tests



Research shows that one hour of test taking is more effective than one hour of studying.

Have your child take practice tests in order to prepare for their next standardized test.

Sometimes schools will provide practice tests.

You may also ask your child's teacher or the school district for practice tests.

Another place to look for practice tests is your local library.

When working through the practice test, ensure your child takes it in an environment similar to the real testing conditions.

For example, they should do practice tests in a quiet environment with the same amount of time given on the real test.

Have your child work through the practice test questions and problems so they will know what to expect on the real test.

This will help decrease your child's anxiety once they take the real test.

How to Keep Focus After Interruptions

Have you ever been interrupted during a task, and when you returned, you didn't know where you left off?

Then, you waste five minutes trying to figure out where to start.

If so, I have a solution for you.

Here is one mistake people make when interrupted during a task.

I am specifically talking about being interrupted while doing work or school work.

Picture this...

Imagine you are working or your child is doing school work.

Next, an unavoidable interruption happens like your child is crying or you need to use the rest room.

Most people will get up and attend to the interrupting task.

It is better to record where you left off before you focus attention on the interrupting task.

If you or your child were reading a book, mark where you left off.

If you are writing a paper or trying to solve a problem, write down your last thought before leaving.

This helps bring closure to your brain temporarily.

It helps you finish the task faster once you return.

Plus, your brain is free to focus on the interrupting tasks.

One Mistake Kids Make When They Have a Writing Assignment

Does your child complain when they have a writing assignment due?

Do they wait until the last minute to complete it?

I have seen kids wait the night before or even the class before to complete a major writing assignment.

Are you constantly talking to your child about completing their work earlier?

I have a solution for you.

The solution is giving your child mini assignments to help them complete their essay.

Let's say they have two weeks to complete the essay.

Below is how you will help your child break the big assignment into small steps.

Day 1 - Have your child think of a topic and two main idea sentences.

Day 2 - Research Day at the library, internet, interviews, etc.

Day 3 - Have your child write an outline

Day 4 - Time to write the introductory paragraph

Day 5 - Write the first main idea paragraphs

Day 6 - Write the second main idea paragraphs

Day 7 - Write the conclusion

Day 8 - Complete the final draft and editing

This teaches kids a great life skill which is how to break big tasks into small steps.

How to Help Children Achieve Their Goals

Today we will discuss how to help your child achieve their goals.

The tip I will give you works for school related or extracurricular activity goals.

I will tell you a story first.

My son, Cory, has a YouTube channel called [Corban's Fun Learning Adventures](#).

He has over 135 science experiments, DIY Stem Projects, and learning games.

He also has over 850 subscribers.

His goal is to have 1000 subscribers.

Once he achieves his goal, we talked about what he wants to do.

He wants to do the following...

- Have a cake
- Make a thank you video
- Have family over to help him celebrate.

We also talked about how he would feel, which is excited!

He is working on documenting this for himself through a story.

Your child could do something similar.

They could make a video, draw a picture, or do vision board of how they will feel and what they want to do once they achieve their goal.

When your child gets discouraged while achieving their goal, they can refer back to their video story, or vision board.

This will remind them of their goal and encourage them to keep going.



Section 3 Math and Science Hacks/Problem Solving Skills

How A Wandering Mind Can Help Solve Problems

Here is a quick tip about solving problems, especially when it comes to math problems.

Have you ever stared at a math problem and could not solve it?

You decide to take a break and come back to the problem.

Afterwards, you are able to find the answer.

This is because of two types of learning modes: Focused mode and Diffuse mode

Focus mode activates when you are learning something new or really concentrating.

Diffuse mode happens when you relax your attention and allow your mind to wander.

While in diffuse mode, your brain is silently solving problems you weren't able to beforehand.

So, if you have a child struggling with a problem, encourage them to go into diffuse mode.

During diffuse mode your child could go for walk, do jumping jacks, hydrate, draw, paint, or listen to music without words.

Try it!

It has worked for us.

How Rubber Ducks Help Children with Problem Solving

Here's a tip for when your child is stuck on a problem

If this happens, they should explain the problem to a rubber duck.

Some computer programmers use this technique.

When some computer programmers need to debug their code, they explain the program line-by-line to a rubber duck.

Explaining the problem step-by-step will often cause the solution to present itself.

Speaking aloud can help solve problems because it forces your child to pay attention to detail.

It also tells them what part of the problem they don't understand.

This concept can also be used when preparing for presentations, studying for tests, or editing an essay.

The reason a rubber duck is used because it connects to childhood memories and happiness.

One computer programmer said explaining the problem to a duck was more useful than explaining it to another person because there were less distractions.

This method can help your child become an independent learner.

If your child does not have a rubber duck, they can use a stuffed animal or another toy.

Why Two Modes of Thinking Help Children Solve Problems Faster

We will discuss how children can solve problems faster.

It is done with two modes of thinking.

The first is Focus Mode.

This happens when learning something new and you are concentrating on grasping the concept.

A child can be in focus mode when they are solving a new math problem or reading about a new subject.

The second is Diffuse Mode.

In this mode, you are thinking but not about anything particular.

Your child needs both modes to solve problems.

Have you ever had a problem that you could not solve?

Then you decide to take a break or go to sleep.

The next time you approach the problem, you found the answer.

You were in focus and diffuse mode.

Focus mode happened as you were trying to solve the problem.

When you took a break, you were in diffuse mode.

When our brain is in diffuse mode, it is working in the background to process information we learned during the day.

It is also silently solving problems without us being aware of it.



The best way for your child to solve problems, is to keep switching between focus and diffuse mode.

Let your child work on a problem for about 25 minutes, then encourage them to take a break.

After the break, they should be able to solve the problem or at least be closer to the solution.

Try this and see if it works.

The Mistake Kids Make When Doing Math

Let's discuss the one mistake kids (and often adults) make when doing math.

Math is a building block.

Each concept builds on top of one another.

For example, it will be hard for a child to add and subtract fractions if they don't know the multiplication tables.

Or imagine your child is in math class and a student throws paper across the room while the teacher is not looking.

The teacher is at the board doing division problems.

Everyone turns away from the teacher and laughs at the student who threw the paper.

When your child stopped looking at the board, the teacher was on step two.

Now your child looks back at the board, and the teacher is on step five.

Your child now does not know how to solve the math problem and has trouble doing their homework.

The mistake is kids often won't tell their teachers and parents that they missed a step.

The teacher moves on another concept and your child is lost.

There is a solution.

When your child is doing math, make sure they know how to do the homework.

If they don't understand something, get them help.

How to Harness Creativity in your Child



Creativity is needed in many situations.

If your child has a project in school that they need an idea for, creativity will come in handy.

If your child is bored, writing a story, solving a problem, or doing art, creativity is needed.

So, one way to harness creativity is to go for a walk.

Walking puts the brain in diffuse mode.

Diffuse mode is when you are thinking of something but not anything in particular.

Diffuse mode will help your child solve problems that they had during the day.

It also helps your child remember information they previously learned.

Many scientists, entrepreneurs, writers, and artists have come up with extraordinary ideas while walking.

Try walking outside with your child when they need to think of creative ideas.

You will be amazed at the results.

How Children Can Master Something They are Learning

The secret is Interleaving.

Interleaving is the practice of mixing various problems, questions, or concepts within a topic your child is trying to learn.

This is more effective than practicing one type of question or problem repeatedly.

So, I will use the example of math.

Imagine a child has just learned the multiplication tables.

Once they learn it, have them do a mixture of practice problems with three multiplication, two addition, and three subtraction problems.

When they take a test or when they have various math problems, they will know WHEN to use the operations.

This creates mastery because not only will your child know how to do one mathematical operation, they will know WHEN to do it.

This will help them do better on word problems as well.

Many times, this is difficult for kids in school because in text books, they teach kids one concept at a time.

However, at home you can give them practice problems of various concepts within a subject, whether it is math, science, art, language arts, etc.

Four Shows that will Teach Kids Math in a Fun Way

The first show is called *Peg + Cat*.

We have watched it on PBS Kids and Amazon.

It is for preschool, kindergarten, and lower elementary school students.

This show taught my son about number lines and much more.

It has episodes about counting, counting by 5s and 10s, adding, subtracting and so on.

The second show is called *Odd Squad*.

We have seen it on PBS Kids and Amazon. It is for elementary and middle school students.

This show taught my son about symmetry.

When we came to that section in his math book, I thought I would have to teach him about symmetry.

However, he already knew about this concept.

In fact, he finished that section independently because of *Odd Squad*.

The third show is called *Math Antics* on YouTube.

Sometimes when I am unable to explain a math concept clearly to my son, I will have him watch Math Antics.

The gentleman who hosts this show is interesting and uses graphics and story-telling to explain math in a fun way.

My son really enjoys his show.

The fourth show is called *Number Blocks*.

This is a fun cartoon for kids that will introduce them to counting, addition, subtraction, multiplication and more.

I have seen this show on Amazon Prime, Netflix, and YouTube.

Section 4 Reading Comprehension

The One Secret to Increasing Reading Comprehension



Here is a simple secret for improving your child's reading comprehension.

It is called **Picture Walking**.

Picture Walking is scanning through the text before reading it.

Your child should look briefly at the headings, subheadings, pictures, captions, diagrams, bold words, and questions in the back of the book.

This prepares your child's brain for the information they are about to read.

It will also help your child's brain organize their thoughts around what they are about to read.

After your child Picture Walks, have them read the text.

The One Mistake Kids Make When Reading

Here's the one mistake kids make when reading.

Usually when a child is reading something and it doesn't make sense to them, they will reread it repeatedly.

A better approach is to use active recall.

Active recall means bringing an idea back to mind.

So, your child will read the paragraph or text, look away, and try to remember the key ideas.

They can say the main ideas out loud or play them back in their mind.

Studies show that using active recall will help them do better on tests, and it builds their understanding of the material.

They will also be able to retrieve the information in different environments.

Five Types of Books that Will Keep Young Children's Interest

I posted on Facebook a picture of me reading to my 1-year old son.

Someone asked how was I able to get my son to sit down and read.

There are a number of reasons for this.

However, one reason is that I get books that will keep his interest.

Below are five types of books that will keep young children's interest.

The first type of book is one with movement.

An example would be a book called Spooky Pants by Roger Priddy.

It has a wheel that children can turn to mix and match various characters.

My son loves turning the wheel and will sit with this book for at least 10 minutes matching different characters.

Another book we like is Peekaboo Bear by Camilla Reid.

In this book, children will discover animals like a ladybugs and owls.

You will see the eyes of a bear move left to right and a lady bug crawl above the book.

The second type of book is one giving children physical directions.

There's a book my son likes called Hi-Five Animals Ross Burach.

Children are able to hi-five different animal characters in the book like sharks and lions.

The third type is pop-up books.

When you open a page, your child will see a 3D picture before their eyes.

It is appealing to kids because it creates an element of surprise.

One book I like is by DK is called Colors Pop-up Peekaboo.

Fourth, are lift-the-flap books.

Usually these books make a statement or ask a question, then when the child lifts the flap, they will find the answer.

My favorite is Dear Zoo by Rod Campbell.

The last type of book is one with familiar songs.

I have seen books with songs in the library like, Old MacDonald and Baby Shark.

One of our favorites is Row Row Your Boat by Jane Cabera.

I encourage you to read these books to your child.

You can get them from your local public library or Amazon.

I can almost guarantee they will keep your young child's interest.

Three Little-Known Steps to Boost Your Child's Reading Comprehension

Most people don't know about the tips I am going to share with you.

It is very effective in helping children with reading comprehension.

Let's get started.

The first step is to do a Picture Walk.

Before they start reading, your child should flip through the book and look at the pictures, captions, bold words, charts, diagrams, headings, and questions in the back.

This will give them a feel for what the book is about.

Their brain will be ready to receive the information they are getting from the book.

The second step is to read carefully.

This means reading slowly, making notes in the margins, and doing some highlighting.

They don't have to do a lot of highlighting.

The third step is (instead of doing a lot of highlighting) to have your child practice active recall.

After reading the book, they should look away and see if they recall the main ideas in the text.

This ensures they know the information in the book in various environments like the bus, at home, or in school.

They will also do better on tests and have a better understanding of what they are reading.

3 Types of Books That Will Teach Children Problem Solving and Perseverance



The types of books are autobiographies, biographies, and memoirs.

These books are great because they discuss extraordinary people in our lives and how they impacted our world.

Your children will also learn about the early lives of these great people.

Most importantly, these books address the mistakes and failures these people have made and how they persevered and pushed through hard times.

These books make great reference points for children during hard times.

If your children have experienced failures or made a mistake, it will teach them how to problem solve and push through their problems.

We have read books about Kobe Bryant, Sam Walton, Lonnie Johnson, Steve Jobs, Booker T. Washington and so on.

These books are great for children to read and provide a lot of life lessons.

The One Mistake Parents Make When Raising A Reader

I will tell you a quick story.

My son learned to read at an early age.

I would take him to the library weekly and get about 25 books.

Afterwards, I would call my mom and tell her about all the books we borrowed.

Then my mom would ask one question...

"How many books did you get for yourself?"

My answer was "none."

I was so busy getting books for my son that I wasn't borrowing them for myself.

I started checking out books for myself.

My son began to see me read while he played and during long road trips.

During those times, he would ask me what my books were about.

Then he wondered how I was reading without saying words.

I told my son I was reading silently.

Shortly after this time, I saw him reading in his room silently.

Our kids do what we do.

If you want to raise a reader, get books for yourself to model the joy that comes with reading.

Does your son hate reading? Try this...

I have parents who tell me their daughters like to read but their sons do not.

A study showed that many reading assignments in schools do not appeal to boys.

I believe all children like books. They just haven't found the right one.

Well I have a solution for you.

Today we will discuss 10 Book Series Boys Would Love to Read.

All of these are chapter books!

I have parents ask me what books my son likes to read.

The books below are approved by my son and will get your child excited about reading.

They are for kids ages 7-12, depending on your child's reading level.

The first one is EllRay Jakes by Sally Warner

Second is George Brown Class Clown by Nancy Krulik

Third is The Magnificent Makers by Theanne Griffith and Reggie Brown

Fourth is The Data Set by Ada Hopper and Rafael Kirschner

Fifth is Desmond Cole Ghost Patrol by Andres Meidoso and Victor Rivas

The sixth one is Track Field Take Down by Jake Maddox

This author has other books about sports.

Seventh is Big Monty Book Series by Matt Max

Eighth is Stink Book Series by Meagan McDonald

The ninth one is Diary of a Wimpy Kids by Jeff Kinney

The last one is Captain Underpants by Dav Pilkey

You can find these books in your local library or Amazon.

How to Help Children Read Books Above Their Level

If I asked you to have your child read above their level, would you get nervous?

Doing this is a great way to accelerate their learning and exercise their brain.

I have some quick tips for you today.

First, let me tell you a story.

My son and I read a book about solar power.

We were interested in the topic and how it works.



This particular book has interesting words like photovoltaic and heliostats.

The solar book taught us the disadvantages and advantages of solar power and the details of how it works.

To help my son get through this book, which was slightly above his reading level, we did the following.

First, we did a picture walk.

He looked at the pictures, headings, subheadings, diagrams, bold words, etc.

This gave him an idea of what the book was about.

Next, he began reading very carefully.

My son read one or two paragraphs and then stopped to recall what he just read.

This meant discussing what the paragraphs were about and reviewing the bold words.

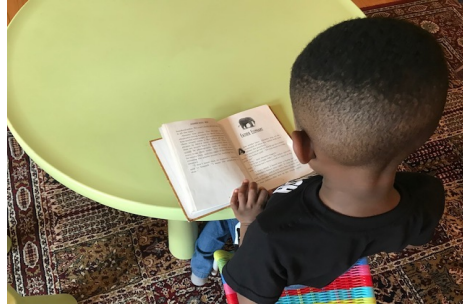
Another tip is to get your child's opinion and reaction to what they just learned.

Furthermore, discuss real world examples.

These steps will help your child read books above their level.

You are helping them break down the information.

One Clever Way to Get Young Kids to Sit Still for Books



When I use this tip at the public library, other kids will come over and listen to the book I'm reading to my sons.

The tip is to use a puppet while reading the book.

While doing this, have the puppet move its mouth.

Also, have the puppet act out the character emotions.

So, if the character is excited, have the puppet jump up and down like it is happy.

If the character is sad, have the puppet hold its head down.

If you are reading a bedtime book, where many times the character falls asleep at the end, have the puppet sleep with snoring sounds.

This is fun and interactive for kids.

It provides a positive connection with books.

Section 5 Free Resources/Bonus Tips

A Fun Podcast that Teaches Kids About Money

My son loves the podcast I will tell you about.

We listen to it in the car.

When we arrive at our destination, he will ask to spend 5 more minutes in the car so he can finish listening to the podcast.

It is called Million Bazillion.

Its purpose is to inspire kids and their parents to have conversations about money.

Million Bazillion addresses topics like...

- What is the stock market?
- How is money made?
- Why is our money green?
- Why negotiation skills are important
- Taxes
- Starting a business
- Why do we have jobs

It shares great information in a fun way.



5 Podcasts Making Your Car a Fun Learning Machine for Kids

The 5 podcasts mentioned below have been approved by my son.

The first one is called *Forever Ago*.

This is a fun history show for kids.

We learned about the history of video games, shoes, and sandwiches.

The host is pretty funny as well.

The next podcast is *Million Bazillion*.

It teaches kids about money in an engaging manner.

Some of the topics are the history of banks, the stock market, and why we have taxes.

Third is *Brains On*, which is a science show for kids.

Kids call in to ask questions and the host along with other experts provide answers.

There are shows about worms, poop, owls, space and so on.

The fourth podcast is *But Why?*

This is also a science-based show that answers kids' questions about how the world works.

They have topics about COVID19, why are some people left handed, and why do flowers bloom.

Fifth is a show called *What If World*.

It is show where kids can give the host two random topics like hotdogs and butterflies.

The host will create fun stories about those topics.

This encourages kids to be creative and to have fun with storytelling.

Fun App that Helps Kids Explore Nature



The app is called iNaturalist.

You can take a picture of an unfamiliar animal, fungus, or plant and upload it to the app.

It will give you 10 suggestions and names that helps identify the organism.

You choose the suggestion that closely identifies the organism you found.

Once you have the name, then your child can learn more about it.

You can also write notes and share your findings.

iNaturalist will automatically record the date and location of your observations.

Isn't this a wonderful tool?!

Kids will have fun learning and exploring with the iNaturalist app.

7 Items Needed to Help Kids Explore Nature



Have you ever been on a nature walk with your child and they kept asking you "What is this?"

They wanted to know about an unfamiliar plant, animal, or fungus.

There was a time when my son would ask me this frequently and I would not know the answer.

I always felt it was a missed learning opportunity.

I tried to use my phone to search the organism but many times could not find what I was looking for.

Now I don't have that problem because of 7 items I take with me on nature walks.

Let's get started....

The first item is your smart phone.

Download an app called iNaturalist on your smart phone.

Your child can take a photo of unfamiliar animals, plants, and fungi and be able to identify it with this app.

The second item is rain boots or water shoes.

This is so your child can explore ponds or lakes.

Be careful with this because sometimes this can be unsafe.

Third, you will need a magnifying glass so kids can take a closer look at bugs, rocks, or plants.

Fourth is a compass.

I know we have GPS today; however, kids find it fascinating when they tell can you the direction during the nature walk.

Fifth is binoculars.

We use them to see turtles, birds, geese, and other animals in faraway places.

The sixth item is a net to scoop your findings.

My son uses our net to scoop up fish, worms, bugs, and other organisms.

The last item is a jar to collect your findings.

5 Fun and Free Field Trips for your Kids during the Summertime

Summer is a wonderful time to explore new places.

However, if you have to pay every time you go somewhere, it can get expensive.

I will give you 5 fun and free field trips for your kids during the summertime.

Let's get started!

You can take a trip to your local fire or police station.

Call ahead to see if they are doing tours.

This is always a fun one for kids.

The second trip is to the library.

The library in our area has books, toys, puzzles and summer programs.

See what your library has to offer!

Check out books that fit your child's interest, whether it is video games or fashion.

The third trip is to hardware stores that have craft and building projects for kids like Lowes and Home Depot.

They typically have classes on Saturday mornings where you need to preregister.

Fourth is a fishing trip or walking a nature trail.

Nature has so much for kids to explore.

Turn your nature walk into an art project where kids collect rocks and paint them once they get home.

The last trip is bowling.

Kids can bowl for free at Bowl America in my area.

You can also go to www.KidsBowlFree.com and see if there is free bowling in your area.

130 FREE Science Experiments, DIY Art and Stem Projects, and Learning Games to Beat Boredom

Can I ask you something?

Do you have a child that says they are bored from time to time?

Sometimes it is great to be bored because kids have an opportunity to be creative.

Today I am here to help you out.

I have a resource of over 130 FREE science experiments, DIY art and Stem Projects, and learning games that will beat boredom for kids.

Most of you know about this resource if you have been on my email list for a while.

It is the YouTube channel, [Corban's Fun Learning Adventures!](#)

You will find exciting projects like rockets, volcanos, high flying paper airplanes, robotics, gigantic bubbles, scientific magic tricks and more.

If you like the content, please subscribe.

Oh, and it is my son's YouTube channel.

So, you will see me there as well.

Most of the projects use materials you have at home.



5 Fun Road Trip Activities for the Whole Family

First is the *Association Game*.

You will pick a category like food or animals.

Each person will name types of foods until you can't identify anymore.

The family member who can't list anymore food loses the game.

Second is the *Shape Game*.

One person will draw a shape like a triangle.

Then you will pass the paper around so each family member can add on to the drawing with another shape.

Keep going until you have made a family masterpiece.

The third activity is *Finish the Story*.

One family member will begin the story with a sentence.

This could be done verbally or written.

Each person will add to the story with a sentence.

Keep going until you have made a wonderful family story.

The fourth activity is *License Plate Game*.

Each family member will try to find license plates from all 50 states in America.

The person who finds the most states wins the game.

Last, is playing classic games on pen and paper like *Tic Tac Toe, Hang Man, Connect Four* etc.

I have created a Digital Road Trip Pack with a 16 fun games and activities for the whole family.



All these games mentioned here are in the Road Trip Pack.

You can print out these games and use them repeatedly.

My family has a blast playing these games on our road trips.

5 Ways to Make Adult Museums Fun for Kids

Children's museums are always fun and interactive.

Therefore, you don't have to worry about kids being bored there.

However, adult museums don't always keep children's attention.

The first tip is to give children the map.

They can be your guide for the day.

You can follow them in the museum and they will feel like leaders.

The second tip is to do a scavenger hunt.

Look online and find exhibits in the museum.

Pick two or more items in certain exhibits and have children find them during your visit.

Third, play I SPY or Counting game.

For younger kids, have them find all the red items or circles in the exhibit.

Fourth, allow children to be the photographer.

Two options are to give them your smart phone or get a kid-friendly digital camera.

You may have children record your day through photography.

They can take pictures of the family or some of the exhibits (if allowed).

Last, have kids choose their favorite items or facts in the museum.

They can bring paper to draw their favorite items or moments while visiting the museum.

Make the World Your Learning Playground.

– Andrea Stephenson

Favorite Resources

Learning How to Learn by Dr. Barbara Oakley, PhD and Terrence Sejnowski, PhD

A Mind for Numbers by Barbara Oakley, PhD

Uncommon Sense Teaching: Practical Insights in Brain Science to Help Students Learn by Barbara Oakley, PhD, Beth Rogowsky, EdD, and Terrance J. Sejnowski, PhD

Limitless: Upgrade Your Brain, Learn Anything Faster, and Unlock Your Exceptional Life by Jim Kwik

Next Steps

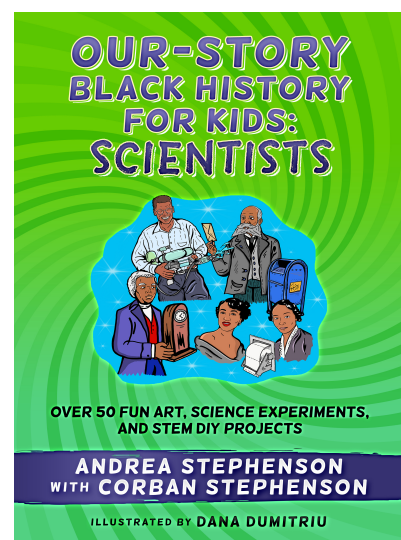
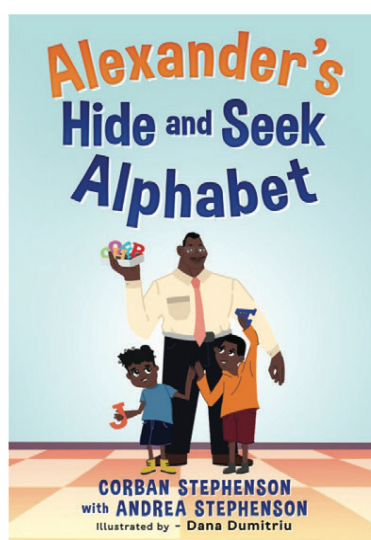
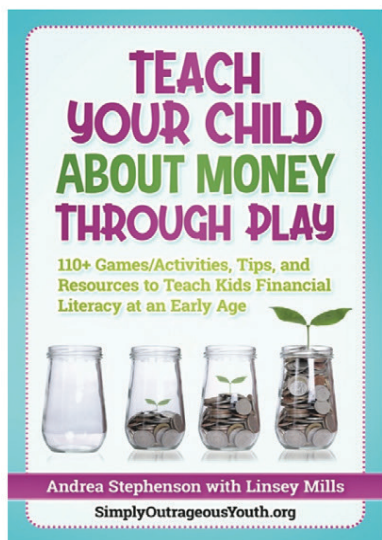
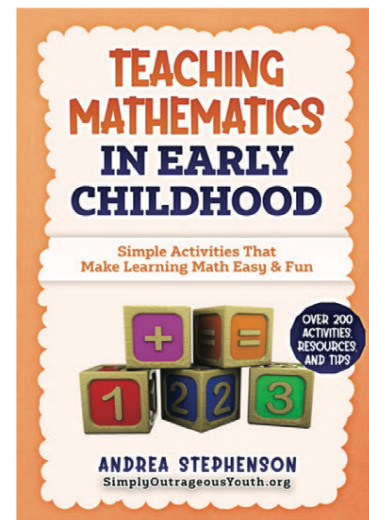
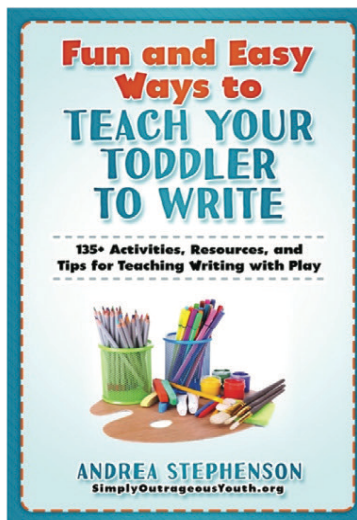
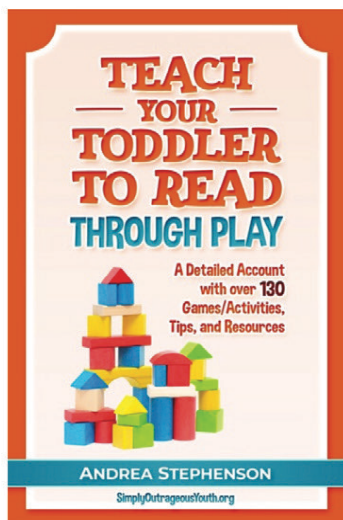
Check out our three **online courses**, *Teach Your Toddler to Read Through Play*, *Kid-Friendly Fun & Fast Study Tricks for Better Grades: 9 Fun Strategies for Success in Learning and School* and *Boost Your Child's Comprehension*

They are available at <https://simplyoutrageousyouth.org/store/>



Next Steps

Check out Andrea and her son, Corban's, books available on Amazon and <https://simplyoutrageousyouth.org/store/>





Thank You!

Thank you so much for investing in this book. For more information or further questions, please contact us at SimplyOutrageousYouth.org.