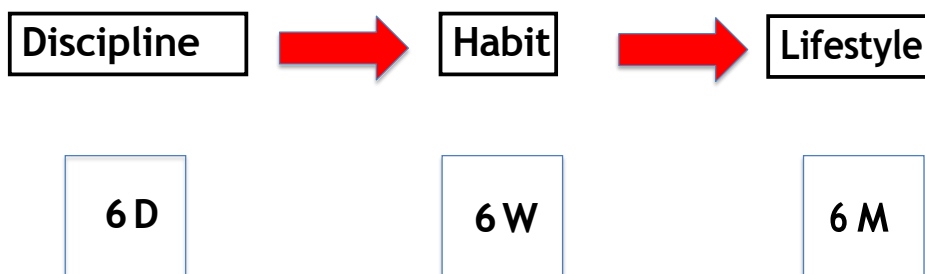


# Brighter

The Brighter training in Missional confidence focuses on the 3 confidences of

- Telling our faith story (my story)
- Talking about Jesus (his story)
- Inviting people to something (our story)

The training works, but only if you use it! One of the keys to its success is the ongoing encouragement and accountability for putting the training into practice. The aim is to translate something that starts as a discipline in the early weeks, into a habit, and finally a lifestyle.



We think, that in very approximate terms, it takes 6 days to build a discipline, where things have to be both scheduled (eg pray each day for opportunities) and determined (to take the opportunities that come). That it takes 6 weeks to form a habit, where things no longer have to be scheduled (where for example praying for opportunities has become a normal part of daily prayer times) but do still need to be intentionally acted on. And 6 months to become a lifestyle where the habits are now instinctive and automatic.

For this reason, a missional lifestyle where all these confidences are part of our normal everyday life, take time to develop. The key then is mutual accountability to consistently practice them until we have them as personal lifestyle and corporate culture

Small groups or accountability triplets are an ideal context for this ongoing encouragement and accountability. But also, any context where stories can be told, such as Sunday services, social media etc, will be helpful.

So, it's worth building this into the life of the church for 6 months following the completion of the Brighter course, or until you deem that lifestyle and culture have been achieved.

For further help or advice please do contact [naomi@kairosconnexion.org](mailto:naomi@kairosconnexion.org)