

While kayak guiding is still a passion, for the last 7 years my biggest adventure has been as the owner and operator of Spring Cleaning Home Organization, which is soon to officially become TidyWild Organizing.

With this business I've helped individuals and families create calm out of chaos in their homes, and learn how to let go of things no longer serving them.

This is just another version of guiding! Which is why I call this an organizing adventure :)

The methods and techniques I'll be sharing with you are the same ones I've used to create a home, life and mind that I love.

It took me MANY years to get here!

I'll use both my person and practical experience to help you find joy in your home, life and mind so you can stop struggling as I did.

I've been deep in that struggle - I've dealt with anxiety, depression, pain, family deaths and intense mental hurdles. These kept me from finding my way to the other side of my clutter and mess, both internally and externally.

I was usually late, I usually forgot things, I was always misplacing my keys and my purse and my favorite socks :)

I was beating myself up constantly and making myself crazy.

But through years of study and practice, I made it to this place of peace I dreamed about.

And I'm here to say...

There is peace on the other side of chaos!

There is joy, there is freedom, there is a more organized life and mind.

There is a more productive, happy you!

And YOU DESERVE it, whether you believe this or not.

As a professional in-home organizer for 7 years, I've helped people organize everything from their underwear drawers to their entire homes, from storage units to kids rooms, from garage tools to junk drawers.

And I LOVE it! My mind sees each organizing project as a puzzle ~ I grew up doing puzzles and love the satisfaction of pieces finding their proper homes.

I used to organize people and outdoor equipment, now I organize thoughts and homes!

BUT...

I'm not a naturally tidy person - just ask my husband :)

I can make a huge mess in the blink of an eye, and it used to make me (and my perfectly organized Dad) crazy.

But now I love making a mess because I know it's going to be super easy to put it away...

And I WILL put everything away because I've found a home for EVERYTHING I own. If this sounds impossible from where you're sitting amidst chaos, please trust me.

Stick with me through this course, follow the steps, and you will experience a monumental shift.

This may come as little or big shifts in our time together, but if you stick with this course and the skills I share with you, you WILL find a new you beneath the clutter.

I've read countless organizing books, trained with Marie Kondo, and worked with many people in their homes.

I also have a lifetime hobby of studying neuroscience, brain plasticity, and human behavior - especially where all of this relates to happiness and habits.

In my work I blend learning from all areas of my unique background and it all ties together beautifully to deeply serve the wonderful people I work with.

It brings me immense joy to help people move through chaos - both internal and external - to find peace and joy in their hearts, homes and lives.

Words can't express how excited I am to embark upon this adventure with you!