

# A BRUTALLY HONEST COURSE ON DATING

*Find your life partner*

*Is what you need and want.....what you **DESERVE**?  
Be brutally honest with yourself*

**BY KATHARINE CHAN, BSC, MSC, PMP**

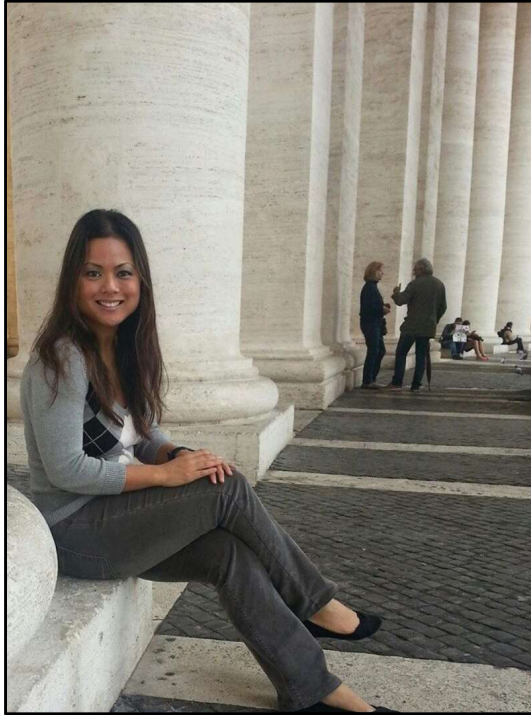
WIFE, MOTHER

THOUGHT LEADER, HUMAN EXPERIENCE



"Is what you need and want, .....what you DESERVE?" – Here's a brutally honest perspective to kick you into gear





## WHAT YOU'LL GET OUT OF THIS COURSE:



### WHAT YOU'LL GET OUT OF THIS COURSE :

- Develop self-reflection skills to figure out who you SHOULD be dating
- Increase your self-confidence and self-esteem in dating
- Increase your self-awareness and know yourself better
- Figure out what you need, want and deserve in a relationship
- Understand the best dating practices before, during and after a date
- Develop strategies to overcome the most common frustrations with dating



## WHAT YOU'LL GET OUT OF THIS COURSE:

- ✔ Develop self-reflection skills





## WHAT YOU'LL GET OUT OF THIS COURSE:

- ✓ Develop **self-reflection** skills
- ✓ Increase your **self-confidence**



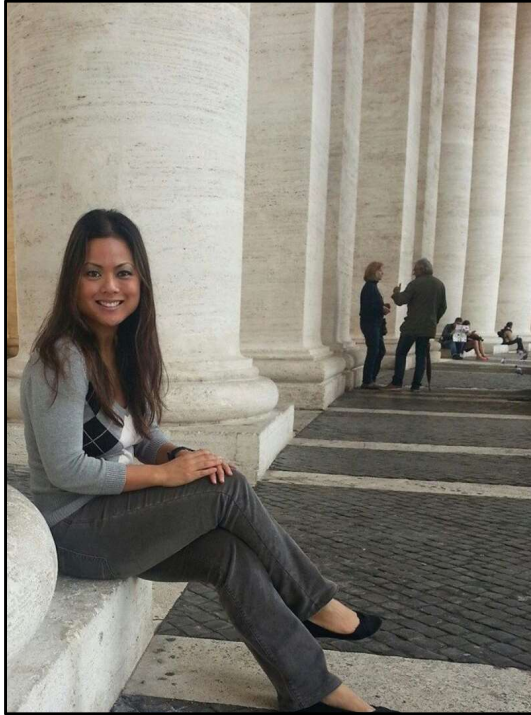


## WHAT YOU'LL GET OUT OF THIS COURSE:

- ✓ Develop **self-reflection** skills
- ✓ Increase your **self-confidence**
- ✓ Increase your **self-awareness**



Develop self-reflection skills to figure out who you **SHOULD** be dating  
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Increase your self-awareness and know yourself better  
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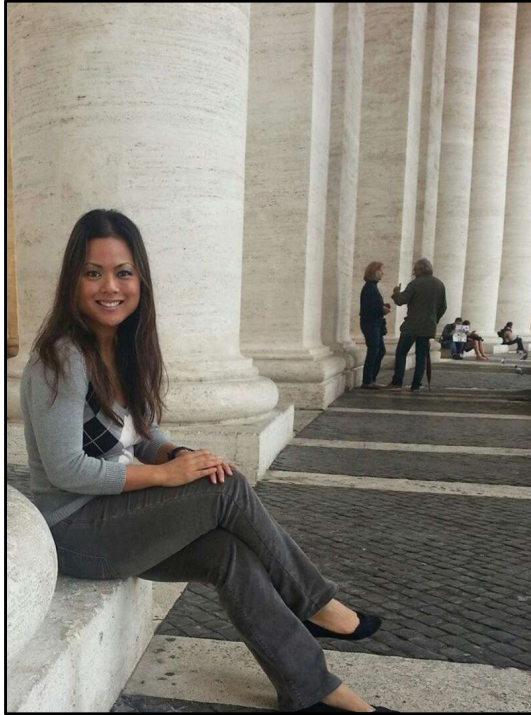


## WHAT YOU'LL GET OUT OF THIS COURSE:

- ✔ Figure out what you need, want and deserve







## WHAT YOU'LL GET OUT OF THIS COURSE:

- ✓ Figure out what you need, want and deserve
- ✓ Understand best practices





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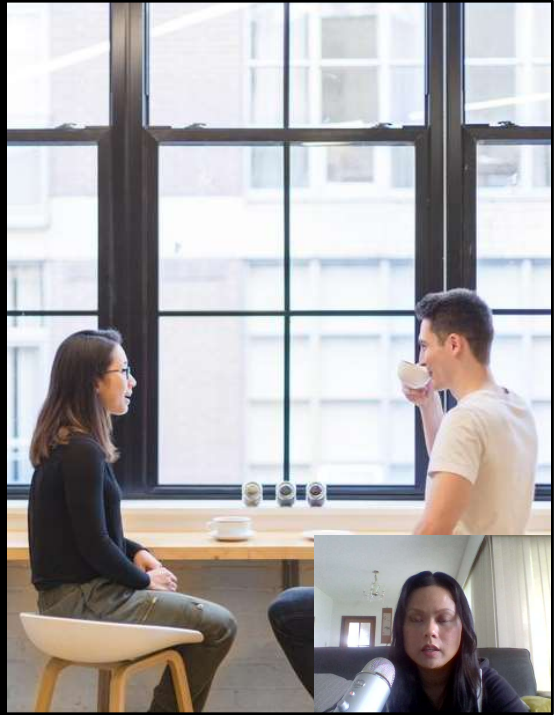
- ✓ Figure out what you **need, want and deserve**
- ✓ Understand **best practices**
- ✓ Develop **strategies** to overcome **frustrations**



## WHAT YOU'LL GET OUT OF THIS COURSE:

Develop self-reflection skills to figure out who you **SHOULD** be dating  
Increase your self-confidence and self-esteem in dating  
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WHO IS THIS  
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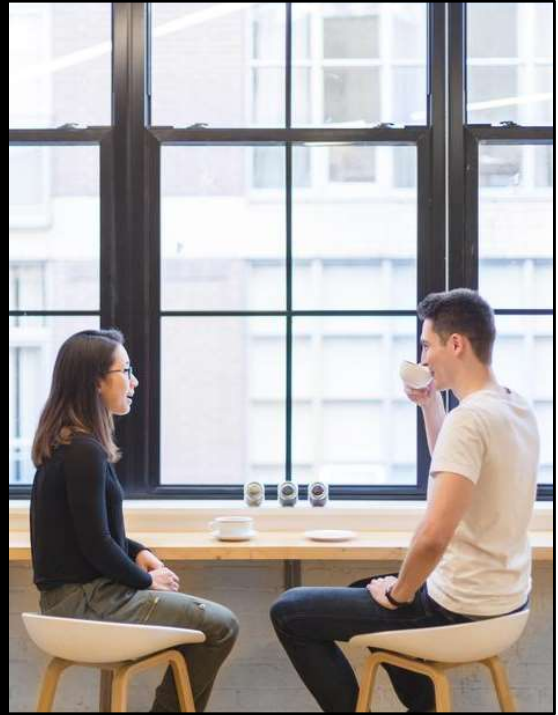
Interested in finding someone



# WHO IS THIS COURSE FOR?

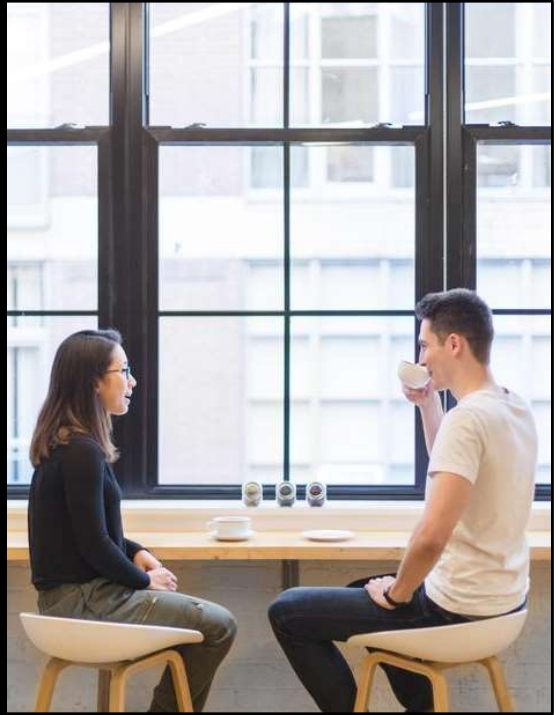
✓ Interested in finding someone

✓ Looking for love



## WHO IS THIS COURSE FOR?

- ✓ Interested and serious about finding a life partner
- ✓ Looking for love
- ✓ Are sick of dating

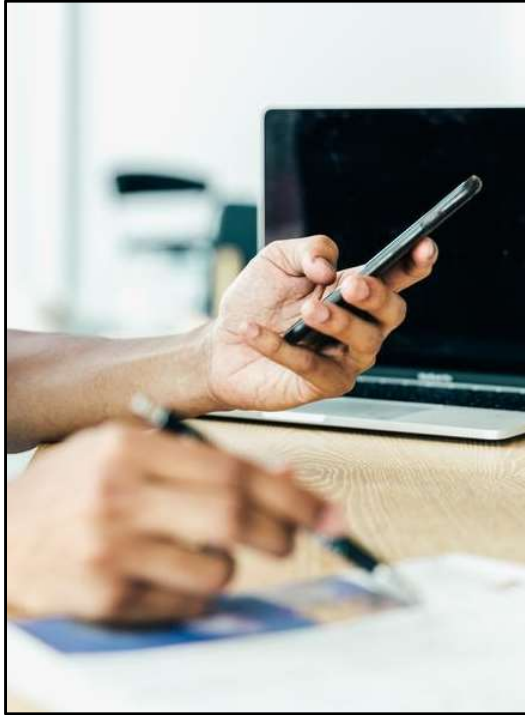


W H O I S T H I S C O U R S E F O R ?

Interested and serious about finding a life partner

Looking for love

Are sick and tired of dating and want to find the one



## WHAT YOU'LL NEED:



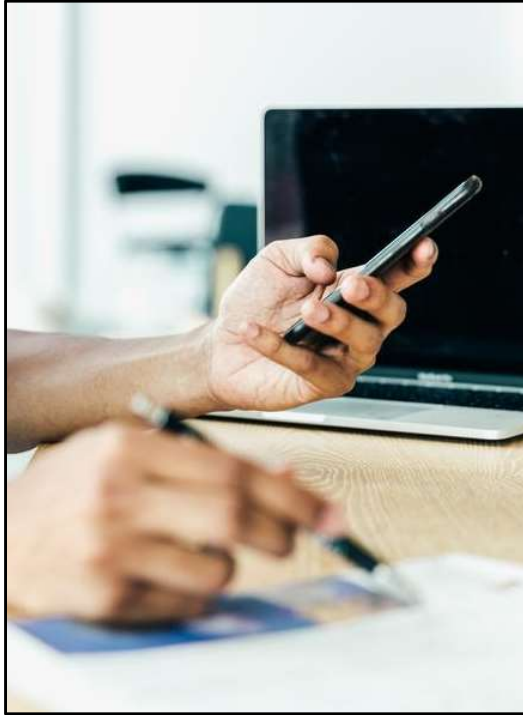


## WHAT YOU'LL NEED:

- ✓ Pen and paper



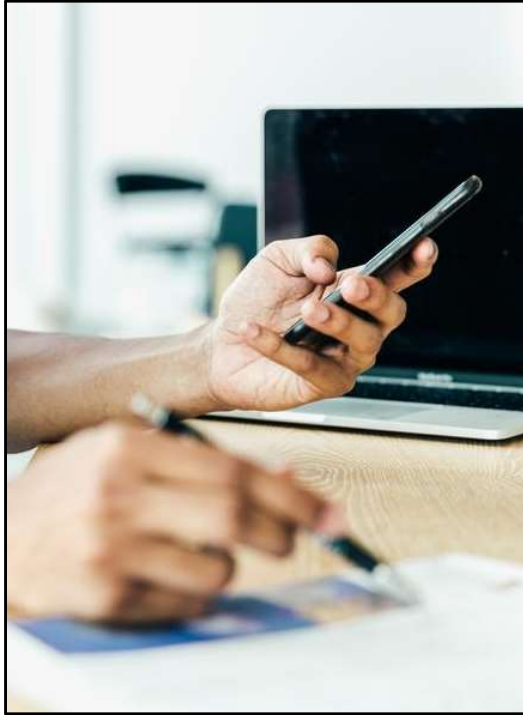




## WHAT YOU'LL NEED:

- ✓ Pen and paper
- ✓ Or something you can type your notes in





## WHAT YOU'LL NEED:

- ✓ Pen and paper
- ✓ Or something you can type your notes in
- ✓ Phone

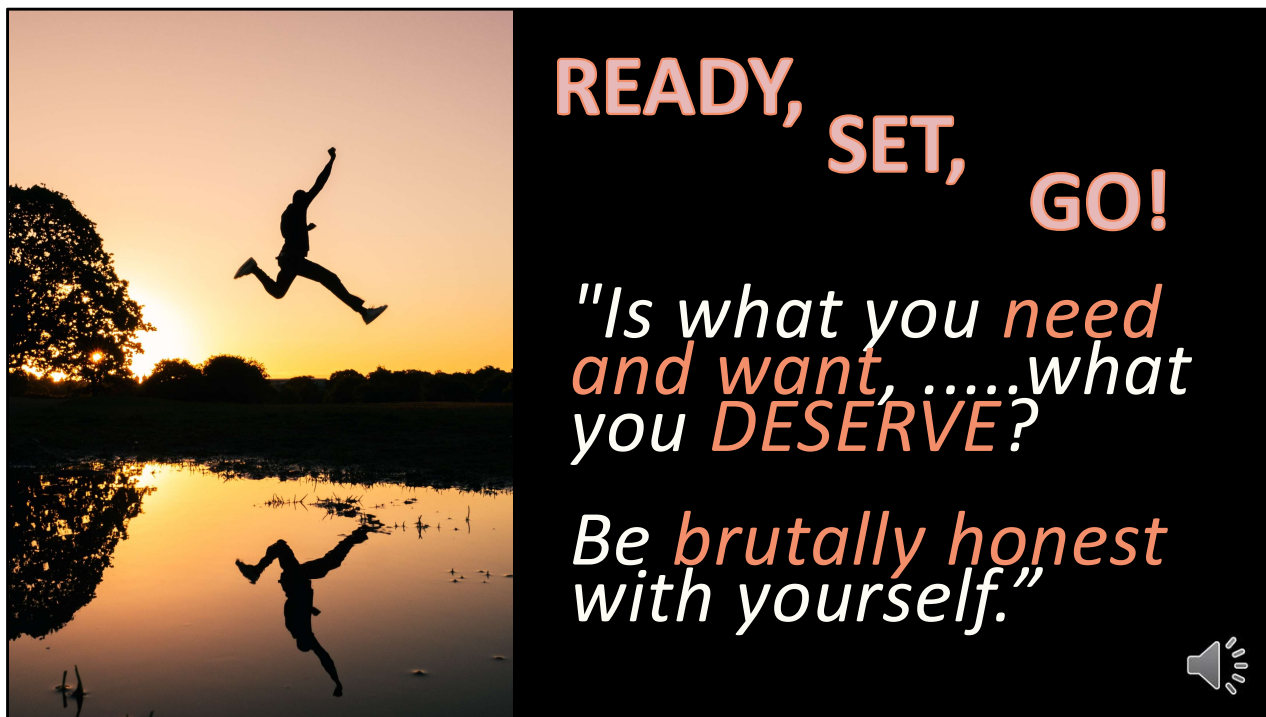


## WHAT YOU'LL NEED :

Pen and journal/paper for self reflection exercises

Notepad/Word/Google Docs/something you can type your self-reflection notes in

Phone



Ready, set, GO!

As your brutally honest dating coach, I will break it down in this course, telling you like it is and giving you real, raw and tactical advice for you to:

- Become more self-aware and know yourself better
- Increase your self-confidence and self-esteem in dating
- Get laser focused by defining what you **NEED, WANT AND DESERVE** in a life partner so you attract those you want to attract

No Bullcrap  
Straight to the point  
Tell it like it is!

I'm brutally honest because I want you to be brutally honest with yourself