



Create a list of all of your BIG goals. They don't need to be huge, but they can be.

Review your list and choose the three goals that are most important to you right now AND that you believe you can take action on in the next 30 days.

You're rockin' and rollin' now! And, I bet you know what's coming next. Pick one of those three goals and write it here. Feel free to add pictures into this space that represent your goal.

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