**Lesson 3: Discipline To Pray: The Gift of the Holy Spirit**

**Purpose of the Holy Ghost**

Once you received salvation, the most important thing you need that will enhance and take your prayer life to another level is to ask for The Gift of the Holy Ghost.

Luke 11: 13 If ye then, being evil, know how to give good gifts unto your children: how much more shall your heavenly Father give the Holy Spirit to them that ask him?

1.Helps you live a saved and overcoming life.

2. To prosper in every area of your life

3. To eliminate sin areas, iniquities, and hindrances from your walk with God

4. Give the truth based on God’s Word for your everyday life. (John 16:7)

5. To enhance and empower your prayer life.

6. Helps you operate in the fruit of the Spirit (Galatians 5: 22-23)

7. Helps us crucify the deeds of the flesh. (Galatians 5:24-25)

8. Endows you with the spiritual gifts of the Spirit.

**Holy Ghost and Prayer**

1.Holy Ghost will give you a heavenly tongue to pray in the spirit.

2. Pray and intercedes for you when you don’t know what to pray for. (Romans 8:26).

3. Holy Ghost will teach and bring all things into remembrance through the Word of God in your daily life and situations you face (John 14:26).

**Holy Ghost Advantage: Prayer Upgrades**

1.Upgrades in our prayer life are critical for growth, elevation, and becoming fully equipped in the spirit realm.

2.Upgrades are important when you need to make some major life changes, decisions and the warfare or attacks have intensified in your life.

3. Upgrades are needed when you need strength for what’s ahead and to get recharged and refreshed in God.

**How Do I Upgrade My Prayer Life?**

**1.Increase the intensity and goal in your prayer time. What do you want God to do,change and manifest in your life? This will increase your ability to intercede for others as well.**

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1. **Study the Word of God based on your current situation. Write down every scripture related to your life right now. (Ex.Healing, Family, Job, Finances, Stress, Fear, and etc.)**

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1. **Begin to fast more from food and from things you really like to do as the Spirit leads you. How often do you fast now and what are some other things you can fast besides food?**

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1. **What are some steps you are going to take to improve and enhance your prayer time with God?(Ex. Study bible more, read books on prayer strategies, listen to cds on prayer, etc.)**

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**Use your prayer journal to write down your responses to each prayer activation.**

**Prayer Activation #1 Pick a person God has put on your heart to pray for. Ask God to reveal to you what their needs are and what they need prayer for.**

**Prayer Activation #2 When you go to pray, ask God to give you a strategy on how to improve an area in your life.**

**Prayer Activation #3 Pick a day available for you to shut-in with God for 2 to 8 hours max. Keep a journal on hand and what God says and speaks to you about.**

**Prayer Activation #4 Identify the attacks and what the Enemy has tried to come against you with. What have you done in prayer to combat and counterattack? What has been your prayer strategy against Satan?**

**Prayer Activation #5 Praise God during your prayer time. Sing praises to God and write down what you experience.**

**Responses to Prayer Activation: Write some things that happened when you did these activations. What happened with you and God during that prayer time?**

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