

ABOUT
Michelle



Kia ora and a very warm welcome!

A BIG Thank you for dropping in today.

I held these 15-minute daily sessions for 3 days in a row with topics to support and encourage you as a parent of teens.

I recorded the session for you to enjoy later if you missed the live.

Because let's face it, parenting is a big job and for me, at times it was overwhelming and isolating. I made it through, and so can you.

Hey, I'm Michelle Peat and I'm a parent of 4 adult children + 2 step adult children. And I know first-hand how challenging it can be when our kids are teens!

So, I'm inviting you to focus on you for 15 minutes. Enjoy x

“ Thank you, Michelle, for your time, patience, and professional manner, you have been a pleasure to work with. Thank you.

- Jacqui Walter ”

CONNECT WITH MICHELLE PEAT

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