

# UNIVERSAL HEALING KEYS

## Preface

These Keys are a powerful healing tool to share with others. This system is for working on yourself as much (or more so), than on someone else. In many of the Keys, it states to put the right hand somewhere on the body. Although, If you are working on yourself, then the circuit is complete. But, if you are working on another then it is extremely important that a circuit be complete by having both hands on the subject. A circuit **MUST** be made or the Energy just doesn't \*Flow\*. This healing form works best when the hands of the "healer" are placed on the bare skin of the subject. Which hand to place depends on a person's polarity. Right handed people should use right hand normally.

The hands are like a Magnifying Glasses for the Spiritual Energy to \*Flow\* through. It is extremely important to be clear that it is not your Energy your are giving, but Spiritual Energy from The Source. Also, do not be attached to a certain outcome of the healing. Instead, I Pray, "Thy Will be done, Lord, not mine."

For healing yourself or treating yourself for general health, say the following Prayers/Mantras ten times or more.

The best results in treating patients is derived by working hands on bare skin. Don't be surprised if your hands stick, as if glued. Just keep up the Prayer/Mantras until the \*release\* comes. You'll feel it and then your hands will come loose. The Keys also mix and match quite well with other healing methods.

### Cosmic All Is Universal Love, Cosmic Sulphur, Golden-Yellow

#### Place right hand on top of the head.

Rejuvenates and releases disease in the entire skeletal system; spine, hips, sacrum, neck, shoulders, arms, complexion of the skin, liver, jaundice, torpid liver, gall bladder, lower gall duct, small intestines, kidneys, bladder, and the prostate gland.

Cleanses the body of negativities, removing Energy Blocks -congestions, such as swelling in the lower limbs, varicose veins, female disorders, and cold feet.

### Cosmic All Is Universal Light, Cosmic Kalinite Phosphate, Blue-Green

#### Place right hand on top of the head.

Rejuvenates, soothes and calms the nerves, rebuilding the whole nervous system, as well as the eyes, the sense of sight; the colon, gallbladder, kidneys, bladder and ureters.

Releases disease in the eyes, ears, throat, asthma, T.B., inflammation of the lungs, mucus discharges, pneumonia, pleurisy, stomach, nervous indigestion, gall bladder, kidneys, bladder, creative organs, impurities in the blood, cramps, pains and aches in the shoulders and arms, palpitation of the heart, twitching muscles, and itching skin.

### Cosmic All Is Universal Truth, Cosmic Potash, Astral White

#### Place right hand on top of the head.

Rebuilds, quickens, and imparts ambition to the entire lymphatic system, the conscious system, the brain and thinking faculties, circulation of the red blood, the liver and middle gall ducts, the kidneys, bladder and ureters, the small intestines, colon, sacral plexus and creative organs. The Quickness of this Key builds up Energy which is turned into heat in the body. The heat causes changes in the minerals of the body, which greatly increases their value.

With extensive use of this Healing Key, negative habits are reduced and eliminated; as is apparent overweight, caused by a sluggish lymphatic system: bloat or gases condensed and solidified in the flesh, resembling fatty condition. Cold flesh,

especially on the back of the neck where deep wrinkles form, is warmed and relieved.

### Cosmic All Is Universal Life, Cosmic Natural Muriate, Red

#### Place right hand on top of the forehead.

Gives new Life Energy to the digestive system, brain, consciousness, nerves, lymphatic system, skin, flesh, muscles, throat, eyes, ears, and all parts of the body.

Restores and regulates the memory, vision, creative and generative organs, restoring lost sex drive. Re-establishes positive thinking.

Removes the causes of anger, jealousy, deceit, colic, diarrhea, eczema, uterine infections, constipation and all irregularities of the digestive track. Stress and Energy Blocks are removed from the sacrum, lower limbs, and feet.

### Cosmic All Is Universal Understanding, Cosmic Calcium Fluoride, Yellow-Green

#### Place thumb and finger of right hand on the bridge of nose.

Rejuvenates the consciousness, brain, pituitary and pineal glands, sinuses, adenoids, teeth, stomach and bowels.

Releases disease in cases of catarrh, hay fever, swelling, ringing and itching in the ears, ulcers in the mouth, plaque, pyorrhea, toothache, pain in the jawbone; trembling of the lower limbs, congestion of the skin and sweat glands.

### Cosmic All Is Universal Will, Cosmic Calcium-Lime, Gray-Blue

#### Place right hand on the back of head.

Rebuilds the skeletal system: all bones, skull, mastoid glands, cartilage, fibrous tissue, elastic fibers, tendons, ligaments, marrow, circulation, involuntary and sympathetic nervous system, the hair, fingernails, toe nails, the red blood, and the Will. It lubricates the joints, tendons and muscles for flexibility.

Removes and releases the cause of lame joints, pain in broken bones, arthritis, bow-legs, and paralytic conditions.

Calcium is the foundation of our skeleton. Salt and sulphur gives hardness to the bones. Silica provides the spring to prevent breakage. Live rebuilds the bones, giving strong determination or Will to the body, brain, and consciousness, supplying it with the ability to remove disease and Darkness from the physical, mental, and emotional bodies.

### Cosmic All Is Universal Knowledge, Cosmic Calcium Phosphate, Blue-Green

#### Place thumb and finger of right hand on bridge of nose.

Rejuvenates and regulates the eyes, atlas, stomach, bowels, and circulation. The bridge of the nose, the Center of Imagination and Visualization brings into manifestation our desires, integrating the Spirit and the Physical through the Mental and Emotional bodies; quickening the Consciousness, especially the Spiritual Consciousness. Awakening, penetrating and cleansing the Soul of Mind - our Conscious System, so that the body is awakened to the Light, providing Knowledge to each organ, that it may function properly. Crowding out and releasing all Darkness, disease, tensions, misery, pain, and sorrow from our Consciousness.

### Cosmic All Is Universal Zeal, Cosmic Calcium Chloride, Light Blue

#### Place right hand on the back of the head.

Rejuvenates and restores inner hearing, intuition, physical hearing; the connective tissues between the ears and brain, ears, ambition, skin, sweat glands, thyroid glands, the subconscious mind, heart, lungs, liver, stomach, bowels; and the sense of feeling becomes quicker and more distinct.

Releases the excess Energy of burns. Releases disease in cells manifesting as fears, worries and depressions of the subconscious causing fatigue. Releases pain in the kidneys, legs, ankles, feet, metatarsal arches, goiters, granulated eye lids, colds, male trouble, female trouble, lameness in the small of the back. Releases \*all\* skin diseases, such as burns, eczema, fungal and bacterial infections, etc.....

**Cosmic All Is Universal Power Of Mind,  
Cosmic Magnesium Phosphate, Blue-Gray**

**Place right hand on the forehead.**

Rejuvenates our thoughts with Loving Power; filling our consciousness, emotions, brain, objective and subjective and subconscious thought processes with Light. The electrical impulses responses of the brain are restored, enabling the body to rebuild the thinking faculties, the neck and spine, glands, digestive and urinary tract, and circulatory system.

Releases disease, Energy blocks, stress, pinched nerves, headaches, impurities of the blood, toxins, and all negativities to be eliminated by the body's natural channels.

**Cosmic All Is Universal Wisdom,  
Cosmic Kalinite Sulphate, Bright Pink**

**Place right hand on/over the heart.**

Governs and rebuilds the circulation, red blood corpuscles, heart, heart muscle, muscles, lungs, bronchial tubes, pancreas, spleen, stomach, bowels, kidneys, and thymus glands. High or low blood pressure is regulated and stabilized. The lungs are better able to clean the blood. Restores proper circulation in asthmatic conditions, paralyzed parts or stiff joints.

Beneficial in overcoming causes of gastritis, biliousness, colic, rheumatism, cramps, spasms, heart problems, bleeding, hemorrhages, blackheads, parasites, worms in the flesh, poor circulation, running sores, ulcers, female problems, fevers of all kinds, chronic or degenerative ailments, and mental disturbances.

**Cosmic All Is Universal Order,  
Cosmic Kalinite Sulfate, Blue With Red Streaks**

**Place right hand on the navel.**

This Powerful Moving Force rejuvenates cells and releases disease as it connects the Twelve Energy Centers. It brings Order to the entire Conscious System. Reversing disease cause by Energy Blocks, entanglements and congestion of the nerves or veins, serious nervous disorders, fear, worry, stomach disease, ears, throat, bronchial tubes and other lung diseases, hip joint diseases, swelling of the limbs, varicose veins, impurities of the blood, kidney and gall bladder disease, congestion of the brain and other disease and disorder of the thinking faculties.

Establishes Peace throughout our BEing.

**Cosmic All Is Universal Discernment,  
Cosmic Potassium Permanganate, Purple**

**Place right hand on the Solar Plexus.**

A disinfectant and deodorizer for the body; or project it to specific areas, such as a room for the same purpose. Restores and rebuilds the thinking facilities and conscious system, the digestive tract. Relieving gastritis of the stomach and bowels; disease in the lungs, bronchial tubes, heart, liver, gall bladder, pancreas, spleen, bladder, ureters, kidneys and adrenal glands, neuralgia, varicose veins, erysipelas, spasmodic affections, cramps, swelling of the feet and ankles, chronic headaches, eye problems, poor circulation in the stomach, and bowels, impaired breathing, palpitations of the heart, and all heart, lung or throat diseases.

The Solar Plexus, the "Third-Eye of the body," is the seat of Material Judgments and Spiritual Discernment. Each nerve, bone, muscle, organ - the entire conscious system - needs Discernment to realize its position and function in the body as a whole.

**Cosmic All Is Universal Strength,  
Cosmic Iron, Yellowish-Brown**

**Place hands on the loins or the small of the back. Also, other nerve centers to bring the Strength Healing Key into the body are: the top of the head, the forehead, the bridge of the nose, the back of the head, and the solar plexus.**

Rejuvenates and Balances the Character and Will Power, the entire nervous system, circulation, red blood cells, heart, all weak flesh, skin and muscles (especially in the lower back), sacral plexus, creative and reproductive organs, urinary system, eyes, sight, hearing, thinking, and especially the Spirituality.

Releases the cause of Fear, Judgment, pain, jealousy, worry, and selfish desires.

**Cosmic All Is Universal Elimination,  
Cosmic Silica, Pinkish-Ivory**

**Place right hand on the navel; or place the hand on top of the head for cleansing of the whole body.**

Cleanses and rejuvenates the conscious system, brain, conscious and subconscious mind of negative thought, bringing Light (oxygen) to all parts of the body - the lymph system (the white blood cells), the digestive tract, bowels, urinary organs and reproductive organs, also the lungs, lymph system and skin, brittle hair, ingrown hairs, also, finger and toenails.

Releases and eliminates swelling, tumors, ulcers, adhesions, pimples, boils, and discolorations of the skin. Cleanses and eliminates impurities from the insides of the body, as well as \*everything\* that we put into it! Remember to Bless your food! Raise the vibration of the molecular structure of your food so that it may in turn raise the vibrations of your physical, mental and emotional bodies; making it fit for your \*Soul/Spirit\* to dwell in. This Powerful Healing Keys will drive out of the body all that does not belong there!

**Cosmic All Is Universal Health,  
Cosmic Manganese, Light Blue**

**Place right hand on top of the head.**

This Healing Key brings into our BEing the Light, Love and Remembrance of "Perfection." Revitalizing and rejuvenating every cell in our body, right down to the DNA, bringing us to our \*optimum\* state of Health.

**Cosmic All Is Universal Peace,  
Cosmic Copper, Copper**

**Place hand on top of the head \*and\* souls of feet.**

Copper is basically a shade of Gold Light, with a bit more Earthy Vibrations to it. Concentration on Cosmic Copper brings the Higher Vibration of Heavenly Peace in the Material Plane. Since the Light is flowing into the body from both directions, it is necessary to open an escape valve for the Negativity to flow out of. Open the Solar Plexus and Navel Chakras for this purpose; releasing the angers and other pent up emotions. Experience Joyful Bubbling Peace full your body and BEingness.

