



THE PILLAR CODE
TRANSFORMING LIVES, MINDS & BUSINESSES

THE CONNECTION CODE 3. GRATITUDE

NAME: _____

PRACTITIONER: _____

DATE: _____

My specific area of focus (issue, stress, or concern): _____

Using the negative list from exercise 1. Acceptance, write what you are GRATEFUL for from the negative experiences and what you are choosing to CREATE and MANIFEST from your Acceptance, Awareness & Gratitude.

I AM GRATEFUL FOR:

Eg. The clarity there is more for me.

I AM CREATING AND MANIFESTING:

Eg. A fun new role that expands my skill.



Decode Your Life – Recode your Future - Today
info@thepillarcode.com Call us at 1800-TPC-888

