

Lumbopelvic Ultrasound Imaging – Schedule at a Glance Pacific Time Zone

| | Day One - Saturday | | Day Two - Sunday |
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| 0700 | Lecture: Ultrasound 101 | 0700 | Lecture: TAUS of the bladder and Pelvic Floor |
| | Knobology, image generation | | Sonographic anatomy, morphology, morphometry of the PFM and pelvic contents |
| | Interpreting the US image, measurements | | Pelvic floor, pelvic wall and pelvic contents |
| 0745 | Lab I: Knobology | | Application of RUSI for PFM in clinical setting |
| | Image creation, using presets | 0800 | Lab VI: TAUS of the Bladder and Pelvic Floor |
| | Image optimization, PARRT | | Structure identification |
| | Measurements | | B-mode and M-mode, |
| 0845 | Lecture: Imaging anterior abdominal wall | | Axial loading in supine and standing |
| | Sonographic anatomy, morphology | | Bladder volumes, post void residual |
| | Clinical application for AAW | 0915 | Lecture: Transperineal People with Male Anatomy |
| 0930 | Lab II: Anterior abdominal wall | | Sonographic anatomy, morphology, morphometry |
| | Structure identification | | Application of RUSI for TPUS in clinical setting |
| | Evaluation and functional training | | Post prostatectomy care |
| | Inner-rectus distance, behavior with CUT | 1015 | Brief Meal Break |
| 1030 | Meal break | 1030 | (Male anatomy models arrive) |
| | | 1045 | Lab VI: Transperineal for people with male anatomy |
| | | | Structure identification |
| | | | Evaluation and functional training |
| 1130 | Lecture: Imaging lateral abdominal wall | | Discrete motor control patterns for continence |
| | Sonographic anatomy, morphology, morphometry | 1145 | Lecture: Transperineal for people with female anatomy – Anterior compartment |
| | Clinical applications | | Sonographic anatomy, morphology, morphometry |
| 1115 | Lab III: Lateral abdominal wall | | Assessment of pelvic floor in clinical setting |
| | Structure identification | 1230 | Lab VII: TPUS female anterior compartment |
| | Evaluation and functional training | | Structure identification |
| | Co-activation, pressure management supine and standing | | Evaluation and functional training of voluntary and involuntary motor control |
| 1215 | Lecture: Imaging the deep lumbar multifidus | | Prolapse evaluation with strain, valsalva |
| | Sonographic anatomy, morphology, morphometry and clinical applications | | Bladder neck stability, Puffer training |
| 1245 | Lab IV: Deep lumbar multifidus | 1345 | Lecture: TPUS - Posterior compartment |
| | Structure identification | | Sonographic anatomy, morphology, morphometry |
| | Observation in transverse and sagittal planes | | Application of RUSI for defecation dysfunction in a clinical setting |
| | Evaluation and functional training | 1430 | Lab VIII: TPUS – Posterior Compartment |
| 1545 | Lecture: Imaging respiratory diaphragm | | Structure identification |
| | Sonographic anatomy, morphology, morphometry | | Evaluation and functional training of voluntary and involuntary motor control |
| | Clinical applications | | Anorectal angle, anal canal, defecation disorders |
| 1630 | Lab V: Respiratory diaphragm | 1530 | Adjourn |
| | Structure identification | | |
| | Diaphragm excursion B-mode and M-mode | | |
| | Response to intervention | | |
| | Adjourn | | |