Ruqya course by Abderraouf Ben Halima

The course consists of six parts:

- 1. Risks and Protections
- 2. Reading
- 3. Cupping
- 4. Treatment
- 5. Symbols
- 6. Diagnostic

Three of these are theoretic and three are practical. Before you continue with Ruqya you must understand the risks and protections.

RISKS AND PROTECTIONS

In the Ruqya the risks are not the risks of certitude. You are going to have problems of Jinn and sorcerers by making Ruqya - it is sure. It is as sure as if you walk on a dog's tail and it will turn back and bite you. That's how Jinn are going to take revenge on you. So, the risks start when you treat people but when you are learning Ruqya there are no risks, so don't be afraid to learn. Also, there are no risks when you do Ruqya for yourself or your family (close relatives) because you are already in the problem so you might as well get yourself out of the problem. The risks are going to start when you are going to treat the public, so that's when the problem of all people is going to fall on you.

The risks are two kinds, first is the Jinn and second are the sorcerers.

Jinn

When you read Qur'aan on someone and he has Jinn, you going to burn those Jinn, or the Qur'aan burns the Jinn because they are not Muslim or they are doing bad things even if they are Muslim, and they are doing wrong to the person, so the Qur'aan will burn them but they will take revenge on you. How does this revenge come? It will come mostly in your dreams and you see something attacking you in like a snake, dogs or people, military, monsters or monkeys. So, what do you have to do? When you are attacked in dreams you must catch them and read Qur'aan on them and you can kill them in your dream. Alhamdulillah, we had one person who attended the course and no-one explained to him but in his dreams, he killed a few Jinn and after that they didn't come anymore in his dreams, but still he had the problems in his life. So that's how it happens, when you kill one or two or more in your dreams, they won't come back because when they see you and they recognize that you are a Jinn killer, so they will leave you alone.

For people who you treat who have bad dreams you tell them to prepare themselves before sleeping to fight those Jinn. They must prepare making the usual duas and adding Aynama (Bakara 148) - and they must repeat it and ask Allah to bring the Jinn or the people that are harming them and to give them the power to fight them and beat them and they must do their best to kill them in their dreams, but for Raaqis

it is not the same because Raaqis don't have some people against them, they do Rugya every day for people and therefore have new Jinn and new sorcerers that are after them, so it is something that will not end. You have to be constantly ready to receive them and to fight them. You have to be in a mental state, constantly ready to fight them. How can you be like that? You have to be constantly attentive to the orders of Allah - this does not mean you going to be making Dhikr 24hrs like and angel, it's not necessary to go to that point but to always be attentive to the orders of Allah, wether you eat or drink, you cannot forget to say Bismillah or you cannot forget your salaah and time has passes and you don't even realize it, you cannot talk about riba, and do haraam things, or look at women etc. So even if you are not making dhikr, you have like a little alarm that turns on every time there is an order of Allah. So, you have to be always attentive to the orders of Allah so that anytime when the Jinn come to attack you, you will understand that these are Jinn and you must read Qur'aan and you will have the correct reaction. So that is what is required to beat the Jinn. Fight the Jinn in your dreams and as you kill a few of them and more come they will see who you are.

The weak points you might have where they beat you is sins. If someone makes sins the Jinn will see that as a weak point in him and they will come through that weak point to beat him - for example: If you like to look at women, the Jinn will come in your dream as a women you like to see and you will have the reaction to look because that is how you are, so when he comes in your dream, you will like what you see and at that time the Jinn will hit you.

So, when the Jinn hits you the results will be that they will weaken you spirituality and physically, which means you are going to wake up in the morning just like you were hit and your Imaan has decreased as if you were looking at women for a long time and doing something bad with women and you will be physically diminished as if you are sick. If that does happen, what must you do? You must make taubah immediately so you will recognise the sin you have being doing that has lead you to this situation so you must make taubah of that immediately and work at your Imaan with Qur'aan, taubah and dhikr and treat yourself with some exercise and some vitamins and then look for that Jinn again in your dream. Look again and again until you find him and finish him off and continue fighting.

This is the condition of making Ruqya for people, but we can never say that the condition is never to make sins because that is not a condition, we can put on a human being but you must be on the path of Taqwa, learning and improving yourself and if you realise you have made a sin you must be ready to repent immediately but if someone is making sins and he knows he is making sins and not willing to stop those sins then he cannot make Ruqya on the public. He can only make Ruqya on himself or close relatives. This is why we do not encourage just anyone to make Ruqya or be a Raaqi, because you cannot know what the person always does in his private life. So, it is everyone own responsibility. So, this is the first part of risks - the Jinn, and what happens when we read Qur'aan on people.

SORCERERS

The second part of risks is sorcerers. When you make Rugya for people and they start getting better you break the work of sorcerers and they are not going to be happy about what you are doing. For example, the person who made sihr on that patient you have treated is going to see that the person is getting well, that he is not ill, getting a job, getting married, having children, so he is going to complain to his sorcerer that he gave so much money and the sorcerer said they so strong and noone can break his work, how come now he is better and he is improving in his life.! That sorcerer cannot bare to have their name broken and you are giving him a bad reputation and his work is useless etc. So, the sorcerer is going to search and look for the one who has done this and in this Rugya job you cannot hide yourself because any Jinn can tell the sorcerer that the patient came to you and you made Rugya for him and thats how he got well and out of it. Also very often when you get the Jinn out from the person, the Jinn go right back to the sorcerer and say that their mission is now broken and ask if there is any new mission to do and the Jinn will report that you have broken some sihr and killed some Jinn and burnt others. So the sorcerer will immediately do some sihr onto you but that sihr is not going to be like the same sihr he does to the public because you are someone making prayers, reading Qur'aan, making protections etc. He will need a special sihr to break you. So as long as you continue treating people you will get attacked more and more of these very strong and special sihr.

This is something also sure that will happen. What are you going to do about it.? First of all, you going to do the usual protections that you give to all your patients. This does not mean it is weak protections when we say usual protections because it is very strong as Nabi SAW said when you read three kuls three times after subuh nothing can harm you till night and after magrieb nothing can harm you till morning, with all the usual duas etc.

The first and most important protection is to leave sins. You must do your best to leave them. In fact, after all the things you can do like writing books, hajj, jamaat etc etc we have not seen anything like this that increases Imaan like in Ruqya because you are directly confronted with Ghaib - unseen worlds, and you see the effect of Qur'aan immediately and you will see how Jinn embrace Islam and many other things.

When you are in Ruqya you have to stick onto Deen more and more. So how are you going to protect yourself from sorcerers? The usual protections you must do every day plus leave sins plus use Qur'aanic water. The Qur'aanic water you give to patients you have to wash with that all year long. That means you are going to do preventive treatment all year long for yourself and your family. This is very serious but sometimes new Raaqis neglect it because they feel when they are strong then nothing can affect them and you cannot imagine that one day you will be weak, and you think that nothing can get you down but you will get little weaker and weaker until you are ALL THE WAY DOWN and you will wonder what happened to you and that is the problem because some people think because they have Imaan and they

have tawakallah and read Qur'aan and make dhikr and salaah and special prayers that nothing can happen to them but you just have to remember that Nabi SAW was affected by sihr so who are we.

How can you be protected as more and more saahirs will be making sihr to you every day? You have to treat yourself preventively all year long. So, in order to do that - the easiest way is to get a big bucket of water like a 200 litre on your house and you make Ruqya on it so every time you take a shower you just wash with the water. If you do that and something happens to you and the saahir managed to hit you and did something to you and your family then you just have to treat yourself the same way as you treat other people. Once you know all the ways of treatment and know all kinds of sihr, In Sha Allah whatever happens to you, you will be able to sort it out and treat yourself like you treat other people and it's not more complicated than that. So, if the sorcerer manages to hit you, you have to make maximum prayers to break him. You are going to pray by night to ask Allah to destroy him and pray until something happens to him.

The Curse Prayer

The prayer you have to use is for Allah to destroy the sorcerer. This is if you are a Raaqi and also if you are treating yourself and they keep making sihr onto you. The prayer is 11 rakaaat after Esha (check your Madhab). It is 2 rakaat at a time and after you read Surah Faatiha you read 100 times rabana... (Verse 68 Surah Ahdhab). If it is too difficult to read after Esha then you can read after every salaah two rakaat and then by night time you will have done 10 and you can just add one more at night. If you do all one time at night then it should take about 2:30mins. While you are reading the salaah you must think of the sorcerers and people making the sihr on you, and curse them and by the permission of Allah their work and them will be destroyed.

The Idea of the Curse Prayer

What is the idea of the curse prayer? One time in Rugya we realised that the dua of Jinn are immediately accepted. We found once while making dawah to a Christian Jinn, I asked the Jinn what he thought of Jesus. The Jinn said that "Jesus is God". So, I said "No Jesus is not God but Allah is God". So, we were arguing and I told the Jinn to make this dua - "Oh my Lord show me who you are - Allah or Jesus", immediately the Jinn started screaming saying "Aahhh its Allah all this time!! I was astray and all my family is going to hell etc. !!" So, when he asked that, then immediately he got the answer. This also makes dawah to Jinn much easier. We realised many times that the dua of Jinn works immediately, but why is it not that way for us yet Allah says "Asks me and I will give you"? It means that they are making dua and its working but not for us which means we have a problem. Why is it not working immediately? After many thoughts we realized that Jinn are made from fire and we are made from earth or soil. Soil is matter or mass but fire is energy so very small amounts matter will give large amounts of energy like Einstein said E=M2C and C=the velocity of light. This is a very big number, so this is the comparison with man and Jinn. Man is much heavier than Jinn, that's why Jinn can

live in a different world from man and so when shaytaan makes "waswas" in our head or mind - he is speaking, but for us it is thoughts. Their talking is thoughts for us and when we read Qur'aan, its an action for them. When they come into our dreams for us it is a dream but for them it is a reality, so our dreams is their reality. This is how their world is different to ours. So the idea of the dua of Jinn works fast or immediately. In our world dua takes longer although it is working but if you want it to work then you must make it more and more - like a candle heating a bucket of air against a bucket of water. Heating the water takes time but it is working. So this is what you have to do if a sorcerer is making sihr on you and Inshallah you will see something happen if you do the dua more and more. This is the general idea of the curse dua.

Ruqya is a jihad and you must take it serious and never give up and we have five objectives in Ruqya:

5 Objectives of Ruqya:

- 1. Help people who are suffering in their life
- 2. Protect the Imaan and Ageedah (beliefs) of Muslims from shirk
- 3. Da'wah to non muslims because we can also treat them by Rugya
- 4. Fight shirk, sihr and sorcerers until gone
- 5. Break the business of Rugya or Aamils where they charge too much

In this way it is a Jihad, a struggle for the sake of Allah, for Islam and may Allah make us as the Mujaahid and that we get the benefit of Mujaahid - Ameen. You are also being oppressed and the dua of the oppressed is always answered and you are stand up all night making salaah and dua so it must work. You must take the dua very serious.

An example is how a saahir has made knots on a person many many times and when the person tries to remove the knots he will take very long because the knots are over and over again more and more and the sihr will be complicated so this is how the saahir will become famous and improve their business. So you can see that the saahir will spend the night making the sihr and praying to shaytaan but we cannot spend one night praying to Allah. Yet we expect the help and protection from Allah. The thing is that if the people working for shaytaan are ready to make all sacrifices for shaytaan then we must be ready to make any sacrifices for Allah otherwise that is how they are going to beat us. We have the truth and we have Qur'aan but we are not working hard with it.

When you do Ruqya and you find the saahir making too much sihr over and over again then you must make more effort and use what Allah has given us and the dua is very strong that can be used against them. The best defence is the attack. When you neglect protections and fighting then you will lose because there will be new sorcerers making new sihr on you all the time because it is like if you say "I want to take all drugs out of this country" - do you think the drug dealers will be happy and let you do it? No they will fight against you and do everything to stop you and wont stop

until you and your family are totally destroyed.

This is the reality and if you are not ready to fight then you must leave, but as a Muslim how can we be afraid of Iblis and sorcerers. Sorcerers pray over and over to Iblis and he just gives them very little power so if you are not afraid of iblis then why are you afraid of the very little power of sorcerer? And whatever you do for Islam then Iblis will fight you.

For example, for non muslims, shaytaan will not block their way because they are already kaafir and not praying to Allah, so shaytaan will only follow them to make sure that they do not come to Islam. But those who follow the right path then shaytaan will come from all sides and do all things possible to take you away from the right path so when you are on the right path then you will have problems with Iblis but when you are on the wrong path then you don't have any more problem. That is why the non muslims life seems to have no problems but it seems the life of a muslim has many problems, because we have a problem with Iblis. So when you make Ruqya it is exactly the same and then Iblis will try harder to fight you but you cannot hide and stay away from Ruqya because staying away is not a solution.

If you look at the people making sihr - they are not afraid of Allah or people and are so proud and tell you that they even make sihr on you but we the ones who pray to Allah and believe in Allah yet we are afraid of them. This is how they beat us. May Allah help and protect us.