

ON LECTURE 3

What aspects of my story
resonate with you?

As you make time to consider how all of this feels for you, and how my story can help you make the best choices for your family, I offer two suggestions for ways to further explore what you are learning and considering:

1. Be sure to make ongoing notes about your existing concerns and curiosities
2. Be sure to jot down any instances of "resolved questions" as you continue throughout this course.
