
Blues Harmonica Foundation



Week 4

tomlinharmonicaschool.com

Week 4 Exercise Sheet

12 Bar Blues Chord Chart



12 Bar Blues Foundation

I Lick 1

3 234 234 234 234

IV⁵ Lick 2

123 123 123 123

I⁷

234 234 234 234

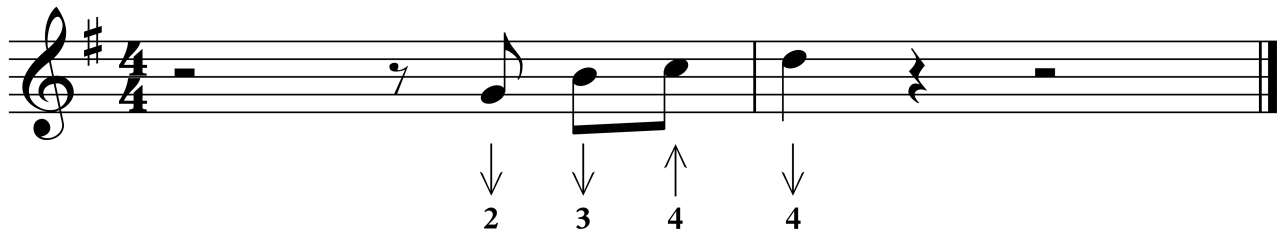
V⁹ Lick 3

4 4

I¹¹

234 234 234 234

Simple Blues Lick



Exercises

Ex. 1 Warm up with the train rhythm from Week 1 and C major scale from Week 2.

Ex. 2 Practice playing each lick from '12 Bar Blues Foundation' individually

Ex. 3 Practice playing '12 Bar Blues Foundation' all the way through

Ex. 4 Practice playing '12 Bar Blues Foundation' over the backing track

Ex. 5 Practice 'Simple Blues Lick'

Ex. 6 Play 'Simple Blues Lick' over backing track

Ex. 7 Improvise using notes from 'Simple Blues Lick' over backing track

Goals

- Get comfortable recognising a 12 Bar Blues progression
- Play 12 Bar Blues Foundation over backing track
- Play 'Simple Blues Lick' over backing track
- Improvise using notes from 'Simple Blues Lick' over backing track

Listening Homework

These are all songs that feature a 12 bar blues chord progression:

'Bright Lights Big City' - Jimmy Reed (<https://www.youtube.com/watch?v=dcGW1sUEZgk>)

'All My Love in Vain' - Sonny Boy Williamson (<https://www.youtube.com/watch?v=Bj5Wi0MbUg>)

'Juke' - Little Walter (<https://www.youtube.com/watch?v=soXfp6Xx2VE>)

Good luck!