

Annette: Advice for Other People with Cancer

I always tell them not to just listen to the BC Cancer agency, to their oncologist. I always tell them to look for other treatments. I always tell them about CTOAM . You just keep moving forward and you just keep fighting and there's always something else. There's always something new. There's a new treatment. There's something else that can help. If one thing doesn't work, you just have to keep going. I think it's a long, long battle. I know you have to get there yourself. You need to get to a place where you can do it. Timing is what it is and you're where you are in your journey is what it is .

I know I can't change that for everyone. I know people at the beginning-- there was one woman who said when I had my first diagnosis she said " Go get a PET CT, go get a PET CT." That was --it was just a piece of advice. I never did it and I never really saw what the significance of it was. But I would have had my Stage 4 diagnosis if I would have had a PET CT right from the very beginning. But I didn't take the advice. Right. I guess I didn't really know why I would get a PET CT. I don't know why it would change for whatever reason. I didn't take that piece of advice and so I know that you have to get there when you get there.