

ART
MAKES
ME
SMART®

Around the World



Thailand



Welcome to Art Makes Me Smart Around the World: Thailand!

We have so many great ways for you to learn and explore this fantastic country. You can follow along and do the art projects with help from the included video, printable outline, and step-by-step tutorials. Don't forget to color your flag and hang it next to the other flags you've done. The links to videos and songs will help you discover the richness and beauty Germany offers. Also, don't forget to check out the additional resources, video links, facts section, recipes, and, of course, get into some of the awesome book lists we have waiting for you (you can read any of these books with your eyes or ears!)

One last thing! You are invited to join the Art Makes Me Smart private Facebook group, where we share what we're making and learning. Don't be shy! It would mean so much to have you join in and share what you are doing.

Remember, **Art Makes You SMART!**



Your friend,



Hannah





A Note for Parents

Welcome, parents! We are excited for you to embark on this educational journey alongside your child and explore the wonders of this country together. To help you make the most of this packet, we have prepared some useful tips and suggestions. Combining art and education creates a powerful platform for your child to deepen their understanding and create lasting memories!

We hope this packet serves as a springboard for exciting explorations, thoughtful conversations, and cherished bonding moments between you and your child.

Each country packet includes the following:

- Project Supply Lists
- Step-by-step tutorials (video lessons are in our [digital course here](#))
- Project outlines and reference photo pages
- Multiple pages of facts about the country and its culture
- Blank flag outline to color and display at home
- Book list with suggested books about the country for different age groups AND suggested free audiobooks
- Links to video resources found on YouTube that can be used to learn more facts about the country and its music and dance
- Multiple traditional recipes that are kid-friendly
- Additional discussion questions
- Reference list of websites and resources used to gather facts
- Map of the world with the country location noted
- QR Codes for easy access to our suggested supplies, books, and online resources for easy access (just scan the code with your phone's camera)

Remember that we all learn in so many different ways, so don't feel pressured to have your child use every element in this packet. Instead, you can choose what resonates best with your child and your family's preferences.

If you can, take this opportunity to participate in the projects with your child! Engaging in art together not only fosters creativity and critical thinking but also strengthens your bond as you embark on this educational journey side by side. Cherish these shared moments of discovery and allow their interests to guide the way. The learning process will be an enjoyable and enriching experience for both of you!

If you ever need assistance, please email us at support@lilyandthistle.com. We are here to help!

And as always, remember, Art Makes You Smart!
-Hannah and Team Lily & Thistle

Thailand Projects



Elephant Art



3D Water Lily

Supplies Needed for Projects

Elephant Art

- Construction paper
- Gouache
- Pencil
- Paintbrush
- Markers
- Scissors
- Glue stick
- Cup of water

3D Water Lily

- Paper plates
- Markers
- Paintbrush
- Scissors
- Glue
- Cup of water

Tips for Younger Artists

- For watercolor, try using water brush pens
- Print any outlines directly on card stock paper instead of watercolor paper (size 8.5 x 11)
- When in doubt crayons and colored markers can be used
- Use a tray (or cookie sheet) to keep art in one place
- Wear an art smock or clothes you don't mind getting dirty

Scan the QR code to view the exact supplies we used.

Thailand Resources



Scan the QR code with your phone

Elephant Art

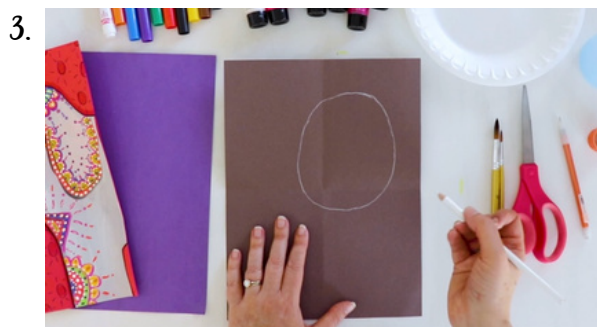
Step-by-Step Tutorial



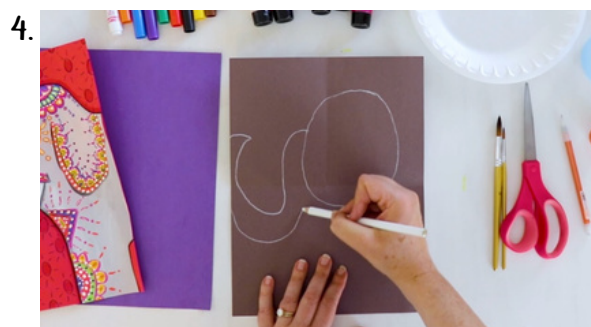
Gather all of your supplies and the reference pages in the packet to create your own Elephant Art.



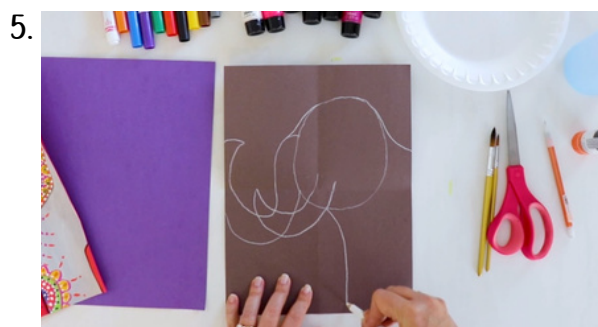
Prepare the construction paper for drawing the elephant. Younger students can use the outline of the elephant that's included in the packet. Fold the paper into fourths by folding it in half two times. This creates a grid for the drawing.



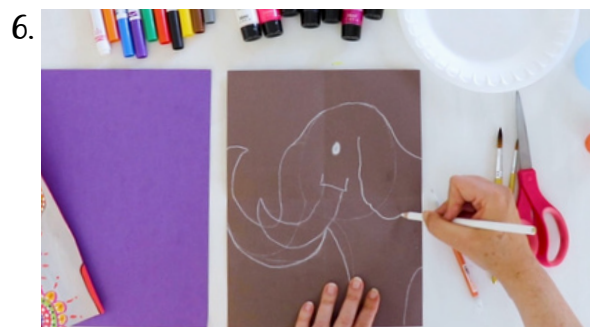
Grab a white colored pencil or a regular pencil. . In the top right-hand corner, begin drawing a circle and allow it to slightly go through the other grid sections. You should end up with a circle that is primarily centered in the top right-hand corner.



You will now make a J shape for the nose. Begin drawing in the top left-hand section of the grid, near the middle of the circle. Follow that up and around, bringing it back to the circle.



Next, draw another J shape that goes in the middle of the other J shape. Then draw a straight line connecting the head to the nose, a curved line for the back, and a straight line for the leg.



With your eraser, clean up some of the extra lines. Use your pencil to thicken the nose. Draw a fold of skin over the tusk and then add an eye directly above that. Create an ear on the right-hand side to complete the drawing.

Elephant Art

Step-by-Step Tutorial



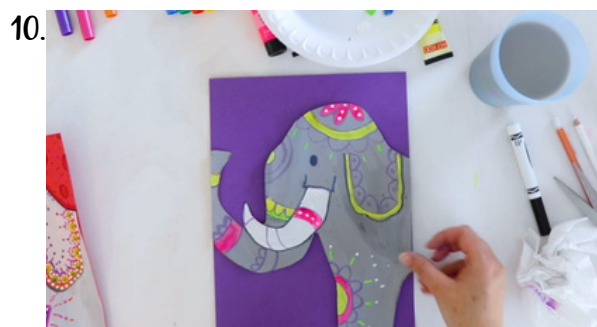
Mix a little black paint and a lot of white paint to create a light gray color. Paint the elephant in with gray and then paint the tusk white.



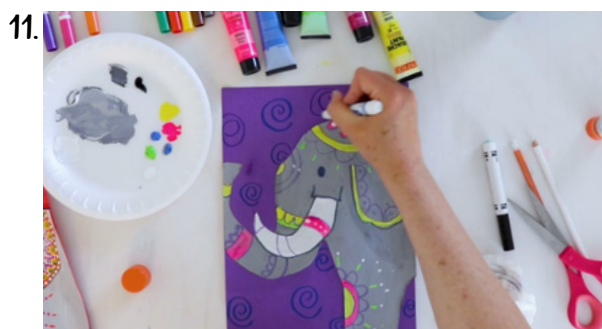
Let the paint dry. Grab the reference pictures from the packet to inspire the decorations you will add to the elephant. With a marker, begin drawing decorations of your choosing on the elephant. Be sure to follow the curve of the elephant's head.



You can add scallops and lines or other designs that you like. Draw his ear and add some decorations there too. You can also add some curved lines and patterns to decorate the tusk.



Next, use a small paintbrush and a variety of gouache paint colors to fill in the decorations. Have fun with this! After filling things in with paint, you can also use the end of your paintbrush to create numerous dots to add even more to the design.



Make sure the elephant is dry and then cut it out. Put glue on the back and then adhere it to your other piece of construction paper. With a marker or paint, add designs and patterns of your choosing to the background.



And that's it! You have made your own Elephant Art. I hope this project inspires you to become more curious about Thailand! Just remember, art helps you to remember things and enjoy what you are learning - Art Truly Does Make You Smart!

3D Water Lily

Step-by-Step Tutorial



Gather all of your supplies and the reference pages in the packet to get ideas to create your own 3D Water Lily.



Using a pink marker, put a dot in the middle of your first paper plate.. Draw your petals around the dot, ensuring they are touching each other and that they connect in the middle. Go over the lines again with the marker to add pigment.



On your second paper plate, do the same thing again, beginning with the dot in the middle. Draw the petals so they touch and go over them one extra time with marker to add pigment.



On the third plate, use a green marker to make an upside down V shape. Then go around the inner circle of the plate, creating a scalloped edge.



Fill in the scalloped circle with green marker. Get your paintbrush wet and paint over the green with water. It will blend together. Set it aside to dry.



Dip the paintbrush in water again and use it to fill in the flowers on the other plates. Use the pigment from the lines and move it around each petal. Set them aside to dry.

3D Water Lily

Step-by-Step Tutorial



Check that the lily pad is mostly dry. Following the lines that you drew, use scissors to carefully cut it out.



Grab one of the flower plates. With scissors, cut out about 1/4th of the outside section. This will be the inside of our lily.



Go over that section with yellow marker and then paint over it with water to blend the pigment. Be sure to apply the yellow to both sides of this piece.



Cut out your flowers, being careful as you cut around the petals to not go all the way to the middle. You need a space to adhere the center of the lily.



With your green marker, add some detail to your lily pad. You can make lines going out from the center. You may also want to trace around the edge to define it better.



Now you will build your 3D piece of art. Stack the flowers and shift them around so you can decide on how you want them to lay down.

3D Water Lily

Step-by-Step Tutorial



Take your scissors and cut between the lines on your yellow piece to create a fringe-like effect. Don't cut all of the way down. Leave about 1/2 inch so that it holds together.



Put glue along the uncut edge of the yellow piece and tightly roll it up. It's okay if some glue leaks out. Set it aside for now.



Put some glue right in the middle of your lily pad and adhere one of your flowers. As you push down in the middle, use your fingers to curl up the edges of your lily.



Put another dab of glue in the middle of your flower and adhere the other one on top. Adjust it until it looks best, allowing many petals to show. Curl up the petals even more on this top flower.



Add a good amount of glue to the center of the top flower. Place your yellow piece on top of the glue, pressing down to firmly adhere it. This creates the center of your lily.



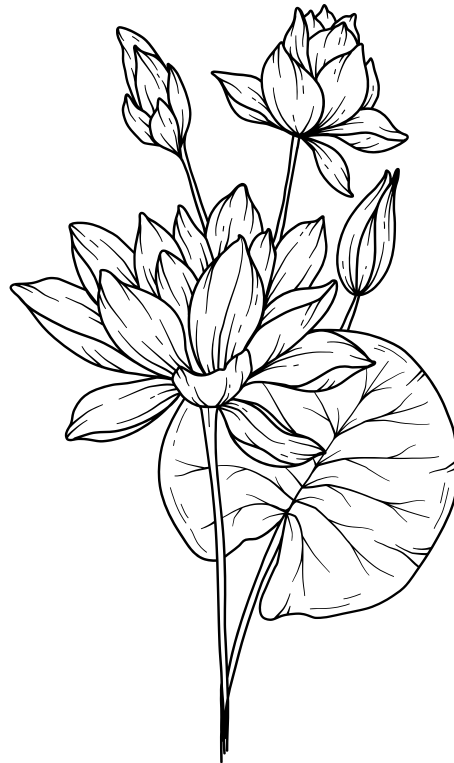
And that's it! You have made your own 3D Water Lily. I hope this project inspires you to become more curious about Thailand! Just remember, art helps you to remember things and enjoy what you are learning - Art Truly Does Make You Smart!

Project Outlines and Reference Photos

Included you will find reference photos to help you with your projects. You can use these as inspiration or as a guide as you create.

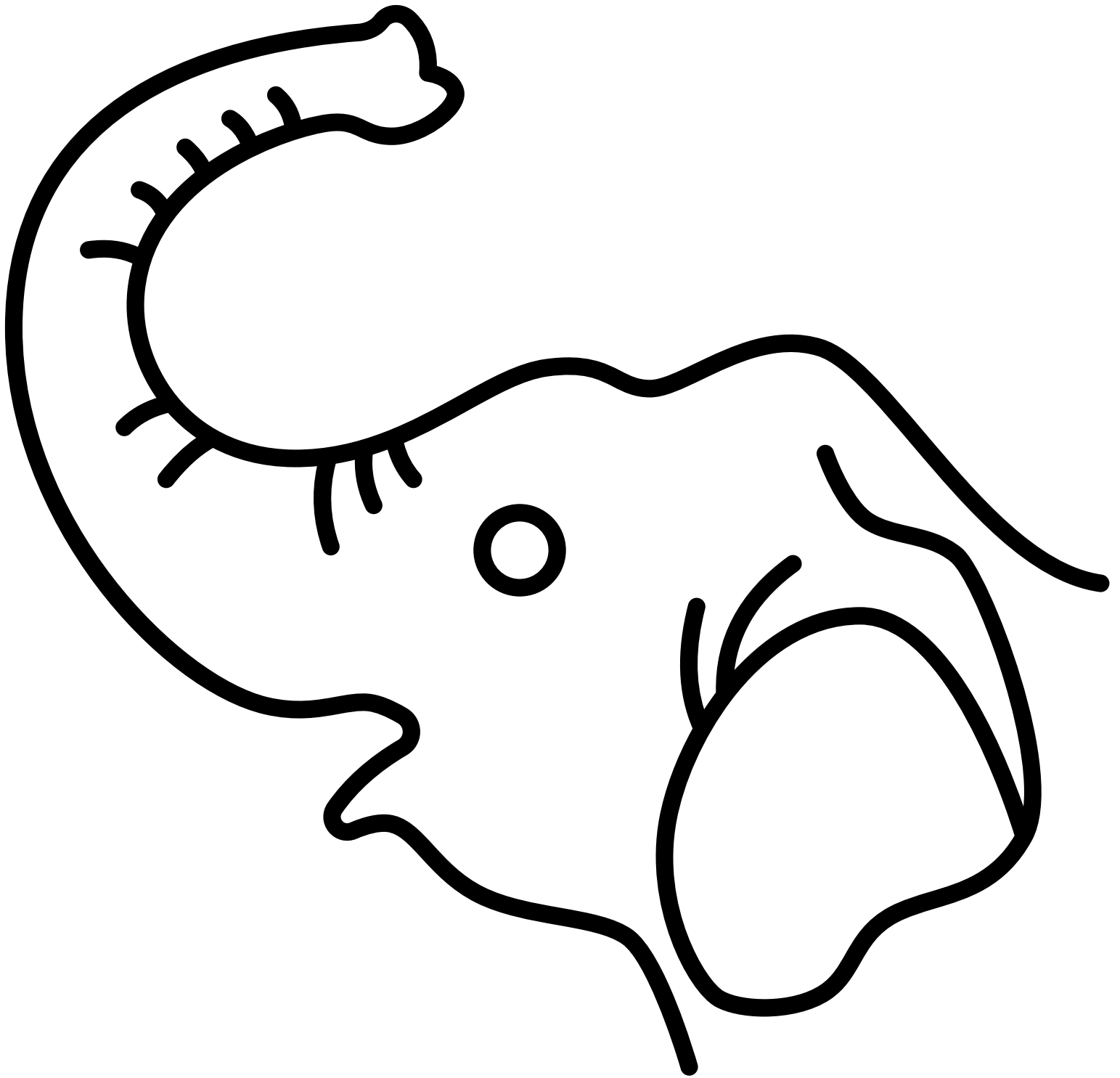
Remember that your project doesn't have to look just like these or even like the sample project. You can add different colors, details, backgrounds, etc.

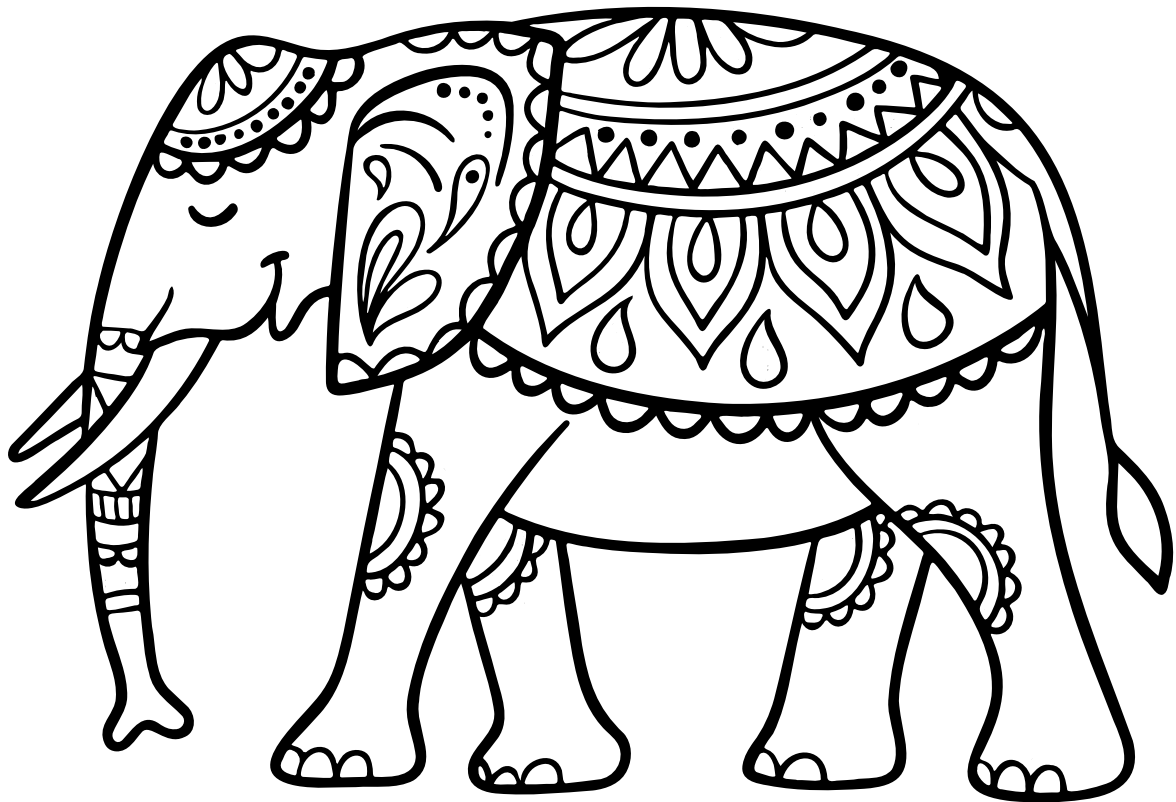
Just have fun with it! Know before you start that you will have good art days and days that you just can't seem to "get it". This is normal and part of the learning process. Embrace your mistakes and keep going!



Share with Us!

We'd love to see what you're working on! Be sure to share your projects with us in the [**Art Makes Me Smart Private Facebook Group - click here to join!!**](#) (Be sure to use the passcode "ART SMART" when joining!)











All About Thailand



Thailand is a country in Southeast Asia, located on the continent of Asia and is known for its beautiful beaches, jungles, and ancient temples. To the west and northwest, Thailand shares borders with Myanmar (also known as Burma). To the north and northeast, it borders Laos.

Cambodia is to the southeast, and Malaysia is to the south. Thailand also has long coastlines along the Andaman Sea to the west and the Gulf of Thailand to the east.

Its capital city is Bangkok, a bustling city full of colorful markets, temples, and skyscrapers.



The elephant is Thailand's national animal.



Wat Rong Khun, also known as the White Temple, is a unique and modern Buddhist temple located near Chiang Rai, in northern Thailand



Red Lotus Lake is famous for the thousands of red and pink lotus flowers that bloom across its surface

Did you know....

Thailand is home to the world's largest gold Buddha statue! The statue, known as the Golden Buddha, is over 15 feet tall and weighs about 5.5 tons. It's made entirely of solid gold and can be found in Bangkok at Wat Traimit Temple.

Culture in Thailand

Languages Found in Thailand

In Thailand, the main language spoken is Thai, also known as Siamese. Thai is the official language and is used in government, schools, and media.

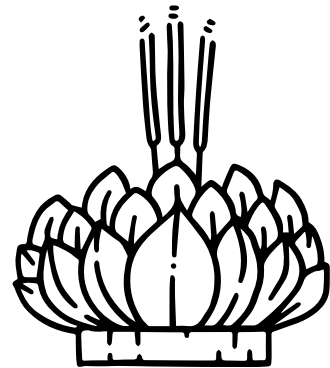
There are several regional languages and dialects spoken across the country. Many people, especially in tourist areas, speak English as a second language.

Sawasdee!

Laa gon!

Sabai dee mai?

Festivals play a significant role in Thai society, with Songkran, the Thai New Year, being one of the most famous, known for its lively water fights and celebrations. Loy Krathong, another popular festival, involves floating decorated baskets on water to honor the goddess of water and let go of past grievances.



Thai art and music are integral to cultural expression, with traditional dance forms like Khon and Lanna showcasing elaborate costumes and graceful movements, while Fado music often features soulful melodies played with instruments such as the gong and drum.

Until the early 20th century, Thailand was an absolute monarchy under the rule of the Chakri Dynasty, with kings holding most of the power. Today, Thailand has a constitutional monarchy with a parliamentary democracy. Its political landscape has been shaped by various military coups and political conflicts, influencing the balance of power and the functioning of its democratic institutions.

The Flag of Thailand



The flag of Thailand is a colorful symbol of the country, often called the "Tricolor" or "Tricolor Flag". It has three main stripes in red, white, and blue.

The red stripes stand for the land and the people of Thailand, the white stripes symbolize purity and religion, reflecting the Buddhist faith of the country, and the blue stripe in the middle represents the monarchy, which is a very important part of Thai culture.

History of the Flag

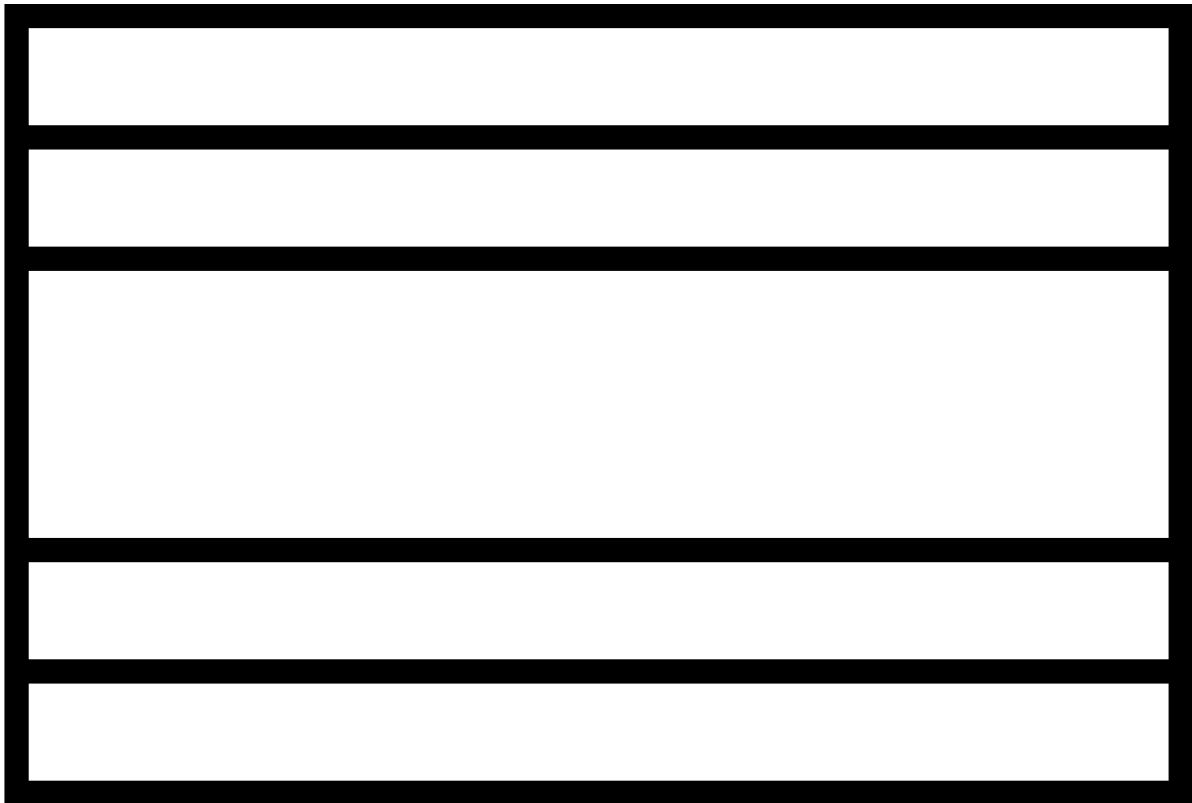
Before 1917, Thailand (then known as Siam) used various flags. The most notable was the "Siamese Flag", which featured a red field with a white elephant in the center. The white elephant was a symbol of royalty and was associated with the kings of Siam.

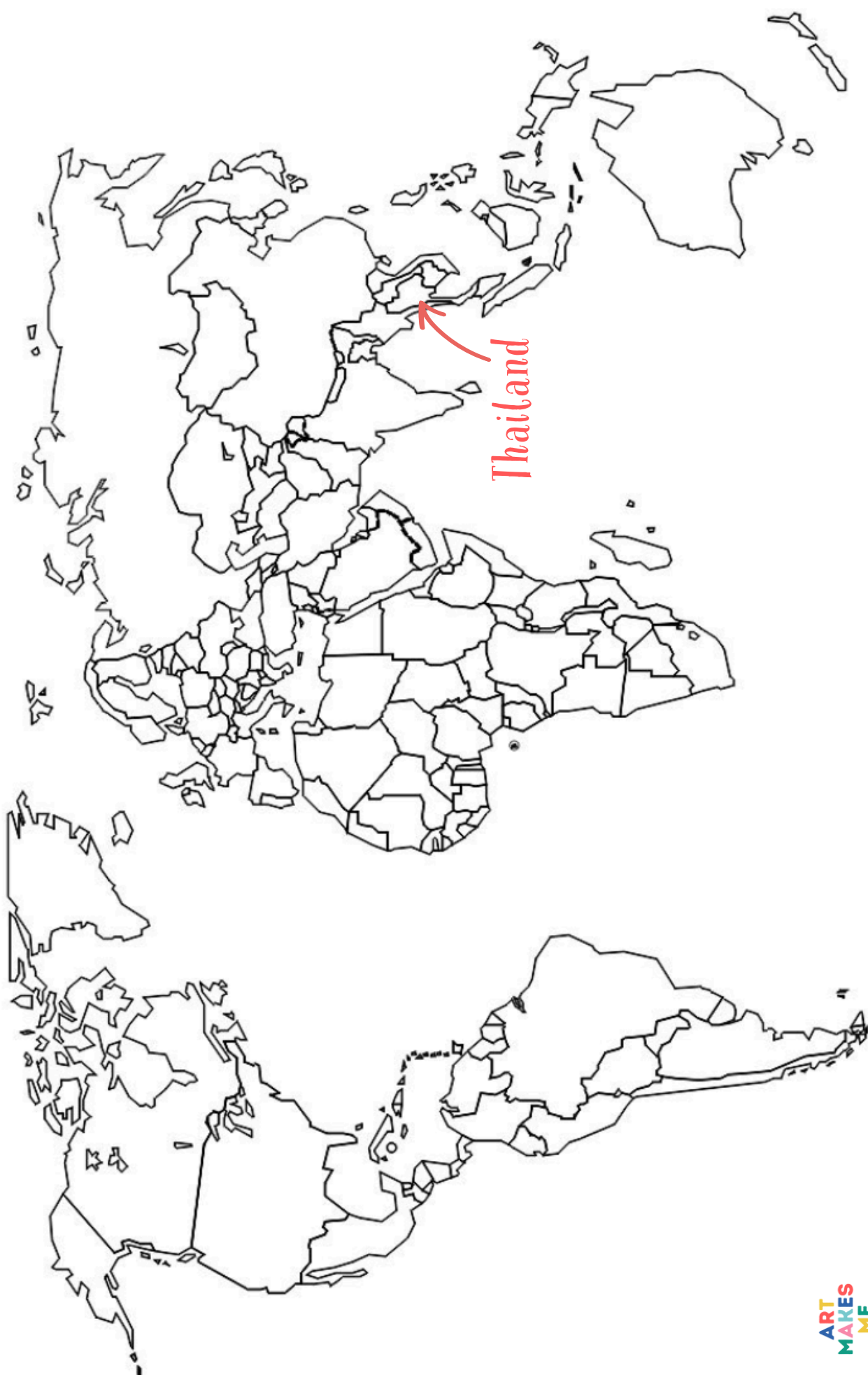
On September 28, 1917, King Rama VI adopted the current flag design. This change was made during World War I to align Thailand with the Allies and to differentiate the Thai flag from other flags of the time. The new flag featured horizontal stripes of red, white, and blue.

The flag has been in use for over a century and remains a powerful symbol of national pride and unity. It is widely displayed during national holidays, festivals, and important events, reflecting Thailand's heritage and values.

Thailand's Flag Outline

Print the flag outline below and hang it up with the other flags of countries you have studied so you can remember all that you have learned!





Thailand

Video Lessons from Thailand

Learning about other cultures can teach us so much! Click on the videos below to learn more about Thailand or scan the QR code to visit our resources page.

Thailand Resources



Scan the QR code with your phone



Thailand Culture | Fun Facts About Thailand



The History of Thailand



The Woman On A Mission To Save Thailand's Elephants



Secrets of the Elephants



Walking on Lilies



Water lilies in Krasae Sin district, Thailand

Music and Dance of Thailand



Thailand National Anthem



The Music & Dance of Thailand



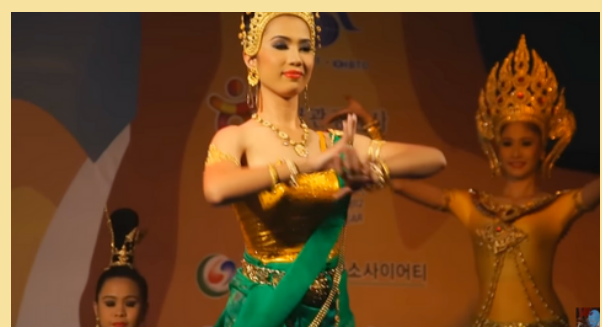
Traditional Thai Music



SEADO: Thai Dance



12 Musical Instruments of Thailand



Traditional Dance of Thailand

Click the images above to watch the video or scan the QR code to be taken to our resources page for even more songs and dances!

www.artmakesmesmart.com

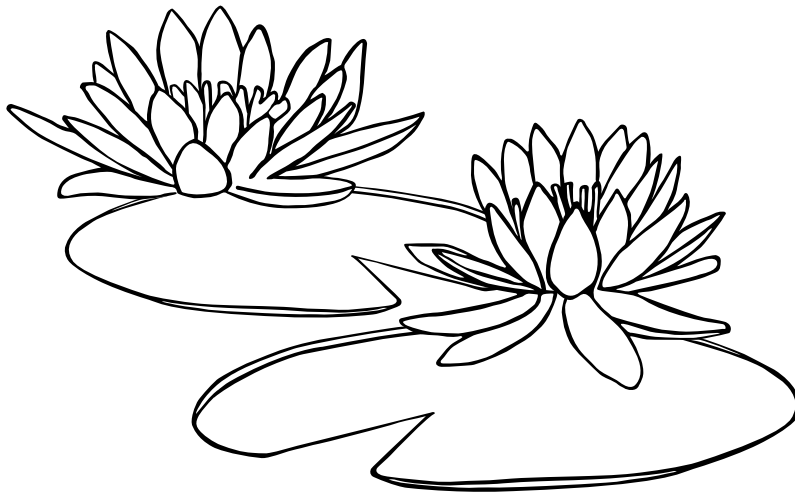
Thailand Resources



Scan the QR code with your phone

Picture Book List

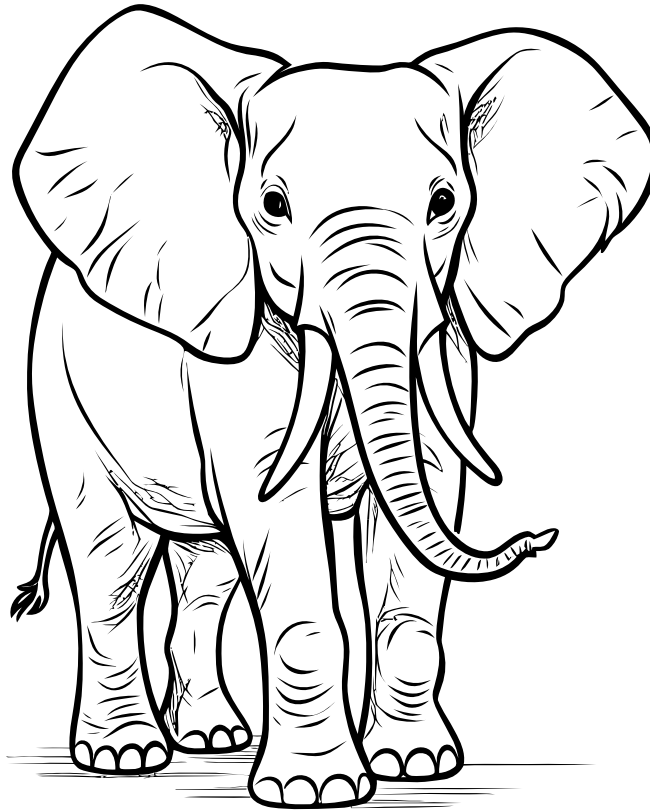
- Thai Children's Favorite Stories: Fables, Myths, Legends and Fairy Tales by Marian D. Toth
- Mela and the Elephant by Dow Phumiruk
- Krit Dreams of Dragon Fruit by Natalie Becher and Emily France
- Peek!: A Thai Hide-and-Seek by Minfong Ho
- Nu Dang and His Kite by Jacqueline Ayer
- The Paper-Flower Tree by Jacqueline Ayer
- The Umbrella Queen by Shirin Bridges
- The Girl Who Wore Too Much by Margaret Read MacDonald
- The Floating Field by Scott Riley
- Hush! A Thai Lullaby by Minfong Ho and Holly Meade
- Bodhi Sees the World: Thailand by Marisa Aragón Ware



Young Adult Book List

(best for ages 10 and up or great read-alouds)

- All Thirteen: The Incredible Cave Rescue of the Thai Boys' Soccer Team by Christina Soontornvat
- The Life of Rice: From Seedling to Supper by Richard Sobol
- A Kid's Guide to Thailand by Jack L. Roberts
- My First Book - Thailand by Penelope Palette



Click here to view the books lists
and listen to free audio books

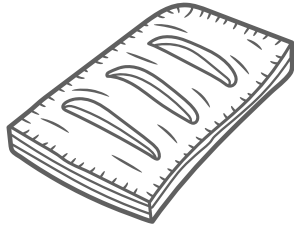


Thailand Resources

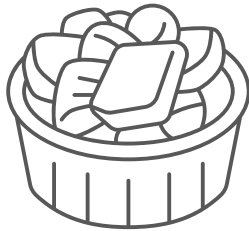


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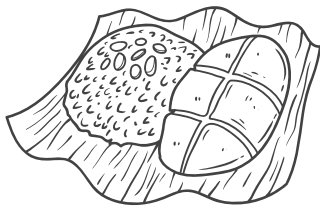
Traditional Recipes from Thailand



Banana Roti



Thai Cucumber Salad



Mango Sticky Rice

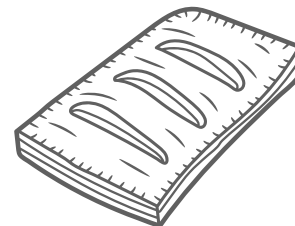


Thai Iced Tea

Ask the chef...

- What can you discover about this recipe?
- How long do you think these recipes have been around?
- How do the recipes from this country compare to recipes you have tried before?

Banana Roti



Ingredients



4 hours 45
minutes



Serves 11

- 1 ½ tsp salt
 - 1 Tbsp sweetened condensed milk (or sub 1 tablespoon sugar)
 - 1 egg, large
 - 260 ml water
 - 4 1/4 cups all-purpose flour
 - 4 Tbsp unsalted butter
 - 1½ Tbsp unsalted butter (for coating the dough)
 - 1 Tbsp neutral flavoured oil (for coating the dough)
 - Neutral flavoured oil for cooking
 - Extra unsalted butter for cooking
- Fillings & Toppings options:**
- Bananas (choose ones with just a tiny hint of green on the skin.)
 - Sweetened condensed milk
 - Nutella or chocolate sauce
 - Granulated sugar

Directions

In a bowl, stir 1 teaspoon salt into 1 cup water until dissolved. Add 1 can condensed milk and 1 egg, and mix well.

In another bowl, mix 3 cups flour with ¼ cup butter using your fingers until the butter is in small chunks.

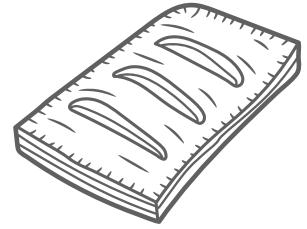
Combine the flour mixture with the wet ingredients and mix until a rough dough forms.

Knead the dough on a floured surface for about 5 minutes until it's smooth and less sticky. If too sticky, add a bit more flour. Let the dough rest for 10-15 minutes.

Divide the dough into 11 pieces. Roll each piece into a ball and brush with a mixture of melted butter and oil.

Place the dough balls in a container, brush with more butter mixture, and let them rest for at least 3 hours. You can also refrigerate them overnight and bring them to room temperature before using.

Banana Roti



Directions



4 hours 45
minutes



Serves 11

On a lightly oiled surface, flatten a dough ball into a thin disk. Stretch the edges gently to make it very thin, trimming any thick edges.

Heat a skillet over medium heat and add a bit of oil. Test with a small piece of dough; when it bubbles, the skillet is ready.

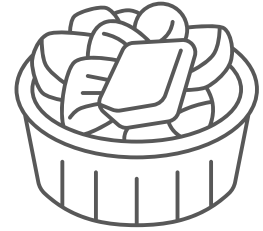
Place the stretched dough in the skillet. Quickly add banana slices in the center (or other filling of choice). Fold the dough edges over the banana and cook until golden brown on both sides (about 4-5 minutes total). Flip frequently for even cooking.

Optional: Brush with a little melted butter for extra flavor.

Cut into pieces and let cool slightly. Drizzle with condensed milk or chocolate sauce, and sprinkle with sugar if you like. Enjoy!

Note: Be careful with the hot banana filling.

Thai Cucumber Salad



Ingredients



20 minutes



Serves 4

- 2 organic cucumbers unpeeled, cubed
- 1 shallot minced
- 2 green onions sliced thin
- ¼ cup red bell pepper cubed
- ¼ cup carrots diced or julienned
- ½ cup oranges or grapefruit cubed (optional)
- 1 teaspoon red pepper flakes
- ½ cup fresh cilantro chopped
- ¼ cup peanuts roughly chopped

Dressing:

- 2 Tablespoons fish sauce
- 1 Tablespoon soy sauce or Tamari for gluten-free
- 1 teaspoon minced garlic
- 1 teaspoon sugar
- ¼ teaspoon cayenne pepper

Directions

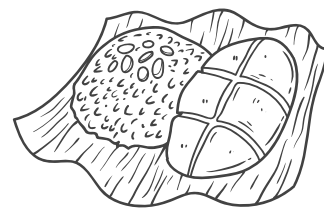
Mix all salad ingredients together except for ¼ cup cilantro and peanuts.

Whisk all dressing ingredients until the sugar is well incorporated.

Pour about half of the dressing over the salad and toss to coat. Serve the remaining dressing on the side.

Garnish with peanuts and remaining cilantro.

Mango Sticky Rice



Ingredients



5 hours 10
minutes



Serves 4

Coconut Sticky Rice:

- ½ cup Thai sticky rice uncooked
- ½ cup coconut milk
- 3 Tablespoons white sugar
- ¼ teaspoon salt
- Thickened Coconut Sauce
- ¼ cup coconut milk

- 1.5 Tablespoons white sugar
- ⅛ teaspoon salt
- ¼ teaspoon rice flour (or cornstarch)

Toppings:

- 2 ripe mangoes
- 1 Tablespoon crispy mung beans (or toasted sesame seeds)

Directions

Rinse 1 cup sticky rice until the water is clear. Soak in water for 4 hours or overnight. Steam the rice in a bamboo steamer over boiling water for about 40 minutes until soft and translucent.

Heat 1 cup coconut milk, 1/4 cup sugar, and 1/4 teaspoon salt in a pan until sugar dissolves. Mix this sweet coconut milk into the steamed sticky rice. Cover and let it sit for 20 minutes so the coconut milk is absorbed.

Heat 1/2 cup coconut milk, 2 tablespoons sugar, 1/4 teaspoon salt, and 1 tablespoon rice flour (or cornstarch) in a small pan. Stir until it thickens slightly but is still pourable.

Scoop some sticky rice onto a plate. Slice a ripe mango and place it next to the rice. Drizzle the thickened coconut sauce on top of the rice.

Sprinkle with crispy mung beans or toasted sesame seeds if you like. Enjoy!

Thai Iced Tea



Ingredients



45 minutes



Serves 4

Thai Tea Base

- $\frac{3}{4}$ cup Thai tea leaves (these can be bought online)
- 4 cups hot off-the-boil water
- $\frac{1}{4}$ cup sugar
- $\frac{1}{8}$ teaspoon salt

Thai Iced Tea - Thai Style (for 1 glass)

- $\frac{3}{4}$ cup Thai tea base, from above
- $1\frac{1}{2}$ Tablespoons sweetened condensed milk, or to taste

- A pint glass packed full of ice
- 2-3 Tablespoons evaporated milk

Thai Iced Tea - American Style (for 1 glass)

- $\frac{3}{4}$ cup Thai tea base
- 1 Tablespoon sugar, see note 2
- a pint glass packed full of ice
- 3-4 Tablespoons half and half

Directions

For the Thai Tea Base (4 glass)

Steep the tea leaves in hot off-the-boil water for 5 minutes and then strain through a fine mesh strainer. If you have a french press, steep it in the french press to make the straining process easier!

Add the sugar and salt and stir to dissolve. Allow to cool to room temp before making tea so it won't dissolve the ice too much. You can now store this base in the fridge it will last at least a couple of weeks.

For the Thai Style Thai Tea (1 glass)

Pour the Thai tea base into a mixing glass and stir in the condensed milk until dissolved. If the tea base is chilled, it will help to microwave it briefly and bring it to room temp so the condensed milk will dissolve more easily.

Pack a serving glass full of ice and then pour the tea on top. Drizzle with the evaporated milk on top and enjoy!

Thai Iced Tea



Directions

For the American Style Thai Tea (1 glass)

Pour the Thai tea base into a mixing glass and stir in more sugar to your taste, if needed. If the tea base is chilled, it will help to microwave it briefly and bring it to room temp so the condensed milk will dissolve more easily.

Pack a serving glass full of ice and then pour the tea on top. Drizzle with the half and half on top and enjoy!

Continue the Discussion

For children of all ages

For younger children, ask open-ended questions that inspire curiosity and wonder about each country's culture, traditions, and creative expressions. These questions can foster meaningful discussions with your children.

Question for All Ages

- What makes this country unique and special? Encourage children to explore the country's diverse culture, traditions, landmarks, natural wonders, and people.
- How do the people of this country express themselves through art and creativity? Encourage kids to learn about traditional arts, crafts, music, dance, storytelling, and other creative forms specific to that country.
- What are the traditional celebrations and festivals in this country, and how do they reflect the values and beliefs of the people? Encourage exploration of cultural celebrations, their significance, and the emotions associated with them.
- How does the environment and geography of this country influence its art and daily life? Help children understand the connection between geography, climate, and the way people create and live.
- If you could visit this country, what kind of art project or creative activity would you want to try? Encourage kids to express their own creativity and imagine themselves engaging in art inspired by the country they are learning about.

Continue the Discussion

For teens & older children

For older children and teenagers, you can delve deeper into cultural and societal aspects of each country. These questions can foster meaningful discussions with your children. Encourage critical thinking and curiosity about this country.

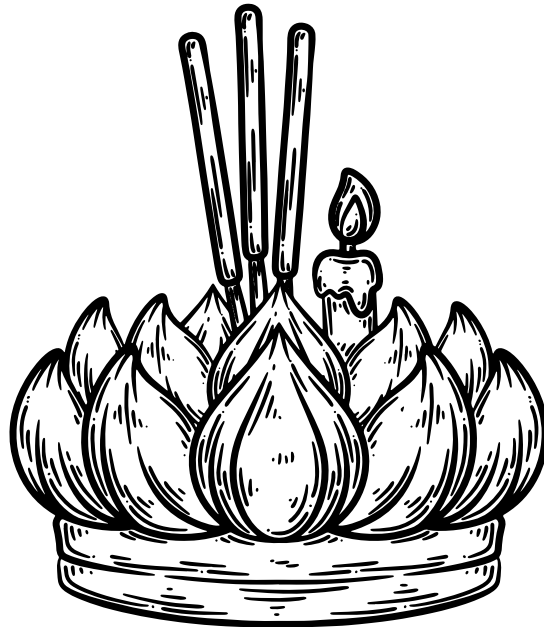
Deeper Discussion Questions

- How has history shaped the art and creativity of this country? Encourage teenagers to explore the historical events, societal changes, and cultural influences that have impacted the country's art scene.
- In what ways does art play a role in addressing social issues and promoting positive change in this country? Encourage discussions on how art can be a powerful tool for raising awareness, advocating for change, and fostering unity.
- How does this country's art challenge stereotypes and celebrate diversity? Encourage teenagers to analyze artworks that challenge cultural stereotypes and celebrate the unique aspects of different communities within the country.
- Explore the concept of "art as therapy" in this country. How is art used to support mental health and well-being? Encourage discussions on the therapeutic aspects of art and its impact on emotional expression and resilience.
- Reflect on the interconnectedness of global art and cultural exchange. How has this country's art been influenced by or influenced art in other parts of the world? Encourage teenagers to research and discuss cross-cultural artistic influences and collaborations.
- Analyze a famous piece of art from this country and its cultural symbolism. Encourage teenagers to choose an artwork and explore its historical, cultural, and artistic significance.

Reference List

During the preparation of this packet, we used the following publicly available websites to gather information for the facts and information about this country:

- <https://kids.nationalgeographic.com/geography/countries/article/thailand>
- <https://www.britannica.com/topic/flag-of-Thailand>
- <https://www.kids-world-travel-guide.com/thailand-facts.html>
- <https://kids.britannica.com/kids/article/Thailand>
- <https://www.britannica.com/place/Thailand>



Get in Touch

If you need assistance with anything related to Art Makes Me Smart, please reach out to us at support@lilyandthistle.com. Our team is here to help!

Thank you for being part of this community! We believe that art truly has the ability to connect families! Feel free to reach out to let us know how this course or any of our other products have made an impact in your family's life by sending us a message on Instagram [@lily_and_thistle](https://www.instagram.com/lily_and_thistle) or emailing us at support@lilyandthistle.com.